

179th San Diego OA

Serenity Retreat

MAY 17-19, 2024

Mission San Luis Rey
Oceanside, CA

Our speaker is a long-time member of OA from Winnipeg, Canada with over 30 years of abstinence and recovery from compulsive eating. He will lead an interactive workshop on how to use the Big Book's instructions to work the 12 Steps. He will share on developing a food plan, maintaining abstinence, finding a concept of a HP, working a Fourth Step, making amends, and much more on working for recovery.

4:00pm Friday to 1:00pm Sunday

HYBRID	SATURDAY ONLY	3 DAYS 0 NIGHTS	3 DAYS 2 NIGHTS	3 DAYS 2 NIGHTS
SATURDAY ONLY	NO ROOM	NO ROOM	SHARED DOUBLE ROOM	PRIVATE SINGLE ROOM
On Zoom	3 meals	6 meals	6 meals	6 meals
\$25	\$65	\$150	\$275	\$325

Prices above do not include 2.9% EventBrite fees



oasandiego.org

Online registration only:

www.tinyurl.com/OAretreat2024

An agenda will be sent one week before the event.

Questions: retreatinfo@oasandiego.org

Scholarships: retreatscholarship@oasandiego.org