

12 Best Practices for TSW 2014

- 1) Organize Relapse & Recovery (R&R) meetings.
- 2) Encourage a Group Inventory at Intergroup and Meeting levels specifically regarding how the group treats the relapsing member.
- 3) Use TSW literature at all R&R meetings and events.
- 4) Create special events around R&R theme.
- 5) Encourage other events in the fellowship to have at least one R&R speaker.
- 6) Create Relapse and Recovery Packets for struggling members- complete with pamphlets specific to relapse.
- 7) Members with experience of recovery from relapse could submit articles outlining their experience to their Intergroup Newsletters and/or Lifeline magazine.
- 8) Designate a service position devoted to greeting and connecting with returning and/or struggling members.
- 9) Encourage group members to sponsor others through the 12 Steps and then encourage their sponsees to sponsor when they are ready
- 10) Celebrate the 12th of each month by calling members who have decreased attendance or left the program.
- 11) Celebrate long term abstinence at meetings with coins or ceremonies to demonstrate that long term abstinence is possible.
- 12) Invite speakers with relapse and recovery experience to share at a meeting.