

**Board of Trustees**  
**2014 – 2016 STRATEGIC PLAN**  
**THREE-YEAR FOCUS: OUR PRIMARY PURPOSE**

*Our primary purpose is to abstain from compulsive eating and to carry the message of recovery through the Twelve Steps of OA to those who still suffer.*

*Getting and staying abstinent • Carrying OA’s message to those who still suffer within and outside the Fellowship •*

*Working the Steps to stay abstinent and recover • Personal responsibility: I am the message • The message: We abstain from compulsive eating and work OA’s 12 Steps to stay abstinent and recover physically, emotionally, and spiritually. • We practice the principles in all our affairs •*

*We are happy, joyous, free, whole, and well, and we are abstinent under ALL circumstances*

----- ACTION PLAN -----	
GOALS	TASKS
2 0 1 4 Increase focus on actions required for Abstinance	1) Create ABSTINENCE MADE SIMPLE Program
	• Workshop format
	• Strong Abstinance Checklist
2 0 1 5 Increase focus on the necessity of working all 12 Steps	1) Create STEPS MADE SIMPLE Program
	• Workshop format using 12&12 and 12 Step Workbook
	• Abstinance literature resource guide
2 0 1 6 Increase focus on individual's responsibility to carry the message	1) Create a SPONSORSHIP MADE SIMPLE Program
	• Sponsorship Training Workshop
	2) Promote Responsibility Pledge
	3) Write "Tips for Passing the Message"