



**Region 2 Fall Assembly**  
**“Unity in Service”**  
**October 21-23, 2011**  
**Sacramento, CA**

***“We are all together now, reaching out our hands for power and strength greater than ours, and as we join hands, we find love and understanding beyond our wildest dreams”***  
*--The OA Promise (Rozanne's Prayer)*

Region 2  
4733 Torrance Blvd, PMB #335  
Torrance, CA 90503  
**[www.oar2.org](http://www.oar2.org)**

***R2 Mission Statement:***

*To support Individuals in need of recovery from compulsive eating (e.g.: overeating, bulimia, anorexia) through empowering all groups within the region.*

**“READ YOUR ASSEMBLY BOOK & WIN!”**  
The phrase “What it Takes” is “printed” 3 times in this Assembly Book (not on this page). Find it in all 3 places, write down the pages and drop them into the Contest Jar at Registration to be eligible for a prize drawing at Assembly!

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## ***FALL ASSEMBLY INFORMATION***

**Saturday** Business meetings 9:00am—5:30pm

**Sunday** Elections and Business meetings 9:00am-Noon

**Location:** Hilton Sacramento Arden West Hotel

2200 Harvard St., Sacramento, CA 95815, Ph: 916-922-4700

**Room Rate:** \$92.00 per night - Reserve early, rooms limited.

(Mention Region 2 of QA) Online reservation code is: AOV

**Reservation Deadline:** September 30, 2011

**First-time Intergroup Reps:** The very important "New Representative Orientation" meeting is at 8:00am on Saturday morning. (Please be prompt.)

### **Highlights:**

**Friday Grand Opening, Speaker, Entertainment 7:00pm**

**Saturday Noon Lunch with Guest Speaker**

**Saturday Afternoon Interactive Workshop 4:00pm**

**Saturday Evening Speaker Meeting - 7:30-9:00 pm**



# ASSEMBLY AGENDA

## *"Unity in Service"*

FRIDAY October 21, 2011

- 6:00 – 7:00  
PM**      **REGISTRATION**
- 7:00 – 8:30  
PM**      **GRAND OPENING OF THE REGION 2 FALL ASSEMBLY**  
**WELCOME FROM THE R2 BOARD**  
**ANNOUNCEMENTS**  
**SPEAKER**  
**ENTERTAINMENT**

SATURDAY OCTOBER 22, 2011

- 7:30 AM**      **OA MEETING (optional)**  
**8:00 AM**      **NEW REPRESENTATIVE ORIENTATION (essential)**  
**8:30 AM**      **REGISTRATION (cont'd)**  
**9:00 AM**      **CALL TO ORDER**  
**INTRODUCE GREEN DOTS / MENTORS / RETIRING REPS**  
**READINGS: 12 CONCEPTS, ASSEMBLY RULES**  
**ROLL CALL**  
**ADOPTION OF PREVIOUS MINUTES**  
**ASK-IT-BASKET CIRCULATED**
- 9:30 AM**      **ICEBREAKER**  
**9:45 AM**      **BOARD REPORTS / SPECIAL REPORTS**  
**10:15 AM**      **BREAK**  
**10:30 AM**      **PRESENTATION – INTRODUCTION TO R2 COMMITTEE WORK**  
**10:45 AM**      **REGION / INTERGROUP CONCERNS**  
**11:15 AM**      **ASK IT BASKET**  
**UNFINISHED BUSINESS**  
**NEW BUSINESS**
- 11:45 AM**      **CONVENTION 2012 PRESENTATION**
- 12:00 PM**      **LUNCH WITH GUEST SPEAKER FROM MEXICO**
- 1:30 PM**      **REGION / INTERGROUP CONCERNS**  
**2:00 PM**      **COMMITTEE MEETINGS**  
**3:15 PM**      **BREAK**  
**3:30 PM**      **NEW BUSINESS (CONTINUED)**  
**ASK-IT-BASKET**
- 4:00 PM**      **INTERACTIVE WORKSHOP**  
**5:30 PM**      **ADJOURN & DINNER ON YOUR OWN**
- 7:30 – 9:00  
PM**      **SATURDAY NIGHT EVENT with Speaker**

SUNDAY OCTOBER 23, 2011

8:00 AM	OA MEETING (optional)
9:00 AM	CALL TO ORDER READINGS: 12 CONCEPTS, ASSEMBLY RULES ROLL CALL ASK-IT-BASKET CIRCULATED
9:15 AM	COMMITTEE MEETINGS (continued)
10:00 AM	ELECTIONS: Vice Chair..... (2 year term) Secretary ..... (2 year term) Treasurer ..... (1 year term) Events Coordinator..... (2 year term)
10:30 AM	BREAK
10:45 AM	NEW BUSINESS (continued)
11:20 AM	COMMITTEE REPORTS
11:30 AM	INTERGROUP CONCERNS ASK-IT-BASKET
12 NOON	ADJOURN

**NOTE:** *There will be a brief Board meeting with newly elected officers from 12:30 to 1:00 pm.*

*Please review business meeting times carefully and make your travel arrangements accordingly so that you are present for all business meetings.*

**Other Important Information:**

Temperature in the meeting rooms varies from Too Hot to Too Cold. We suggest wearing layered clothing.

Finally, a number of OA members want refrigerators and/or microwaves in their rooms. Hotel supplies are limited; if you want these, make your hotel reservations early!!!

Committee Reports: Amendments to committee reports should be submitted to the Publications Coordinator at least 30 days prior to the packet mailing deadline.

If you wish to apply for any of the open Board positions, please bring a completed application with you. Applications must be delivered to a Board member by Noon on Saturday.

## REGION 2 BOARD OF DIRECTORS

### CHAIR

**Shari Greenberg**

650-591-5634 (h)

[chair@oar2.org](mailto:chair@oar2.org)

### VICE CHAIR

**Hanna Schwamborn**

760-369-0010

[vicechair@oar2.org](mailto:vicechair@oar2.org)

### SECRETARY

**Carole Childs**

760-786-9957 (h)

530-755-6123 (c)

[secretary@oar2.org](mailto:secretary@oar2.org)

### PUBLICATIONS

#### COORDINATOR

**Michael DelleDonne**

916-727-4361 (h)

[publications@oar2.org](mailto:publications@oar2.org)

### EVENTS

#### COORDINATOR

**Randi Zeehandelaar**

310-837-2029 (h)

310-614-7846 (c)

[events@oar2.org](mailto:events@oar2.org)

### TREASURER

**Jerry Jackson**

408-654-9790 (h)

[treasurer@oar2.org](mailto:treasurer@oar2.org)

### TRUSTEE

**Meg Harlor**

760-328-2763 (h)

831-427-0821 (h)

831-585-7945 (c)

[trustee@oar2.org](mailto:trustee@oar2.org)

### ADMIN ASSISTANT

**Joyce E. Fanning**

[admin@oar2.org](mailto:admin@oar2.org)

**OCTOBER 2011  
ASSEMBLY ROLL CALL:  
INTERGROUP**

	WSO IG#	NO. OF GROUPS	Allowable # of RRs	SPRING 2011	FALL 2011 DAY 1	FALL 2011 DAY 2
<u>Aloha Hawaiian</u>	9111	6	1	1	_____	_____
<u>CA Central Coast</u>	9222	12	2	2	_____	_____
<u>Channel Islands</u>	9068	19	2	1	_____	_____
<u>Ebony OA Bay Area</u>	9609	3	1	0	_____	_____
<u>Foothill</u>	9003	23	3	2	_____	_____
<u>How-OA No. CA</u>	9331	23	3	1	_____	_____
<u>Inland Empire</u>	9492	31	4	1	_____	_____
<u>Intergroupal Mexico</u>	9329	324	33	0	_____	_____
<u>Kern County</u>	9326	6	1	1	_____	_____
<u>Lake Mendocino</u>	9301	5	1	0	_____	_____
<u>Los Angeles</u>	9004	66	7	1	_____	_____
<u>Marin County</u>	9083	7	1	1	_____	_____
<u>Maui Friends</u>	9585	4	1	0	_____	_____
<u>Mid-Peninsula</u>	9294	23	3	3	_____	_____
<u>Monterey County</u>	9356	7	1	0	_____	_____
<u>No. Sierra Nevada</u>	9325	10	1	1	_____	_____
<u>North Rivers</u>	9400	10	1	1	_____	_____
<u>Northcoast</u>	9434	6	1	0	_____	_____
<u>Orange County</u>	9005	58	6	6	_____	_____
<u>Sacramento Valley</u>	9012	42	5	3	_____	_____
<u>San Diego County</u>	9007	70	7	4	_____	_____
<u>San Fernando Valley</u>	9008	54	6	2	_____	_____
<u>San Francisco</u>	9071	36	4	2	_____	_____
<u>San Gabriel Valley</u>	9009	25	3	1	_____	_____
<u>San Joaquin</u>	9013	12	2	0	_____	_____
<u>Santa Cruz County</u>	9267	11	2	0	_____	_____
<u>Silicon Valley</u>	9020	40	4	4	_____	_____
<u>So. Alameda Co. (SACO)</u>	9051	3	1	1	_____	_____
<u>Sonoma County</u>	9245	25	3	1	_____	_____
<u>South Bay</u>	9010	27	3	2	_____	_____
<u>Unity - East Bay</u>	9100	48	5	1	_____	_____
<u>Unity W/Diversity Desert</u>	9494	12	2	0	_____	_____
<u>Valley Sierra OA/HOW</u>	9599	8	1	1	_____	_____
<u>Veracruz</u>	9501	22	3	0	_____	_____
<u>Unaffiliated Groups</u>		69		0	_____	_____

Total No. of Intergroups	34
Total IGs Represented	_____
Quorum (30% of IGs)	_____

RR  
Votes \_\_\_\_\_

Bd.  
Votes \_\_\_\_\_

Total  
Votes \_\_\_\_\_

Board: \_\_\_\_\_ Chair \_\_\_\_\_ Vice Chair \_\_\_\_\_ Treasurer  
 \_\_\_\_\_ Events Coordinator \_\_\_\_\_ Publications

Non-Voting Attendees:  
 \_\_\_\_\_ R2 Trustee \_\_\_\_\_ Alternates \_\_\_\_\_ Visitors



# Spring 2011 Assembly Minutes

**SATURDAY, APRIL 16, 2011**

**CALL TO ORDER** Meeting called to order at 8:30 am by Chair Shari

**SERENITY PRAYER, 3 MIN MED, 3<sup>RD</sup> STEP PRAYER**

**MOMENT OF SILENCE: For former R2 Treasurer Wanda W.**

**INTRODUCE GREEN DOTS / MENTORS**

**RETIRING REPS INTRODUCTION** – Karen, Inland Empire; Cher, Northern Nevada Sierra; and Marilyn, CA Central Coast.

**READING:** 12 Concepts read by R2 Trustee Meg

**ASSEMBLY RULES** - Read by Parliamentarian TennieBee Hall

**ROLL CALL** Secretary Carole read the roll call: 43 reps representing 25 IGs, 6 board members, trustee, no alternates, and no visitors. Total votes: 48, quorum is 30% = 11 IGs; quorum established.

**ADOPTION OF PREVIOUS MINUTES:** Minutes of 2010 Fall Assembly (Oct 23/24) approved.

**ASK-IT-BASKET CIRCULATED** - Chair explained the procedure for the Ask-It Basket.

**9:00 AM ICEBREAKER**

**BOARD REPORTS**

**Chair** – See assembly packet.

**Vice Chair** – See assembly packet. In charge of ST&C workshops, please request a workshop if your IG wants one; it takes six months from request to the actual workshop. How many hours should be allotted to a workshop? Either a whole day, or 3-4 hours. Usually two people conduct the workshop, present or former R2 board members.

**Secretary** – See assembly packet. Secy term is up at October Assembly, Oct 21-22; qualifications for board positions are in packet article.

**Events coordinator** – See assembly packet. Dates for all future assemblies and conventions are on pg 14 of packet. Convention 2011 speakers have been selected.

**Trustee** – wrong report in packet, correct report has been handed out. Q: What is the difference between affiliated and unaffiliated groups – A: unaffiliated groups are not part of any Intergroup.

**Publications** – See assembly packet.

**Treasurer** – See assembly packet. Q: What is the \$15,000 overage from Convention 2010. A: it is the convention difference between receipts and expenses and is donated to R2.

**PRESENTATION – INTRODUCTION TO R2 COMMITTEE WORK** Committees preassigned during registration.

**Assembly Planning:** plans entertainment and speakers for assemblies.

**Diversity:** trying to get unity with diversity throughout R2, passed out diversity welcoming phrase, developed a diversity checklist to inventory IGs and meetings, developing list of literature in Spanish. Goal: have all OA members welcomed to all OA meetings.

**Young People:** working to get word out to YP that OA is here, get meetings around R2 to have YP meetings; doing some online outreach, working on how to do this.

**12-Step Within:** working to get word out to IGs by sending out handbooks, how to reach out to still suffering compulsive eater within the rooms or to those who may have left. It is important to share about relapse. Next goal – reaching out to unaffiliated meetings.

**IG Outreach:** Goal – try to help identify people in Unaffiliated groups to participate in R2, get them info on what R2 can do for them.

**Bylaws:** presently going through bylaws to make sure each area agrees with the others, have submitted motions to this assembly. Gets into the nuts and bolts.

**Public Information:** Goals: try to increase effective communication between PI committee and IGs, doing research on using new technologies to get message out.

**REGION / INTERGROUP CONCERNS**

Q. Problem with behavior at meetings – unruly, almost violent behavior.

A. Tradition 3 helps. OA has guidelines on OA.org that cover most IG/meeting challenges. Get guidelines for handling disruptive behavior and put out at meetings/IGs. Get group handbook which discusses problems. Do group inventory also available at OA.org.

Q. IG is struggling, five open positions, cannot get a quorum to get business done. How to get board positions filled, change bylaws? Have 25 meetings but few send reps.

A. Assigned each IG member a meeting to go and preach the IG message, reached out to focus groups. Contacted meeting secretaries. Outreach – in person, email and newsletter, made pitch easy, just come, one day out of the month for one hour. Suggest that sponsorees become reps. Make reports sound like fun. Called rep from every meeting telling them that if they want to be part of process they need to come. Compliment people on service they give. Have an IG meeting liaison that will attend every meeting, take newsletters, group handbook, emphasize attending IG gives group a voice in OA. Personal contact really helps, lets groups they know they are important. Change bylaws to state that the number of people who come to the meeting is the quorum.

Q. People not sure how to start new meetings.

A. Silicon Valley IG developed easy process for starting new meetings, can share that info.

Q. Is there a process for combining IGs, IG is down to three meetings, same people do service over and over.

A. Go to oa.org for joining another IG, process is easy; submit new IG info for each meeting.

Q. IG is doing research on liability insurance; newcomer helped set up, table fell on her toe & she tried to sue.

A. Pg 8 of group handbook covers insurance. IGs can provide liability insurance for groups.

Q. OA is no longer seen as a successful fellowship, anyone can respond?

#### **9:45 AM - BREAK**

#### **ASK IT BASKET**

Carole: Who do we send bylaw revisions to? A. Send to WSO (World Service Office).

Randi: What room is lunch in? A. In the Scottsdale room.

Hanna: Why are so few people at our meetings abstinent? Change over last 10 years is dramatic. A. Fat serenity, if I'd not been abstaining when I came, I couldn't be abstinent. We need to concentrate on the food as well as the steps from the beginning. We don't come here for spirituality; we need to focus on food recovery. Tell sponsee to choose food plan from Dignity of Choice right off the bat. Remember our primary purpose is to abstain.

Michael: How can I register for the 2011 Convention online? A. Michael demonstrated finding the convention information on the website oar2.org.

Meg: IG has just decreased from two to three meetings, is there a process to join another IG?

A. Yes on oa.org website there is a process. Click on Change a meeting, click on change IG affiliation.

Jerry: What do we get reimbursed for? A. R2 has IFAP (Intergroup Funding Assistance Program) which reimburses IG which reimburses reps. IFAP covers mileage from IG office to Assembly location. Also we have the IG outreach scholarship which covers \$30 travel, and \$50 for meals.

Shari: What encouraged R2 to adopt the 2011 theme "Unity in Region 2"? A. No particular event(s); just saw there were ways room to improve more participation. R2 has isolated IGs that haven't been able to come to R2 assemblies. As a board, vision was to get R2 proactive on helping IG attendance. Also for focus groups, bring more unity to all meetings so everyone would feel welcome to drop into all meetings, make everyone feel more welcome at meetings.

Shari: Are the three-day assemblies always in the fall and two-day assemblies always in the spring? A. Yes, this allows time for elections in the fall.

Carole: How do we update the number of meetings that is listed on page 5 of the packet?

A. Mail WSO printout to Secretary for updating or bring it with you to assembly.

Carole: When are the board meetings (non Assembly)? A. Usually in January, and then between the Spring Assembly, the convention and the Fall Assembly.

**CONTEST** to find the phrase "Unity in Region 2" five times hidden in the packet, Donna Lee's name was drawn, she chose the Lifeline subscription.



**OLD BUSINESS**

**Motion #7:** Provide credit cards to Region 2 Board Members (with the exception of the Treasurer) to conduct Region 2 business.

Propose that Article XIII of the Region 2 Policy and Procedures Manual, subpart C.4 be amended as follows.

Completely replace the following sentences in subpart C.4:

“No credit cards are to be established under the Region 2 name. All contracts and obligations are to be paid by issuing a check to individuals and/or companies for authorized expenses.”

With the following:

“Corporate credit cards in the name of Region 2 may be issued to Board members (with the exception of the Treasurer) in order to conduct region business. These credit cards will have a limit consistent with the requirements for the position. The Treasurer will have oversight over all credit card accounts and will authorize all increases in the credit card limits. All statements will be sent directly to the Region 2 Treasurer. Checks for payment must be signed by the Treasurer and an authorized board member other than the one(s) incurring the expenses, after submission of a Region 2 expense report accompanied by appropriate receipts. All expense reports will be submitted as soon as possible but no later than 30 days after the incurrence of the expense. Any credit card charges not approved and paid by the Region will be deemed to be the responsibility of the card holder. Misuse of the credit card will be grounds for immediate cancellation of the card and recall of the Board member according to the process set up in Article X of the Policy and Procedure Manual.”

Board members desiring a credit card must make a request of the board. All credit card requests must be approved by a majority vote of the Board. The credit card shall be surrendered to the Treasurer upon completion of the board members service commitment.

Submitted by: Region 2 Board

Rationale:

- 1 – Having a Region credit card will eliminate confusion relating to the co-mingling of funds on personal credit card statements.
- 2 – This is a common practice among other regions and World Service.
- 3 – This will allow people to perform service for the Region without having to have a personal credit card.
- 4 – The Treasurer will have better oversight ability due to online access to charges and modern fraud detection.

**Motion Not Adopted.**

- 11:00 AM      COMMITTEE MEETINGS**
- 11:50 AM      CONVENTION 2011 REPORT**
- 12:00 noon    LUNCH W/ SPEAKER**

**REGION / INTERGROUP CONCERNS**

Q. Have any IGs used the WSO PSAs with success?

A. You can buy just one PSA and copy to distribute to radio stations who are interested in playing them. Follow up to see if stations are playing them. When trying to use the PSAs, you must hand carry it to stations, they will not use it if you just mail it to them. Stations no longer have to air free PSAs

**ASK IT BASKET**

Jerry: Do some IGs have liability insurance? What does board suggest? A. Suggest IGs provide liability insurance for groups.

## INTERGROUP CONCERNS

Q. What have other IGs done to promote more sponsors?

A. Created "sponsor liaison" position to announce the importance of sponsorship during meeting announcement time. IG having sponsor workshop – how to. Changed sign in sheet to make it clearer who is sponsoring. IG has sponsorship chair, chair will arrange for panels at meetings about how to sponsor, committee maintains list of temporary sponsors and committee chair will connect people who need sponsors. Ask all available sponsors to please raise their hands, ask for all who need sponsors to raise their hands.

WSBC – Eileen made presentation for WSBC 2012 and what service has done for her.

**2:00 PM COMMITTEE MEETINGS**

**2:50 PM BREAK**

**SILENT AUCTION** in honor of Wanda W. – registration and meals for 2011 Convention; Joyce F won with bid of \$300.

## NEW BUSINESS

**Motion #1:** Move to amend Article V, item C – Assemblies of Region 2, to read as follows:

- A. An R2 Assembly shall be held two times each year at a place and on date(s) designated by the Board. Notification of R2 Assembly places and dates for each calendar year shall be announced at the last R2 Assembly of the previous calendar year.
- B. A special assembly may be called at any time by a majority vote of the R2 Board or by at least one-fourth (1/4) of the registered R2 Regional Representatives (hereinafter referred to as "RR").
- C. Notification of regular and special Assemblies of R2 shall be the responsibility of prepared by the designated R2 Board Member Secretary. These notifications shall to be mailed and/or sent by electronic transmission to each Intergroup Office, Unaffiliated Group contact, RR, and R2 Board Member at least 45 days prior to the date of the assembly.
- D. All Assemblies of R2 shall be conducted in accordance with the latest edition of Robert's Rules of Order, except when in conflict with these Bylaws. The Chair may appoint a Parliamentarian to serve all Assemblies of R2, who shall not be considered a member of the Board of R2.

Submitted by: R2 Bylaws Committee and R2 Board

Purpose: Eliminates specific reference to a particular board member's responsibility for notices relating to assemblies and provides for sending such notices via electronic transmission.

Rationale: Eliminating specific reference to the "Secretary", allows the Board to determine which board position is best suited to perform the notification. Allowing notices to be sent via electronic transmission reduces postage expense and brings bylaws into accord with current technology.

**Motion #1 approved.**

**Motion #2:** Move to amend Article VIII - R2 Board, to read as follows:

Subject to the limitations of the Articles of Incorporation, these Bylaws and the Laws of the State of California, all corporate powers shall be exercised by or under the authority of, and the business and affairs of this corporation shall be controlled by the Board of Directors, which shall be known as the Region 2 Board (hereinafter called the R2 Board).

The R2 Board will be comprised of a Chair, Vice Chair, Secretary, Treasurer, Publications Coordinator, and Events Coordinator ~~and Regional Trustee~~. The R2 Trustee, acting as liaison to

Region 2 for the World Service Board of Trustees, may ~~shall~~ have a voice, ~~but no vote~~ at Board Meetings.

These Board Members shall perform the duties prescribed by these Bylaws, ~~and by the Policies and Procedures Manual, the Board Operating Manual, and the adopted~~ parliamentary authority ~~adopted by the organization, which are listed in order of precedence.~~

- A. The R2 Board shall hold regular meetings at its discretion.
- B. Persons serving on the R2 Board shall not be considered by R2 as RR's from any Intergroup or Unaffiliated Group.

Submitted by: R2 Bylaws Committee and R2 Board

Purpose: To bring the R2 Bylaws into conformity with California law and include the recently formed Board Operating Manual as one of the documents governing the R2 Board.

Rationale: The R2 Trustee has been a non-voting member of the R2 Board, because Region Trustees are "members" of the World Service Board of Trustees (WS BOT), elected at a World Service Business Conference. The trustee acts as "liaison" for the WS BOT to the Region 2 Board. Recently changes to California law, make it mandatory that any "member" of a governing board be allowed voting privileges. This could create conflicts between R2 and World Service. This amendment eliminates the conflict between state law and the R2 Bylaws.

**Motion #2 approved.**

**Motion #3:** Move to amend Article XII - Committees, as follows:

~~The Chair, together with the R2 Board,~~ shall create ~~appoint~~ such committees as are deemed necessary by the R2 Board or an R2 Assembly. No person shall serve as chair of a committee for more than two (2) consecutive years.

Submitted by: R2 Bylaws Committee and R2 Board

Purpose: To allow the Board to create necessary committees, in addition to those deemed necessary by an assembly.

Rationale: Situations arise which make it apparent that a committee is needed. In the past, assemblies were held more frequently, which allowed creation of such committees in a more timely manner. Allowing the R2 Board to create committees, in addition to those deemed necessary by an assembly, prevents unnecessary delays in accomplishing specialized work for the Region.

**Motion #3 approved.**

**Motion #4:** Move to amend Article XIII - Financial Structure, to read as follows:

The activities of R2 shall be financed primarily by contributions.

- A. R2 may accept donations from members of OA in accordance with the Twelve Traditions of OA.
- B. The acceptance of bequests and/or contributions from any outside source is prohibited.
- C. R2 shall not accept responsibility for nor enter into the distribution or allocation of any funds set up outside of R2.
- D. Disbursements:
  - i. Any document for disbursement of R2 funds must be signed by the R2 Treasurer and one (1) other authorized member of the R2 Board. In the absence or incapacitation of the R2 Treasurer, disbursement documents may be signed by the Region 2 Chair and one (1) other authorized member of the R2 Board. Convention accounts are the exception to this requirement.
  - ii. Convention Accounts: Disbursement documents from an R2 Convention account must be signed by an authorized member of the R2 Board and an

- authorized member of the Convention Committee. Authorized signers shall be:
- a. The R2 Treasurer must sign for the R2 Board. In the absence or incapacitation of the R2 Treasurer, the R2 Chair or the R2 Events Coordinator may sign, in that order.
  - b. The Convention Treasurer must sign for the Convention Committee. In the absence or incapacitation of the Convention Treasurer, the Convention Chair or Vice Chair may sign for the Convention Committee, in that order.

Submitted by: R2 Bylaws Committee and R2 Board.

Purpose: To allow an alternate procedure for disbursement of convention funds, to ensure smooth functioning of the committee while ensuring appropriate oversight of convention funds.

Rationale: It has been a long-standing practice for the convention treasurer or the convention chair to be signers on disbursements from the convention accounts. This motion brings the practice into accordance with the bylaws.

**Motion #4 approved.**

**Motion #5:** Move to amend Article XVIII – Amendments to Bylaws, to read as follows:

- A. Except for the Twelve Steps, Twelve Traditions, and Twelve Concepts listed under Article III, A, these bylaws may be amended at any time by two-thirds (2/3) of the RR's present and voting at any regular R2 Assembly. A copy of the amendment must be submitted to the R2 Secretary at least sixty (60) days prior to the assembly at which action is to be taken on the amendment. Written notice shall be prepared by the Publications Coordinator and communicated by mail or by electronic transmission ~~mailed~~ to each Intergroup Office, Unaffiliated Group contact, RR, Alternate and R2 Board member at least forty-five (45) days prior to the date of the assembly. Proposed amendment(s) shall be posted on the R2 website in PDF format, prior to written notification. The written notice of proposed amendment(s) shall indicate the availability of the content of such amendment(s) on the R2 website.
- B. The Twelve Steps, Twelve Traditions and The Twelve Concepts of Service listed under Article III, A, shall conform to the Bylaws of Overeaters Anonymous, Inc. Subpart B. Articles I and II.

Submitted by: R2 Bylaws Committee and R2 Board

Purpose: To provide for electronic transmission of notices relating to proposed amendments of the R2 Bylaws with the potential to reduce mailing expenses. Also, to allow posting of the text of such proposed amendments on the region's website, providing easy access to members.

Rationale: Amending the bylaws to provide for electronic transmission of written notices and presentation of bylaw amendment(s) on the R2 website, allows the R2 Board to communicate in more efficient and cost effective methods while ensuring timely delivery of notices, which is not always the case with regular mail delivery.

**Motion #5 approved.**

**Motion #6:** Move to increase the 2011 Budget Line item 701-00: \$4,500.00 (general support services) to read \$6,800.00, an increase of \$2,300.00.

Submitted by: R2 Board

Purpose: To budget sufficient funds to allow for services that may be required by the board, in addition to those currently scheduled and ensure the region pays for it services.

Rationale: The March 2008 assembly created a provision for Board Support Services, in an amount not to exceed \$10,000.00 per year, to cover bookkeeping, website and other services needed by the Board. For the past 2 years, the budget has reflected an amount to cover only known services. This does not allow for those admin services needed in addition to those planned. By adjusting the budget to reflect the

maximum allowable by the Policy & Procedure manual, the Board will be able to obtain all additional services required.

The Board recommends increasing the Line item 701-00: currently from the \$4,500.00 (general support services) to read \$6,800.00, an increase of \$2,300.00.

This increase will be funded by the region reserves which are greater than one year's expenses.

**Motion #6 approved**

**Motion #8:** Moved to increase Line Item 686 of the R2 budget "Committee Expense – Diversity" by \$50.00

Purpose: To provide money for printing and mailing of diversity packets to all R2 IGs that are absent at the October 2011 Assembly

Submitted by Donna Lee B.

**Motion #8 approved.**

**Motion #9:** Moved to requests funds in the amount of \$200 to purchase Public Information manuals to send to IGs who do not have them.

Purpose: In the spirit of Tradition 5, we hope to inspire IGs who are unsure of what to do, exactly how to encourage, support, and develop public information efforts in the R2 IG.

Submitted by Eileen D.

**Motion #9 approved.**

**COMMITTEE REPORTS**

**Public Information:** divided IGs up and will have members call each IG to find out if they have PI chair, PI committee and PI handbook. Will send handbook to those who do not have the handbook. Will have booth at convention showing PSAs.

**Diversity:** trying to promote unity with diversity throughout R2. Current projects: everyone has diversity checklist, get it on R2 website, get it into newsletter and in packets. Will have a packet at next assembly and will mail copy to IGs not at that assembly. Will include flyer to describe diversity with cover letter and checklist to increase awareness to promote unity day with diversity.

**IG Outreach:** decided to be narrow and focused in goals to reach success. How many IG represented today that need to reach into their own IG to strengthen attendance to send max # of delegates to Fall Assembly? Each member will encourage IG that hasn't send rep to send max # to Fall Assembly. Current projects – mail scholarship and IFAP info and follow up with phone calls. Committee will stay in touch via email to mutually encourage committee members between assemblies and let other committee members know when work is completed.

**Young People:** Goal is to promote communication and outreach to population at large. Projects – printing post-it notes to include with mailing to all IGs regarding teens, cover letter. Encourage IGs to put post-it notes on bulletin boards where YP congregate. Start YP phone meeting, need 2 service positions for this group. Spent time on Facebook, started private group "Keep it Simple" secret group, can only join through Facebook friends. Will help YP to congregate, center spotlight will be YP.

**Bylaws:** Goal is to continue the ongoing review of bylaws to keep them in line with WSO, CA law. Continue to review and develop revisions of bylaws, specify "prudent reserve" in P&P, will have a conf call to develop conference call to incorporate bylaw revisions passed today.

**12-Step Within:** Goals to spread word within fellowship, take back ideas to groups, IG; gather ideas to assist R2 IG. Current project – handed out packets to IGs about 12-step within info. Follow up to packets – phone calls. Unaffiliated meetings – will contact between now & fall via email and direct them to resources on website and that there is a 12 step within handbook. There are 78 unaffiliated meetings in R2. Will gather info over next six months and continue to spread the word.

**Assembly Planning:** Have four new officers at this assembly, have outlined speakers needed for Fall Assembly; entertainment – working on that, and want to solicit Sacramento and other Northern California talent. Will get flyers out to bring more folks in to entertainment section of assembly.

**4:30 PM Panel on Diversity with Three Speakers**

**CLOSING CEREMONY**

**RETIRING REP CERTIFICATES** – 3 retiring reps.

**GREEN DOT GRADUATION**

**5:10 PM ADJOURNED**

# FROM THE BOARD

## CHAIR REPORT

It has been a busy time since the Spring Assembly in April. I was fortunate to be able to attend two conventions this year. Our annual R2 Convention in L.A. had close to 500 there.

Mexico meetings had their 9th annual convention just one week later. It was held in Oaxtepec, Morales and 120 OA members from Mexico attended. Meg, R2 Trustee, and I gave workshops and shared our ESH there. We also attended their workshops and never stopped answering their questions. The members there are eager to learn and grow.

The 10 Region Chairs are now getting ready to meet with the Trustees in Albuquerque this month. We will be able to continue our work there for the upcoming WSBC of 2012.

## VICE CHAIR REPORT

This will be the end of my one-year-appointment as Vice-Chair. I was appointed, not elected. But, I have always been willing to serve the Program since it has done so much for me for many years. Service has kept me coming back through all kinds of events and bumps in my life. It kept me connected to the Program. When I was asked to fill in for a year I did not hesitate to do so.

Serving on the region board has been a privilege. My duties involved honoring requests for workshops from Intergroups in our region. It was interesting that almost all requests were for "Service" workshops. Getting members to serve, giving back what we have received in Program, is not always easy. I remember my first service position at the group level. Two of us were running and we actually had to leave the room so that the vote remained anonymous. Unfortunately, it seems more difficult to get members to serve.

You are representing your Intergroup and are giving service. If you have been a rep for a few years, think about applying to serve on the Region 2 Board. It requires work but it is also very rewarding. The Vice-Chair position is up for election and as Vice-Chair my job is to be the back-up to our Region 2 Chair and be willing to take over if the Chair is unable to fulfill her job. It has not been necessary for me to fill in, but it can happen.

Get more involved, go back to your Intergroup and let them know that service can be fun. Thank you again for letting me be of service for another year.  
Hanna M. Schwamborn Vice Chair

## SECRETARY REPORT

As I go into my last assembly as a member of the R2 board, I continue to be ever-so-grateful to serve as R2 Secretary; this provides me with many

opportunities for recovery service. Other than the normal secretary duties, I worked on the following:

Out of 29 evaluations handed in from the Spring 2011 Assembly, 12 were from Green Dots, and as at the Fall 2010 Assembly, the rest of the 17 reps providing feedback via the evaluations indicated they had attended an average of 5 assemblies each. The evaluations overall were very positive; it also helped that the assembly packet had mentioned to prepare for warm and cool room temperatures. Two people suggested microphones for the board table so they don't have to keep getting up and going to the microphones on the floor; however, with microphones \$100 apiece, the board felt that it was cost prohibitive for each board member to have one. Following the May board meeting, the evaluation form was rewritten, with several new questions and others removed.

Each board member has each contacted an R2 Intergroup that hadn't attended the previous Assembly and an IG that hadn't attended the 2011 WSBC (World Service Business Conference). I've been in touch with North Coast IG which is planning to send a rep to this assembly, and Sonoma IG to see how R2 can help them attend the 2012 WSBC. R2 does offer scholarships to the WSBC and we were able to help four IG delegates attend the conference in 2011.

I also attended the bylaws telephone conference call as the Board liaison, and helped draft the bylaws and P&P motions you see in the packet. I have enjoyed my service as a member of this committee; I'm an I-dotting and a T-crossing kind of gal.

Thank you, Region 2, for the past four years of growth and inspiration in service as your board secretary. I look forward to our paths crossing again and again in the years to come as we trudge that Road of Happy Destiny.

*--Carole C., Secretary*

## **EVENTS COORDINATOR REPORT**

This is my last report as your Events Coordinator. It's been challenging and rewarding at the same time. The 2011 Convention was a resounding success, with over 460 people attending. Those who attended (myself included) marveled at the amazing program that the convention

committee created for us. My sincere and heartfelt thanks to David H and the rest of his committee.

The 2012 convention committee is in full swing. By the time you get this, the web site will be in development, the menus will have been finalized and the registration form will be almost finished. All of those will be unveiled at the Fall Assembly. So mark your calendars for July 27-29 for “Recovery: More Precious Than Gold.” in Sacramento.

When I first started looking for a site for the 2013 Convention, it was recommended that I include the Hilton Palm Springs in the search. “No Way” I said. Too hot. Too inconvenient. The other hotel being considered was one I had dealt with before in my business. But I decided to drive out there one weekend just to do my due diligence. Well, that’ll teach me to have “contempt prior to investigation”. I loved everything about the venue and I’m sure you will, too. Great rooms, a full service spa in the hotel and one block from the main drag with shopping galore!

So by the time the fall assembly rolls around we will have signed a contract to have the 2013 Convention on July 5-7<sup>th</sup> in Palm Springs. Our illustrious Pam W has agreed to chair the event and she is putting her committee together.

Here are some upcoming dates for your calendars:

October 21-23 2011 – Fall Assembly at the Sacramento Hilton Arden

March, 30-31 2012 – Spring Assembly at the SFO Doubletree

July 27-29, 2012 - Region 2 Convention at the Sacramento Hilton Arden

TBD – Fall Assembly at the Hilton Palm Springs.

Being events coordinator has given me a new perspective on what it takes to keep our region as a whole healthy. While it starts with each person’s abstinence, we would have no OA if we didn’t carry the message to others. And that takes some degree of financial investment. Large intergroups like Los Angeles, San Diego and San Francisco can get the message out easily. But what about Lodi, Maui and Yukaipa? In your packet you will find a letter, outlining what services your donations to Region 2 provide. Please take this letter back to your intergroups. Include it in your newsletter, read it at your delegates meeting, Post it on your web site. It kind of opened my eyes and I hope it does the same for you.

Randi Z Region 2 Events Coordinator



## R2 TRUSTEE REPORT

I attended the Maui Retreat in March and gave workshops on sponsorship and Service with Pamela W. and Mary M., former R2 Board members. There were 26 attendees from Canada, California, Oregon and 3 of the Hawaiian Islands. There was a summit planning meeting for outreach to all of Hawaii. This was the first time these members had met in person. In spite of the rain, the retreat was a great success.

World Service Business Conference (WSBC), April 25-May1, 2011 decisions:

IG Bylaws need to be submitted to WSO every time they are updated, not just when a significant change (whatever significant means) is made. The definition of a group was revised at WSBC 2007 and 2011. If the IG Bylaws include the definition of a group written out and not referred to “as per the OA, Inc. Bylaws, Subpart B, Article V, Section 1,” then the IG Bylaws need to be updated as soon as possible and before WSBC 2012 if the IG is sending a delegate.

A statement on OA and social media was passed:  
“While Overeaters Anonymous has no opinion on outside issues, including social media, the delegates of the 2011 WSBC recommend against any OA member, group or service body endorsing (sponsoring, creating, funding or using) *for OA purposes* any public media of communication where the personal anonymity of OA members cannot be maintained.”

For more information on the results of the WSBC 2011, look at A Step Ahead, Third Quarter 2011 and The 2011 Wrap up Report both of which can be found on oa.org.

Also, on oa.org, check out the newest podcast which is a reading of the revised Tools Pamphlet passed at WSBC 2011, including Action Plan.

The Ninth Annual Mexican Congress was held in July 2011. Shari, R2 Chair, and I gave workshops on the Tools and a separate one on Sponsorship. There were 120 attendees plus many family members who came along for a vacation. We had a wonderful time dancing and being entertained by Mariachi singers. The Congress is put on by IG Mexico and the workshops were given by individual groups. In Mexico a group is made up of all the meetings that meet in one location. Shari and I talked with the chair of IG Veracruz, the second IG in Mexico, to help a representative from that IG to come to Assembly for the first time. We also talked to and offered help to members who want to start other IGs in different parts of Mexico. The Congress took up a collection for a donation to R2 and WSO in a pink pig that was broken open at the closing ceremony. Overall this was a very moving event.

I am board liaison to the R2 Diversity Committee which put together the Diversity packet for all of you and every intergroup not represented at this assembly. This was a team effort via email and conference calls.

I have been answering R2 member questions, some of which are leading to new literature and policies. Way to go, R2.

OA C.A.R.E.S. Program: Several inmates requested information and I arranged for OA members to write to them. One inmate is going to be visited in person by the OA member who has been writing. Another inmate is going to start an OA meeting in the prison. This is a wonderful service. Let me know if you are interested in participating.

Check out the OA Handbook at your “desk.” Please use it and share this comprehensive resource. Find answers to “How do groups get better?” or “How do group problems get solved?” and many other questions you might have.

In grateful service to OA,

Meg Harlor, R2 Trustee  
August 7, 2011

## **PUBLICATIONS COORDINATOR REPORT**

The Fall Assembly will mark my first year as an R2 Board member. OA service at any level is beneficial both to the Fellowship, and to the member doing service. Certainly I feel that service at this level has helped me grow and change.

Since the Spring Assembly, these are some of the things I’ve worked on; the LA Convention and the Public Information booth there, the Fall Assembly Packet and the Fall Newsletter, outreach to Intergroups that have not sent RR’s to Assembly recently, website updates with our able webmaster John K., and collaborating on several things (like this packet) with our Administrative Assistant Joyce F.

The Board deals with many issues via e-mail. The Board also meets physically before Assemblies and Convention, and three other times within the year. Also, the efforts of our Committee Chairs and regional representatives, plus the 7<sup>th</sup> Tradition contributions, are what it takes to make R2 an effective service body.

Please excuse me if you receive this packet a bit late, an illness incapacitated me for a while. Thank you for allowing me to serve.

Yours in Service,

Michael D.

# TREASURER'S REPORT

## October 21-23, 2011 Assembly Packet Report

The Income Statement with Budget Comparison reflecting year-to-date figures through July 31, 2011 is included in this packet. It also reflects the actual and budgeted amounts for 2010. The proposed budget for 2012 will be presented at the assembly.

Wells Fargo Bank Balances (excluding the Convention accounts) as of July 31, 2011 are:

	Wells Fargo
Checking:	\$ 1,602.03
Money Market:	4,323.60
CD's:	<u>20,000.00</u>
Total Funds:	<u>\$25,925.43</u>

1. Final figures for the 2011 Convention will be reported at the assembly.
2. The board approved CDs have been opened, one for \$5,000.00 and one \$15,000.00.
3. Financial Reports are preliminary, subject to review.
4. Following is a partial list of tasks performed by me since the assembly:
  - Transferring funds from the money market account to the general checking account, as needed.
  - Oversight and payment of 2011 Convention expenses.
  - Attending the 2011 Convention and performing the duties required as Treasurer.
5. I talked to a member of the Lake Mendocino Intergroup and informed her of the financial assistance they could receive from region to help the Intergroup attend the assembly in October in Sacramento. I explained to the representative about going to the R2 website, OAR2.org, for the forms to request assistance. The representative stated she would bring this information to the next Intergroup meeting and hoped to attend the Fall Assembly.

Thank you for allowing me to be of service.

Jerry Jackson, R2 Treasurer  
Prepared August 5, 2011

Acct.#	2010' Budget	2010' Actual	2011' YTD	2011' Budget
<b>Revenues:</b>				
400-00	28,000	27,359	15,475	25,000
410-00		69	-	-
420-00	25,000	34,201	-	27,000
440-00	2,200	2,345	1,075	2,250
450-00	200	80	-	75
455-00			425	-

		2010 Budget	2010' Actual	2011' YTD	2011' Budget
460-00	Royalties Earned	350	398	497	450
				-	-
				-	-
<b>Total Income Projected</b>		<b>55,750</b>	<b>64,452</b>	<b>17,472</b>	<b>54,775</b>
<b>Cost of Sales</b>					
520-00	Convention Expenses/Direct	14,000	18,351		16,000
530-00	Fundraiser Expenses			105	
<b>Total Cost of Sales</b>		<b>14,000</b>	<b>18,351</b>	<b>105</b>	<b>16,000</b>
<b>Sub-Total/Gross Profit</b>		<b>41,750</b>	<b>46,101</b>	<b>17,367</b>	<b>38,775</b>
<b>Expenses</b>					
550-00	Board to Convention	3,500	3,437	3,068	3,750
560-00	Conv. Outreach Events (Conv.Pkg-Plus hotel exp)	500	104	331	500
570-00	Events Co-ord. to Conv.Mtgs.	1,000	523	324	750
575-00	Events Co-ord. Negotiation Expense	500	131	-	500
580-00	Next Conv.Chair to Conv.	800	595	628	800
585-00	Next Conv.Chair to Assy.		-		300
595-00	R2 Trustee to Conv.(no transp)	350	375	258	400
600-00	Assembly Expenses:				
601-00	Assembly-Board to Assemblies	6,000	4,277	3,316	6,250
605-00	Assembly Packets/Print&Mail	1,300	1,026	649	1,200
610-00	Assembly Parliamentarian Exp.	2,200	1,805	848	2,000
615-00	Assembly Spec. Event Exp.	1,000		58	500
620-00	Assembly Mtg Room/Equip	1,000	2,469	555	4,000
622-00	Assembly RR Lunch Exp (calc. @30/per RR)	2,700	2,958	1,572	2,700
625-00	Funding-Bd.Candidate to Assy	500			500
626-00	Funding-Committee Chairs to Assy.	1,000	400	169	1,000
628-00	Funding-IG Ass'y Scholarship Funds	1,500	955	30	1,500
629-00	Funding-IG Deleg. To WSBC (New 2011)			1,453	3,000
630-00	Funding-IG Rep to Assy (IFAP)	4,500	3,664	1,903	5,500
631-00	Funding-IG Rep to Assy/Addl.IFAP	2,250	1,343	145	2,750
632-00	Funding/Hawaii Rep to Assy	1,200	626	-	1,000
635-00	Funding-Mex.Rep.to Assy	1,000	651	-	1,500

	2010' Budget	2010' Actual	2011 YTD	2011' Budget
			Not eligible	Not eligible
645-00	<b>Funding-R2 Deleg.to WSBC (when eligible)</b>			
655-00	<b>R2 Chair to Mexico</b>	1,000	1,098	1,328
660-00	<b>R2 Chair to Region Chair Mtgs.</b>	1,500	1,522	-
665-00	<b>R2 Chair to WSBC</b>	1,750	1,484	1,631
684-00	<b>Comm.Exp.-Assembly Planning (New Mar 2010)</b>			50
685-00	<b>Comm.Exp.-Bylaws</b>	50		-
686-00	<b>Comm.Exp.-Diversity*</b>	50		-
690-00	<b>Comm.Exp.-IG Formation/Outreach</b>	50		-
691-00	<b>Comm.Exp.-Public Information</b>	1,000	971	-
692-00	<b>Comm.Exp.-Young People</b>	1,000	103	-
694-00	<b>Comm.Exp.-12th Step Within</b>	50	372	-
700-00	<b>General Board Meeting Expense</b>	7,500	6,042	5,866
701-00	<b>General Board Support Services*</b>	4,000	4,389	2,615
705-00	<b>Bank Service Charges</b>	25	108	-
710-00	<b>Board Outreach (S&amp;T,W/shops)</b>	2,500	554	601
712-00	<b>Depreciation/179 Expense</b>	1,150		-
715-00	<b>Don. To Delegate Support Fund</b>	50	1,500	-
716-00	<b>Don. To WSO Genl. Fund</b>	250	500	-
718-00	<b>Don. To RCC Travel Support</b>		(1,000)	-
719-00	<b>Don. To Support Transl. of Lit.</b>		1,500	-
721-00	<b>Insurance - Liability (Incl.refund)</b>	1,000	667	624
723-00	<b>ISP/Email Exp.</b>	200		-
725-00	<b>Legal &amp; Accounting Exp.</b>	300	300	-
730-00	<b>Miscellaneous Exp.</b>	200	403	796
735-00	<b>Newsletter Exp. (Print &amp; Mail)</b>	1,200	1,117	802
740-00	<b>Office Exp/Supplies</b>	400	299	22
745-00	<b>P.O.Box Exp. (Incl. Fwdg.Exp)</b>	825	818	568
750-00	<b>Printing/Bylaws, Pol &amp; Proc.</b>	75	79	-
755-00	<b>Printing - Speaker/Leader List</b>	75		-
760-00	<b>Repairs &amp; Maintenance</b>	50		-
765-00	<b>Returned Checks/Fees</b>	50	7	-
770-00	<b>Special Projects</b>	3,000	198	762
775-00	<b>Storage Expense</b>	975	946	946
785-00	<b>Website Exp.(incl.audio library &amp; maint.)</b>	3,200	2,184	712

	2010' Budget	2010' Actual	2011' YTD	2011' Budget
Total Expenses	67,675	52,320	33,856	76,503
Net income (Shortage)	(25,925)	(6,219)	(16,489)	(37,728)
Adjustments:				
* - Includes increase approved at Mar.Assy				

## FROM THE COMMITTEES

### Committee Chairs:

#### 12<sup>th</sup> Step Within

Carmen Astin, Chair  
 (619) 549-0548  
[jncaustin@frontiernet.net](mailto:jncaustin@frontiernet.net)  
 Board Liaison: Jerry Jackson

#### Public Information

Eileen Davis, Chair  
 (582) 493-2920  
[ecdpopcorn@msn.com](mailto:ecdpopcorn@msn.com)  
 Board Liaison: Michael DelleDonne

#### Diversity

Lynn Kott, Chair  
 (510) 782-8416  
[knottlmk@yahoo.com](mailto:knottlmk@yahoo.com)  
 Board Liaison: Meg Harlor

#### Young People

Whitney Grayhorse, Chair  
 (530) 513-0097  
[whitneygrayhorse@hotmail.com](mailto:whitneygrayhorse@hotmail.com)  
 Board Liaison: Randi Zeehandelaar

#### Intergroup Outreach

Terry Talley, Chair  
 (805) 501-5055  
[Terry\\_talley@hotmail.com](mailto:Terry_talley@hotmail.com)  
 Board Liaison: Hanna Schwamborn

#### Bylaws:

Jack Zurbrugg, Chair  
 (562) 944-4586  
[jz4hp3@aol.com](mailto:jz4hp3@aol.com)  
 Board Liaison: Carole Childs

#### Assembly Planning

Karen Bailey, Chair  
 (951) 786-8860  
[oalifeboat@yahoo.com](mailto:oalifeboat@yahoo.com)  
 Board Liaison: Shari Greenberg

## Committee Reports

### 12<sup>th</sup> Step Within Committee Report

#### Committee Goals:

- To spread the word about being of service to those who are struggling within our fellowship.
- To take back to our Intergroups ideas that can be implemented in order to achieve this goal in Region 2.

#### Current Projects Underway:

- Follow up with IGs we have distributed the 12<sup>th</sup> Step Within packets to, in order to answer any questions and encourage actions like special meetings, days in OA, etc.
- To keep up contact.

- Contact non-affiliated meetings between now and the fall assembly by email, to spread the word about 12<sup>th</sup> Step Within work and direct them to resources.

Agenda for next assembly:

- Gather information through the next 6 months and return to fall assembly with evidence of activities that have taken place in Region 2.

### **Assembly Planning Committee Report**

(Per information gathered from committee members and assembly minutes)

Committee Goals:

- Arrange entertainment for Friday night's opening
- Arrange for speakers for Friday night, Saturday lunch and Saturday night events.
- Submit proposed entertainment and speakers for Board approval

Current Projects Underway:

- Get registered reps list from Michael D. one month prior to assembly
- Solicit Sacramento and other Northern California talent.
- Create flyer to attract more attendance for entertainment section of assembly.

Agenda For Next Assembly:

- Speaker for Friday night entertainment
- Speaker for Saturday lunch
- Speaker for Saturday dinner

### **Bylaws Committee**

Committee Goals:

Continue review of current Bylaws for validity, or need of amendments.

Current projects underway:

- Review of, including language, of specifying R2 prudent reserve policy in Policy & Procedure manual.
- Continue reviewing and developing proposals to revise bylaws Articles VI, IX and X.
- Hold committee telephone conference in June to work on motions in progress.

Agenda for next assembly:

- Propose motions for updating bylaws necessitated due to motions passed today.
- Propose amendments to P&P manual, to include R2 policy for prudent reserves.

### **Diversity Committee**

(Per information in assembly minutes)

Committee Goals:

- Promote "Unity With Diversity" throughout Region 2

Current Projects Underway:

- Have diversity checklist posted on R2 website
- Have diversity checklist published in newsletter and in packets

Agenda For The Next Assembly:

- Have a packet to distribute at next assembly
- Mail packets to intergroups not represented at assembly
- Packet to include a flyer to describe "diversity", a cover letter and checklist to increase awareness to promote Unity Day - with Diversity.

## **Intergroup Outreach Committee**

### Committee Goals:

- Each Committee Member will encourage his/her Intergroup to send the maximum number of delegates to the R2 Fall Assembly in October 2011.
- Each Committee Member will encourage at least one other Intergroup (which has not sent a Delegate to the Fall 2010 or Spring 2011 Assemblies) to send the maximum number of delegates to the R2 Fall Assembly in October 2011.

### Current Projects Underway:

- Regarding above goals, mail scholarship and IFAP information to Intergroups, follow-up with an email and telephone call.
- If contacting more than their own and their assigned Intergroup, let rest of Committee know by email to mutually encourage other Committee members and avoid duplication.
- Let others know on Committee when above has been completed.

### Agenda for Next Assembly ( Fall 2011):

- Review the status of our Spring Assembly 2011 goals.
- Set new goals and assign actions for reaching non-participating Intergroups.
- Request funds for mailing materials to Intergroups.

## **Public Information Committee**

(Per information in committee's minutes)

### Committee Goals:

- Continue work to increase effective communications between P.I. committee and intergroup P.I. committee chairs.
- Continue work to increase confidence level of intergroups to develop and implement P.I. plans
- Continue committee conference calls between assemblies.

### Current Projects Underway:

- Committee members to contact specific intergroups to determine which IGs do not have PI committees and/or chairs, and the PI Manual & Workbook.
- Distribute a maximum of 15 PI manuals/kits from WSO to intergroups without a PI committee.
- Staff a PI table at the R2 convention; distribute pens and post-it notes
- Post notices on blogs and places like Craig's list
- Make personal contacts; encourage participation in holding health fairs and taking panels to community colleges and high school campuses.

### Agenda For Next Assembly:

- Review success of convention tactics
- Review success of contact with intergroup PI committees



## **Young People Committee**

### *Committee Goals:*

- Promote communication among young people
- Outreach to population at large to educate young people and those in service to young people.

### *Current Projects Underway:*

- Post it pads
- Mailing
- Facebook page "Keep it Simple"
- Service opportunity for Young People telephone meeting:
  - A phone meeting Secretary (6 month term, 6 month abstinence req'd)
  - A phone meeting Speaker Coordinator (6 month term, 6 month abstinence req'd)

### *Agenda For Next Assembly:*

- Follow-up on status of current projects

NOTE: The committee reports for the April assembly are missing. Our apologies to those committees whose reports could not be obtained. We have noted the source of the information presented if it was not directly from a committee report.



**Motion #1:**

**Move to amend R2 Bylaws Article VI, Item F, as follows:**

- F. It shall be the responsibility of each Intergroup and Unaffiliated Group contact to provide the R2 Publications Coordinator with the name, mailing address, phone number and email address (when available) of their RRs at least sixty (60) days prior to an assembly in order to receive an Assembly information Packet , the pre-registration notice, or other notices deemed necessary by the R2 Board or an R2 Assembly.

**Submitted by:** The R2 Bylaws Committee and the R2 Board

**Intent:** To include all notices that may require contact information about RRs.

**Rationale:** In the past, the assembly information packet was the only document that was sent directly to the region representatives (RRs). With the advent of the internet and email, other important information is sent to RRs. This motion provides that all such notices require adequate contact information, provided in a timely manner.

**Motion #2:**

**Move to amend the 1<sup>st</sup> sentence and Item F of Bylaws Article IX, as follows:**

Nomination & Election of ~~Chair, Vice Chair, Secretary, Treasurer, Publications Coordinator and Events Coordinator~~ of the R2 Board:

- F. Vacancies occurring on the R2 Board may be filled by a majority vote of the remaining R2 Board members. The R2 Board may solicit individuals known to them; may solicit volunteers from the fellowship via mail and/or electronic transmission; or may post the vacancy on the R2 website. Appointees shall serve until the position is filled by an election. Elections to fill an unexpired R2 Board position shall occur only at the annual assembly at which elections are normally held.

**Submitted by:** R2 Bylaws Committee and the R2 Board

**Intent:** (a) To eliminate reference to specific board positions, which is no longer necessary, and (b) to clarify the method of filling R2 Board vacancies.

**Rationale:**

(a) It is no longer necessary to specify which board members are elected, inasmuch as the R2 Trustee is no longer a “non-voting board member,” but is a “non-voting liaison” to the Region 2 Board from the World Service Board of Trustees, as adopted at the April 2011 assembly. Also, to eliminate the need to amend the bylaws should board positions be added or deleted from time-to-time.

(b) To put current practice in written form and to clarify when appointees shall be replaced.

**Motion #3:**

**Move to amend the 1<sup>st</sup> sentence and items B and D of R2 Bylaws Article X, as follows:**

~~The Chair, Vice Chair, Secretary, Treasurer, Publications Coordinator, and Events Coordinator of the R2 Board~~ members shall be subject to recall for his/her current office at any regularly scheduled R2 Assembly.

- A. Reason(s) for recall shall be any breach of duty imposed on the R2 Board member by the Bylaws and the Corporation Code of California, or failure to continue to meet the qualification requirements for R2 Board members set forth in these Bylaws.
- B. Recall petitions may be proposed at any time by one or more ~~an~~ Intergroups(s) or a majority vote of the R2 Board. Petitions proposed by Intergroups shall include complete information about the proposing entity, name and contact information of the presiding officer at the meeting at which the petition was proposed, and the number of voting members at that meeting.
- C. Recall petitions shall include the R2 Board member's name, office to be vacated, and a substantive statement of the breach of duty which supports the petition.
- D. Recall petitions shall be delivered by mail or electronic transmission to the Region 2 Secretary, who ~~At the time of receiving a recall petition, the R2 Secretary~~ shall immediately forward the petition to all R2 Board members. Should the R2 Secretary be the subject of the petition, it shall be delivered to the R2 Chair who shall forward it to all R2 Board members.

**Submitted by:** R2 Bylaws Committee and R2 Board

**Intent:** (a) To eliminate reference to specific board positions, which is no long necessary, and (b) to update the methods of notification and establish requirements for the submission of petitions to recall R2 Board members.

**Rationale:**

(a) It is no longer necessary to specify which board members are elected, inasmuch as the R2 Trustee is no longer a “non-voting board member,” but is a “non-voting liaison” to the Region 2 Board from the World Service Board of Trustees, as adopted at the April 2011

assembly. Also, to eliminate the need to amend the bylaws should board positions be added or deleted from time-to-time.

(b) The process for recall of board members needs to be updated to allow electronic transmission of notices; to establish requirements for information about the presenting intergroup(s); and include a procedure on how to handle the proposed recall petition should the R2 Secretary be the subject of the petition.

#### **Motion #4:**

Move to amend Policy & Procedure Manual, Section VIII – Operating Policies and Procedures, item B - Financial, by adding:

**17. Prudent reserve policy:**

- a) **It shall be the policy of Region 2 to maintain a prudent reserve to cover a minimum of six (6) months, and a maximum of one (1) year's operating expenses, plus outstanding liabilities and one-time capital expenditures.**
- b) **The monthly operating expense amount shall be based on the average for the previous three (3) years.**

Submitted by: R2 Bylaws Committee and the R2 Board

**INTENT: To establish a written policy for the region's prudent reserve and the method of calculating it.**

**RATIONALE:**

**Questions frequently arise regarding the amount and method of determining the region's prudent reserve policy. Region 2 has operated using standard accounting practice which suggests a reserve of six (6) months to one (1) year's operating expenses.**

**By establishing a written policy, the R2 Board will have a pre-determined method of calculating the reserve that has been approved by an assembly.**

#### **MOTION #5:**

Move to amend Policy & Procedures Manual, Section VIII, item E, as follows:

#### **WSBC DELEGATE ASSISTANCE FUND**

1. **R2 Board shall coordinate participation, including:**
  - i. **Distribute application forms**
  - ii. **Make final determination for funding.**
2. **WSBC Funds shall be available to assist up to three (3) Intergroups per year with financial hardships. Preference is given to those intergroups that have participated in the last two (2) R2 assemblies and have not sent a delegate to WSBC the prior year.**
3. **Funding shall be as follows: A maximum of \$1,000 per intergroup to be used for food, travel, registration, hotel, etc.**
4. **Participants are expected to fulfill the following requirements:**
  - i. **Attend all business meetings**
  - ii. **Arrive at WSBC Monday or Tuesday**
  - iii. **Serve on a committee**
  - iv. **Attend Workshops**

- v. Attend all voting on Thursday, Friday and Saturday
  - vi. Share a room if possible.
  - vii. Submit a written report to R2 Board upon return.
5. Check for assistance will be made out to the Intergroup after the end of the Conference and will be mailed within 30 days, following receipt of: given to participant by the R2 Chair at the final WSBC meeting.
- i. A detailed R2 reimbursement form, signed by the intergroup's chair, with original detailed receipts attached.
  - ii. Reimbursement may not exceed the amount approved by the R2 Board, nor shall it exceed actual expenses after they have been reduced by World Service funding assistance.
6. Extenuating circumstances: Should extenuating circumstances occur, such as illness or death in the family, which prevent the delegate's fulfillment of his/her duties, the R2Board may vote, on a case to case basis, to allow payment of assistance funds.

Submitted by: R2 Bylaws Committee and R2 Board

INTENT: To institute prudent documentation and payment procedures, plus provide for payments due to extenuating circumstances.

RATIONALE:

Substantiation requirements are an integral part of Region 2's reimbursement policies. No substantiation is required in the current policy. Modifying the policy to include submission of receipts and limiting payments to actual costs after reduction of World Service funding assistance ensures prudent use of the region's assets.

The current policy does not allow funding assistance to a delegate who is unable to fulfill the stipulated performance requirements due to circumstances beyond their control. Failure to provide such assistance could create financial hardship for the intergroup and/or the individual.

**Motion #6:**

**Move to amend Bylaws Article VI –Membership of the R2 Assembly to correspond with the full definition of an OA group as stated in the O.A., Inc. Bylaws Subpart B, Article V.:**

**ARTICLE VI - Membership of the R2 Assembly**

Members of the R2 Assembly shall consist of the R2 Board, RR's from each R2 Intergroup desiring to participate, and a representative of any other OA group unaffiliated with an Intergroup (hereinafter referred to as any Unaffiliated Group) within R2 (California, Hawaii, Mexico and Northern Nevada):-

Intergroups and Unaffiliated Groups must be duly registered with the World Service Office of Overeaters Anonymous (hereinafter referred to as WSO), and agree that:

- a) The following points shall define an Overeaters Anonymous group:

1. As a group, they meet to practice the Twelve Steps and Twelve Traditions of Overeaters Anonymous, guided by the Twelve Concepts of OA Service.
  2. All who have the desire to stop eating compulsively are welcome in the group.
  3. No member is required to practice any actions in order to remain a member or to have a voice (share at a meeting.)
  4. As a group they have no affiliation other than Overeaters Anonymous.
  5. It has affiliated as an Overeaters Anonymous group by registering with the World Service Office.
- b) Virtual groups (groups which replicate face-to-face meetings through electronic media) may be an Overeaters Anonymous group if they:
1. otherwise meet the definition of Overeaters Anonymous groups;
  2. are fully interactive, and;
  3. meet in real time.

(Balance of Article VI remains unchanged)

Submitted by: Region 2 Board

Intent: To bring Region 2 Bylaws into conformance with World Service Bylaws Subpart B

Rationale: The definition of an OA group was amended by the delegates of the 2011 World Service Business Conference. In order for Region 2 to send the R2 Chair to conferences, our bylaws must conform to the World Service definition of a group.

**END**

## **The Twelve Traditions of Overeaters Anonymous**

1. Our common welfare should come first; personal recovery depends upon OA unity.
2. For our group purpose there is but one ultimate authority — a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for OA membership is a desire to stop eating compulsively.
4. Each group should be autonomous except in matters affecting other groups or OA as a whole.
5. Each group has but one primary purpose — to carry its message to the compulsive overeater who still suffers.
6. An OA group ought never endorse, finance or lend the OA name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
7. Every OA group ought to be fully self-supporting, declining outside contributions.
8. Overeaters Anonymous should remain forever non-professional, but our service centers may employ special workers.
9. OA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Overeaters Anonymous has no opinion on outside issues; hence the OA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, television and other public media of communication.
12. Anonymity is the spiritual foundation of all these Traditions, ever reminding us to place principles before personalities.



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