



Region 2 of Overeaters Anonymous, Inc.

Dear Region 2 Intergroup –

Do you know what it takes to keep Region 2 of Overeaters Anonymous financially able to reach out to the still-suffering compulsive overeater, whether they are inside or outside of the rooms? We believe it's important for you, our members, to understand where your hard earned dollars are going to and why contributing to Region 2 benefits you as an intergroup.

As of January 2011 Region 2 had 34 intergroups and 79 meetings that are not affiliated with a particular intergroup. Of these 34 service bodies, 18 (53%) have 20 meetings or less per week and 9 (26%) have between 20 and 40 meetings per week. On the other end of the spectrum, 3 intergroups have over 60 meetings per week. Our role is to ensure that all intergroups, large and small, are equally able to carry the message and to participate in decision making.

Here are some of the ways your contributions to Region 2 help OA as a whole.

- Through Region 2's efforts, every intergroup now has its own web site. This allows even the smallest intergroup to reach people in their area. Region 2 hosts the website and provides the services of a webmaster that helps develop the site.
- Region 2 provides newsletters to those who may not have the funds to produce newsletters on their own.
- The Region 2 Board delivers free workshops to intergroups on the Service, Traditions and Concepts, Sponsorship, Building Strong Meetings, Intergroup Inventories and other topics designed to make intergroups stronger and more effective in reaching out to others.
- Through our Public Information committee, we produce materials to help intergroups get the word to the media in their communities.
- We provide financial assistance to fund delegates to Region 2 business meetings and the World Service Business Conference so that people can be part of the decision making process. During the annual conference in New Mexico, delegates from intergroups approve new literature, add new tools to our repertoire; address issues like "what's the definition of abstinence?" ; and create bylaws that govern how we conduct ourselves as an organization.

Compared to other nonprofit organizations, we are holding our own in these difficult financial times. But the question is "Can we do better"? If contributions increase, we can do more. Increasing contributions by 5 or 10 percent would make an amazing difference in Region 2's capacity to carry the message. Are your meetings aware of the recommended 60/30/10 split and how it works? Do your meetings regularly contribute to their intergroups, WSO and Region 2? Have they reviewed and discussed the *Seventh Tradition of OA* pamphlet? Do they understand why the pamphlet is subtitled "Give as if your life depends on it"?

Let us all continue to freely give what we have so freely received.

Thank you for your continued support.

**4733 Torrance Blvd., PMB 335
Torrance, California 90503
www.oar2.org**