



Region 2 Fall Assembly ***“Abstinence is Golden”***

October 26-28, 2012
Burlingame, CA 94010

*“We are all together now, reaching out our hands for power and strength greater than ours, and as we join hands, we find love and understanding beyond our wildest dreams” --
The OA Promise (Rozanne’s Prayer)*

Region 2
4733 Torrance Blvd, PMB #335
Torrance, CA 90503
www.oar2.org

R2 Mission Statement:

To support Individuals in need of recovery from compulsive eating (e.g.: overeating, bulimia, anorexia) through empowering all groups within the region.

“READ YOUR ASSEMBLY BOOK & WIN!”

The phrase “Abstinence is Golden” is “printed” 4 times in this Assembly Book (not on this page). Find it in all 4 places, write down the pages and drop them into the Contest Jar at Registration to be eligible for a prize drawing at Assembly!

Rules of Limited Debate

- a) Present the matter to be voted upon. This can be a motion, an amendment, or any piece of business. Motions must be in writing. Three (3) copies – all to the Secretary.
- b) Pro and con will be limited to three speakers for each main motion and two speakers for each substantive amendment.
- c) All speakers must speak from the front of the room and will be limited to one speech of three minutes to each main motion or substantive amendment.
- d) The purpose of each proposed amendment to the bylaws or proposal is to be clearly verbalized by the proposing body.
- e) To provide the opportunity for as many different Representatives as possible to speak during the assembly, a Representative may not speak on two consecutive motions if there are three others who wish to speak on any main motion or two on any other.
- f) If more than three people wish to speak on one side of an issue, they will select among themselves the three to represent them.
- g) The Chair will call on people in order, first pro and then con. Pros will line up on the right side of the room (as you face the dais). Cons line up on the left side of the room.
- h) One pro and one con speaker will be heard before questions are asked on business motions.

FALL ASSEMBLY INFORMATION

Location: Doubletree Hotel, San Francisco Airport

835 Airport Blvd., Burlingame, CA 94010, Ph: 650)344-5500

Room Rate: Single/Double - \$99.00 per night; \$115 for triple/quad room
Reserve early, rooms limited (Special rate code is "C-OEA" by phone or online)
Rate **includes** breakfast coupon for the Chutney Grill's full breakfast buffet
(must ask for coupons at check-in).

Airport shuttle/free; Hotel parking @ \$5 per car (all attendees)

Reservation Deadline: October 5, 2012 (limited # of rooms)

First-time Intergroup Reps: The "New Representative Orientation" is at 8:00am on Saturday morning. (Required - Critical for new reps. Please be prompt)

Highlights:

Friday: Early Registration from 6-7pm

Friday Grand Opening: Speaker and Entertainment starts at 7:00pm

Saturday: Business meetings 9:00am - 5:30pm

Saturday: Noon lunch with Guest Speaker

Saturday: Workshop at 4:00pm

Saturday: Evening Speaker Meeting: 7:30-9:00pm



ASSEMBLY AGENDA

"Abstinence is Golden"

Friday, October 26, 2012

6:00 – 7:00 PM EARLY REGISTRATION

7:00 – 8:30 PM GRAND OPENING OF THE REGION 2 FALL ASSEMBLY
WELCOME FROM THE R2 BOARD and Introductions
ANNOUNCEMENTS
ENTERTAINMENT
SPEAKER

Saturday, October 27, 2012

7:30 AM OA MEETING (optional)

8:00 AM NEW REPRESENTATIVE ORIENTATION (essential)

8:30 AM REGISTRATION (cont'd)

9:00 AM CALL TO ORDER
INTRODUCE GREEN DOTS / MENTORS / RETIRING REPS
READINGS: 12 CONCEPTS, ASSEMBLY RULES
ROLL CALL
ADOPTION OF PREVIOUS MINUTES
ASK-IT-BASKET CIRCULATED

9:30 AM ICEBREAKER

9:45 AM BOARD REPORTS / SPECIAL REPORTS

10:15 AM BREAK

10:30 AM INTRODUCTION TO R2 COMMITTEE WORK

10:45 AM REGION / INTERGROUP CONCERNS

11:15 AM ASK IT BASKET
UNFINISHED BUSINESS
NEW BUSINESS

11:45 AM CONVENTION 2013 PRESENTATION

12:00 PM LUNCH WITH GUEST SPEAKER

1:30 PM REGION / INTERGROUP CONCERNS

2:00 PM COMMITTEE MEETINGS

3:15 PM BREAK

3:30 PM NEW BUSINESS (CONTINUED)
ASK-IT-BASKET

4:00 PM WORKSHOP
5:30 PM ADJOURN & DINNER ON YOUR OWN
7:30 – 9:00 PM OA Speaker Meeting

Sunday, October 28, 2012

8:00 AM OA MEETING (optional)
9:00 AM CALL TO ORDER
 READINGS: 12 CONCEPTS, ASSEMBLY RULES
 ROLL CALL
 ASK-IT-BASKET CIRCULATED
9:15 AM COMMITTEE MEETINGS (continued)
10:00 AM ELECTIONS:
 Treasurer : 2 year term
 Publications Coordinator: 2 year term
 Chair: 2 year term
10:30 AM BREAK
10:45 AM NEW BUSINESS (continued)
11:20 AM COMMITTEE REPORTS
11:30 AM INTERGROUP CONCERNS
 ASK-IT-BASKET
12 NOON ADJOURN

NOTE: There will be a brief Board meeting with newly elected officers immediately following the Assembly.

Please review business meeting times carefully and make your travel arrangements accordingly so that you are present for all business meetings.

The Friday Assembly Grand Opening is from 7 to 8:30 PM

**The local intergroup will provide entertainment and a speaker.
Everyone and anyone is welcome to attend.**

Don't forget the prizes, we'll have them again for you!

Other Important Information:

Temperature in the meeting rooms varies from Too Hot to Too Cold. We suggest wearing layered clothing.

Finally, a number of OA members want refrigerators and/or microwaves in their rooms. Hotel supplies are limited; if you want these, make your hotel reservations early!!!

REGION 2 BOARD OF DIRECTORS

CHAIR

Shari Greenberg
650-591-5634 (h)

chair@oar2.org

EVENTS COORDINATOR

Cher Bateman
775-772-0220 (h)
775-749-5680 (c)

events@oar2.org

VICE CHAIR

Nancy Jensen
949-644-6997 (h)

vicechair@oar2.org

TREASURER

Jerry Jackson
408-373-4982 (c)

treasurer@oar2.org

SECRETARY

Linda McLaughlin
209-538-4854 (h)
530-755-6123 (c)

secretary@oar2.org

PUBLICATIONS COORDINATOR

Michael DelleDonne
916-727-4361 (h)
916-844-5956 (c)

publications@oar2.org

REGION 2 TRUSTEE

Meg Harlor
760-328-2763 (h)
831-427-0821 (h)
831-585-7945 (c)

trustee@oar2.org

R2 Board Support Service Providers

Joyce Fanning, Admin. Asst.
admin@oar2.org

John Kiernan, Webmaster
webmaster@oar2.org

OCTOBER 2012 ASSEMBLY ROSTER/ROLL CALL

INTERGROUP	WSO IG#	NO. OF GROUPS @ 8-8-12	Allowable # of RRs	SPRING 2012 RR count	FALL 2012 IG COUNT DAY 1	FALL 2012 RR COUNT DAY 1	FALL 2012 RR ROUNT DAY 2
Aloha Hawaiian	9111	12	3	0			
CA Central Coast	9222	13	2	2			
Channel Islands	9068	15	2	0			
Ebony OA Bay Area	9609	4	1	0			
Foothill	9003	23	3	2			
How-OA No. CA	9331	17	2	2			
Inland Empire	9492	27	3	1			
Intergroupal Mexico	9329	308	31	1			
Kern County	9326	6	1	1			
Lake Mendocino	9301	5	1	0			
Los Angeles	9004	67	7	0			
Marin County	9083	8	1	1			
Maui Friends	9585	3	1	0			
Mid-Peninsula	9294	26	3	3			
Monterey County	9356	7	1	0			
No. Nevada Sierra	9325	10	1	1			
North Rivers	9400	8	1	0			
Northcoast	9434	6	1	1			
Orange County	9005	62	7	1			
Sacramento Valley	9012	44	5	4			
San Diego County	9007	58	6	0			
San Fernando Valley	9008	53	6	1			
San Francisco	9071	36	4	2			
San Gabriel Valley	9009	23	3	0			
San Joaquin	9013	10	1	2			
Santa Cruz County	9267	11	2	1			
Silicon Valley	9020	40	4	3			
So.Alameda Co.(SACO)	9051	3	1	1			
Sonoma County	9245	27	3	2			
South Bay	9010	28	3	2			
Unity - East Bay	9100	44	5	2			
Unity W/Diversity Desert	9494	12	2	1			
Valley Sierra OA/HOW	9599	9	1	1			
Veracruz	9501	22	3	0			
Unaffiliated Groups		69		0			
		TOTALS:	121	38	0	0	0
Total No. of Intergroups	34						
Total IG.s Represented	0						
Quorum (30% of IG.s)	0.00						
				RR Votes		0	0
Board: _____Chair _____Vice Chair _____Treasurer				Bd. Votes			
_____Secretary _____Events Coordinator _____Publications							
				Total Votes	0	0	0
Non-Voting Attendees:							
_____R2 Trustee _____Alternates _____Visitors							



Spring 2012 Assembly Minutes
Saturday, March 31, 2012

Call to Order Meeting called to order at 8:30 a.m. by Chair Shari

Two minute meditation, Serenity Prayer

Introduction of Green dots/mentors

Retiring Reps introduction: JoAnne from Mid-Peninsula and Colette from Silicon Valley

Introduction of Board members

Reading: 12 Concepts of service read by Nancy

Assembly Rules: Read by Parliamentarian Tennie Bee Hall

Roll Call Quorum established: Secretary Linda called roll; 38 RRs, 23 IGs; 68% are represented. Total number of voting members is 44, which includes the board.

ADOPTION OF PREVIOUS MINUTES of Fall 2011 Assembly (Oct 24) approved

Ask-it Basket circulated

Ice-Breaker

Board Reports

Chair: Newsletter is out twice a year. Board members have an article in it. Many submitted articles, three were chosen. Much more in there; make sure you share them with your groups.

Vice Chair: Board Operating Manual was amended; Individuals performing Board Support Services may no longer participate on assembly committees.

Events Coordinator: 2012 Fall assembly will be Oct 26 and 27, 2012 at Doubletree SFO. OA Region 2 Convention for 2013 in Palm Springs; 2014 Convention will be at the Hyatt Regency SFO.

Secretary: Revised "Suggested Meeting Format" introduces inclusive language, statement on abstinence, unity with diversity and Ninth Tool. Groups can take what they like and leave the rest.

Trustee: Went to Albuquerque and met with the Board of Trustees (BOT). BOT meets 4 times a year. 16 Trustees attended, representing OA World. Virtual Services includes online and phone meetings. Because these are relatively new, there are a lot of questions. Trustees have taken turns being the virtual services trustee there is a motion to add a 17th trustee for Virtual services. Talked about the new literature being brought to the WSBC. Some pamphlets have been revised;

all will have new covers when reprinted. Abstinence Packet presented: All has to do with abstinence. Help a person with abstinence, or help to put on an abstinence workshop.

Publications Coordinator: Newsletters given out. We need someone who has used Microsoft publisher, or the MAC equivalent to help with newsletter next year, as the person who helped this year is unable to help next time.

Treasurer: Updated written report was distributed, together with the 2011 Contribution Report; IFAP needs to be turned in before lunch; *Lifeline* subscriptions: Young People's committee. Question was asked why they made *Lifeline* "more fancy." Going to 4 color and glossy was only \$1 more; looks more attractive in a doctor's office. How do we define young people? OA considers it up to 25. Young People's issue of *Lifeline*, Aug 2011, is all about young people. *Lifeline* is not translated into Spanish because it comes out 10 times per year. Books and pamphlets have been translated. Some revisions will be translated.

Intergroup concerns.

Q. Should we add sales tax to our literature?

A. Yes, World Service does not charge tax, for WSO to keep non-profit status, the IGs should have a tax ID. When you send it in, put "resale for literature". In State of California State board of equalization will give a resale number, not a tax ID number. Region 2 will post an answer on www.oar2.org. Scott's group pays the tax when they buy literature from AA. Barbara from Sacramento was lit chair; buys literature from \$1,000 + a month; bulk shipping to get lower price. Buys AA books, and AA does not charge tax, because they know they will be resale. Treasurer takes care of the taxes. For more information, you may contact Barbara. Her name is on all 2012 Convention flyers, also at www.sacvalleyoa.org; forward questions to treasurer link.

Q. Can a non-member present at a Day in OA, such as meditation.

A. They cannot present. Must be an OA member, but every group is autonomous.

Ask-it Basket

Q. Where can we find the Concepts of OA Service? Can page numbers for rules and concepts be made?

A. There is a pamphlet you can get, concepts of OA service. Concepts are listed in our Region 2 bylaws, and in OA Inc. bylaws. They are on the R2 website. Bylaws, page 3; listed in IG bylaws, may be on your website.

Concepts are written for how WSO is run, WSBC is run, description of BOT, but very valuable for all service bodies, as well as personal relationships, in your work, in your life; there are principles that go with each of the concepts.

Q. Why aren't the responsibilities of Region Reps listed?

A. They are in the P&P

Q. Where do we get insurance for meetings?

A. Most meetings are not a non-profit "entity". Some of the IGs are. Some have put a rider on a personal insurance for an event.

Q. How can HOW-OA be part of OA as a whole; don't they violate Traditions 3 and 4?

A. No, but some *suggest* you have abstinence of 30 days to share. Food plans are suggested. Many sponsors are comfortable only sponsoring with the food plan. It is up to the sponsor. Jerry: OA HOW 90 DAY AND OA. This is a disease not a morale issue. OA-HOW, OA-90 are inclusive, we are all trying to recover.

Q. Can R2 make available tape, disk or digital download of Day of Abstinence?

A. Linda from Foothill: A Day of Abstinence workshop. Speakers were from OA, OA-HOW and 90 day. It was not recorded. No one stepped up to tape it. Very valuable to record workshops so all members in the region may download. Rick: Sacramento Valley records everything. Free downloads. www.svioa.org.

www.sacvalleyoa.org

Q. How often is an R2 newsletter published?

A. One in spring, one in fall. It is posted on the website 45 days before the assembly.

Q. If we have an event, can we publish the flyer?

A. There is an events calendar on the website. If you have problems posting it, Michael will talk to the webmaster, John. This is the responsibilities of Region Reps. Region 2 Policy and Procedures manual, section V, 4. Go to master calendar at www.oar2.org. Provide the R2 Events coordinator with information about upcoming events for inclusion in the R2 Master Calendar." Linda, Foothill, pointed out the green dots received in their new packet a copy of their rules and responsibilities.

Q. How do we get on a committee?

A. Just join in when they set up. Committee is closed when it has 10 people.

Q. Do HOW groups break traditions?

A. HOW-OA is part of OA. Also, CEA-HOW is not a part of OA, it is Compulsive Eaters Anonymous-HOW

Q. Is every committee assigned a mentor from the R2 board?

A. Yes, it is called a liaison, and one board member is assigned.

Q. What IGs cover the following locations: Turlock, Modesto, and Kings County?

A. San Joaquin and Valley Sierra How-OA

New Business

Motion #1: Move to amend Bylaws Article V, as follows:

ARTICLE V - Assemblies of Region 2

- A. An R2 Assembly shall be held two times each year at a place and on date(s) designated by the Board. Notification of R2 Assembly places and dates for each calendar year shall be announced at the last R2 Assembly of the previous calendar year.
- B. A special assembly may be called at any time by a majority vote of the R2 Board or by at least one-fourth (1/4) of the registered R2 Regional Representatives (hereinafter referred to as "RR").
- C. Notification of regular and special Assemblies of R2 shall be the responsibility of the designated R2 Board Member. These notifications shall be mailed and/or sent by electronic transmission to each Intergroup Office, Unaffiliated Group contact, RR, and R2 Board Member at least 45 days prior to the date of the assembly.
- D. All parties may elect, in writing, to receive notices and assembly packets by electronic transmission only. Such elections shall take effect 30 days after receipt by Region 2 and shall remain in effect until 30 days after written cancellation of the election is received.
- E. All Assemblies of R2 shall be conducted in accordance with the latest edition of Robert's Rules of Order, except when in conflict with these Bylaws. The Chair may appoint a Parliamentarian to serve all Assemblies of R2, who shall not be considered a member of the Board of R2.

Motion adopted.

Motion #2: Move to amend Bylaws Article IX, Section F to read as follows:

- F. Vacancies occurring on the R2 Board may be filled by a majority vote of the remaining R2 Board members. The R2 Board may solicit individuals known to them; may solicit volunteers from the fellowship via mail and/or electronic transmission; or may post the vacancy on the R2 website. Appointees shall serve until the position is filled by an election. Elections to fill the term of an unexpired R2 Board position shall occur only at the next annual assembly at which elections are normally held.

Motion adopted

Motion #3: Move to amend Bylaws Article IX, Section G, as follows:

- G. To be eligible for election or appointment to the R2 Board, a person must,

at the time of election:

1. Be a member of Overeaters Anonymous for at least three (3) years.
2. Be regularly attending OA meetings within R2;
3. Have current abstinence from compulsive overeating of at least two years, each person being the sole judge of their abstinence, and taken Steps 4 and 5 of the Twelve Steps;
4. Declare themselves as practicing the Twelve Steps to the best of their ability and as committed to the Twelve Traditions of OA.
5. Have at least two (2) years of service above the meeting level.
6. Be serving, or have served, as an RR to at least two (2) R2 Assemblies, as a member of the R2 Board, or as a member of World Service Board of Trustees.
For appointments only, and with due consideration, the R2 Board may appoint an individual who has attended one (1) assembly if an otherwise qualified candidate who has attended two (2) or more assemblies cannot be found.

Adopted as amended with 2 Nay votes.

BREAKOUT FOR COMMITTEE MEETINGS

Convention 2012 Report/Presentation

Phone numbers to hotel were incorrect. Corrections are on the back of the Spring/Summer 2012 newsletter. Please correct your fliers.

LUNCH with Guest Speaker from San Francisco

REGION / INTERGROUP CONCERNS

Q. Should we read the concepts of service at IG meetings?

A. Yes, our IG does one a month, the one for the month, go to pamphlet on the concepts and read the concepts as described.

Q. What should we do with old literature in our IG? Former lit person never did an inventory on what we have. Someone has said it is too much to inventory it. What is your opinion?

A. Val from Sacramento offered to email the contact for their Literature person; a group could share the responsibility to get the task done.

Q. IG Outreach committee, if you have a struggling intergroup, or meetings that don't think intergroup is important, how can we let them know why it is important?

A. Our IG PI person is trying to get to every meeting that does not show up, promoting benefits of service. IG newsletters can get the word out; a way for groups to address their concerns. In newsletter, here is what IG does for you; now,

here is what you can do for intergroup. When we have a new sponsee, we can tell them we expect them to do service. Specifically tell them which position you would like them to sign up for; or nominate someone in the meeting. Workshop on Traditions and Concepts of service was very powerful.

Q. Our intergroup would like to establish consistency that reimburses groups that travel a long distance. Does OA have a formula?

A. You could follow the IFAP, 45 cents a mile.

Q. The Ninth tool, Action Plan, was thought to be for exercise only. If we want to change the tool to say that, what is the process to change it?

A. It can include exercise. If you are not happy with the way it is, you can submit a motion to the WSBC. It must be in by December 1 for the next conference. It must be presented by Intergroup or Region. You do not have to be the WSBC Delegate, or the IG Chair to request the motion. Reason it is not just an exercise program, exercise bulimics need to limit their exercise. Action plan is a tool for getting any action to boost your recovery.

Q. How do we support more Young People, and ABC program (Anorexics, Bulimics, Compulsive eaters)?

A. Someone went to Sacramento State, and brought a meeting for Young People. Do what young people do; text, twitter, etc. Craigslist postings every week, they post something from *For Today* then add the contact information (like R2 website). Make a list of young people. Have a young person's focus meeting once a month. If you approach young people in recovery, they are willing to share their experience, strength and hope. They do not like to go to places where other young people will see them, but they will go 10 miles to go to a meeting. Also, YouTube the PI announcements, available for purchase at www.oa.org

Breakout for Committee meetings

New Business, continued

Motion #4: Move to amend the R2 Policy & Procedure Manual, Section VII, by deleting the Assembly Planning committee from the list of R2 committees.

R2 committees are: ~~Assembly Planning~~, Bylaws, Convention, Diversity, Intergroup Outreach, Public Information, Twelfth Step Within, Young People and other committees as may be determined necessary by an assembly or the R2 Board.

Motion adopted

Motion #5: Move to amend the R2 Policy & Procedure Manual, Section VII, Item D, by deleting the Assembly Planning Committee description and purpose:

~~1. Assembly Planning Committee~~

~~This committee shall provide entertainment and speakers for R2 Assemblies, and offer ideas and assistance to the R2 Board to help promote attendance and enhance appeal and effectiveness of Region 2 assemblies. The remaining listing of committees shall be renumbered.~~

Motion adopted

Motion #6: Move to amend the R2 Policy and Procedure manual, Section VIII, Item B, #12 to read as follows:

12. Any expenditure exceeding budgeted amounts by more than ten (10) percent shall be submitted for Budget override for approval by the R2 Assembly. Line items other than day-to-day business expenses of the Region shall not be exceeded by more than 10% more than what is already budgeted without prior approval of an R2 Assembly.

Amended Motion Failed. 10 Yes, 15 No

Motion #7: Move to amend the R2 Policy & Procedure Manual Section VIII, Section B., by adding item #18, as follows:

18. Upon completing one or more years of service on the Region 2 Board outgoing members may be acknowledged with a gift in appreciation for their service in an amount not to exceed the cost of registration to the next R2 Convention.

Amended Motion Failed. 9 yes, 22 no.

Motion #8: Move to amend the R2 Policy & Procedure Manual's policy for WSBC Delegate Assistance Fund, #1 to read:

1. R2 Board shall coordinate participation, including:

- i. Distribute application forms. Applications to be submitted by September 1st preceding the conference. The deadline will be extended to January 1st if funds are available.
- ii. Make final determination for funding.

Motion adopted.

Motion #9:

Move to amend the R2 Policy & Procedure Manual's policy for Intergroup Assembly Scholarship

Fund, #1 to read:

1. The Intergroup Outreach Committee will, with the assistance of the R2 Board Liaison:
 - i. Determine initial Intergroup eligibility for funds
 - ii. Coordinate participation, including:
 - a. Contact intergroups that have not attended recent assemblies.
 - b. Distribute application forms.
 - c. Forward completed application forms to the R2 board a minimum of 45 days prior to the assembly, for final determination. If funds are available, the deadline will be extended.

Motion Referred back to Bylaws Committee.

Committee reports

12th Step Within Committee

PI Committee

IG Outreach

Diversity Committee

Young People's Committee

Bylaws

New Committee Chairs:

12th Step Within; Kia

IG Outreach; Sheri

PI Workshop

Closing Ceremony

Submitted by Linda McL., R2 Secretary

FROM THE BOARD

CHAIR REPORT

Dear Reps,

This will be my last assembly packet report to you. My term is up, as I have served 5 consecutive years on the Region 2 Board. I was your Vice Chair for 3 years, and Chair for 2 years. I am sad to leave this position, but rotation of service is important.

Like most people, I never thought I could be the Chair of our region. I thought that I didn't have the skills, the knowledge, the experience, etc. In some areas, that was true! So I learned. The great thing about learning new skills is that it increases self-esteem. I did not think that I could handle the demands of being the Chair, understand the Region's financial issues, the Assembly issues, etc. In learning these things, I stretched and grew, and that ultimately makes a person feel better about themselves. I had thought that all I was suited for was being a teacher. This was a whole new world for me. I now know that I am suited for much more in the world.

My position allowed me to work closely with the Board of Trustees (of which there are now 17) and the other Region Chairs (10 total). I am humbled by the skills and degree of competence of these people.

All this is a little bit of what it means "to get back much more than what you give when you do this level of service." I love working with the other Region 2 Board Members and with our Region 2 Trustee. They are dedicated, hard working, and passionate about helping O.A.

I hope that some of the Reps who are reading this will want some of this feeling. I hope you will plan to serve on the Region 2 Board as soon as possible. Thank you for allowing me to do this rewarding service.

SHARI GREENBERG, R2 CHAIR

VICE CHAIR REPORT

Since the Assembly in March, I have had the privilege of serving R2 in the following opportunities:

Shared at the Unity with Diversity Desert Intergroup (UDDI) speaker meeting in Palm Springs. This meeting was started as a direct result of an Service, Traditions & Concepts (ST&C) workshop that the R2 Chair and I conducted last November. There were over 30 people there, some from

as far away as Yucca Valley. What a privilege to see OA service working there. Sept 1, I shall return to UDDI, to accompany one of my sponsees that will be sharing there.

Shared at a "Day In OA" for our Northern Nevada intergroups, and got the opportunity to sit in on their intergroup meeting.

Scheduled four other ST&C workshops to be hosted at North Rivers IG (Chico), Silicon Valley (San Jose), Sonoma County (Petaluma), and San Joaquin Valley (Fresno) and contacted four more, of which I'm awaiting reply.

In addition, I co-led an ST&C workshop at Channel Islands (CIIG) in Goleta with a former board member. The fascinating thing about this workshop was that they only have about 30 groups in CIIG, and there were 32 people that came for the workshop. Some even attended from Santa Barbara! This just proves that no matter the size of your intergroup may be, it always benefits it to host an ST&C.

Added 7 new contacts to the R2 speaker list, and filled two requests for a copy.

Sat every Friday afternoon (except one) in July and half of August, at the OCI booth in the Orange County Fair.

Attended the R2 board meeting in June, and July (prior to the convention), and was blessed to attend the R2 Convention in Sacramento – what a great time all 466 of us attendees had! My congrats and gratitude to this year's convention committee on excellent preparation. Each year, about mid-Saturday afternoon, the thought always pops into my head: "it can't get any better than this!" Guess what? It does!! I'm looking forward already to 2013 in Palm Springs!

Have also been working with the bylaws committee regarding preparation of motions to present to this assembly.

In addition, worked on this assembly's workshop about Sponsorship. We will have 3 panelists that will share their experience, strength and hope about various roles of sponsors, including "getting one/ keeping one/ being one / getting rid of one", and will include comments regarding "Service Sponsors." Be sure to attend the assembly, you won't want to miss this one!

Thx for the opportunity to serve you.

&:0) Nancy Jensen, Vice Chair

SECRETARY REPORT

Is your Intergroup becoming someone's leftovers? Need a new spice, a new look, some pizzazz? We know what to do in Region 2! Did you know Region 2 will give your Intergroup a free workshop? It will be tailored to your needs. There are no requirements, except the Intergroup be registered with OA and host the workshop. Please give us six months to schedule your workshop; have no regrets, be your best!

The board is considering an "Action Plan" for Region 2, a.k.a. at WSBC as Strategic Plan, for 5 years. It is a vision for Region 2 over the next 5 years. The four categories are: Strong Meetings; Public Professional Awareness; Committed Service Bodies; Financial Health.

I have attended all board meetings, taking minutes that include "Action Items" so we keep on track and get things done, such as contacting people, coordinating the workshops, keeping in touch with Convention Committee, etc. I attended the fabulous Region 2 Convention in Sacramento and had the time of my life being in the play, *Just For Today*. I enjoyed connecting with many members in our fellowship I have met at Assemblies and WSBC, as well as bonding with those from my own Intergroup, Valley Sierra OA-HOW.

Some of my other activities include coordinating with two Intergroups for a workshop this year; Sonoma County IG October 20, and San Joaquin Valley Intergroup November 3. I attended two retreats, both in Santa Cruz, where I made new friends and learned more about their Intergroups, and was able to take care of some business at the same time; a wonderful mix, business and recovery.

The past year in this position has gone so quickly; I think the next job I want, if they will create it, is to be the visitor to all the Intergroups in Region 2! I enjoy being with all of you, and am so grateful to be a part of your recovery.

Linda McLaughlin,

Region 2 Secretary

EVENTS COORDINATOR REPORT

I have seriously procrastinated from writing this report because I was quite certain I would have very little to say. However, in realizing that I need to get out of my own way, I began reflecting on our wonderful R2 Convention in July which was held at the lovely Hilton Sacramento Arden West Hotel. I had a few minor jobs during the event, nothing of much consequence, and a

couple situations with the hotel that needed my attention, which I gladly gave. This year's convention was an overwhelming financial and inspirational success due to the amazing Convention Chair, Co-Chair, Hotel Liaison, Program Chair, Registration Chair, the terrific entertainment Friday night, the Boutique, Silent Auction, the Signs and all of the many, many committee members who worked tirelessly for this outstanding Sacramento Convention. They were such a delightful group. I cannot say enough about these enthusiastic members of our fellowship and it was truly an honor for me to do what little I did as R2 Board liaison. A couple of weeks after the convention, the Chair and Co-Chair met with me to offer suggestions and share lessons learned for next year's convention. Everything the "Recovery More Precious Than Gold" people did to make this convention so "Golden" was handled with dedication and a multitude of long, hard hours of precision, grace and joy.

I am looking forward to working with the Palm Springs Convention Committee for 2013 and hope that having a little (emphasis on "little") experience, I will be of help in some small ways to this great committee of "Pros". The Convention will be at the Hilton Palm Springs Hotel. I haven't had the opportunity to visit this hotel but from what I've heard, our convention will be the only event there. So in effect, we will "take over" the whole hotel which will give us a warm, cozy feeling, while at the same time, lots of windows will create a sense of openness. Our attendees at the 2003 Convention loved the feeling of this hotel which is why R2 and the committee chose to hold it there again. In addition, a bridge above the lobby affords an awesome view and helps fellow OA'ers find their friends while seeing so much program assembled in one place. Come get that "OA Feeling" at the Hilton Palm Springs the last weekend in June 2013!

Hmmm, what else have I been up to? I've been trying to set up a date with an Intergroup up north for a STC workshop with Michael. Unfortunately, I had to cancel the previous August 18th date due to a schedule conflict but I am very much looking forward to meeting with them. I will be giving a workshop with Meg in San Jose in late September. It will be my first (wish me luck).

I am looking forward to our Fall Assembly at the DoubleTree SFO Sept 26-28th. I am very proud to be the board liaison to the Twelfth Step Within Committee. They have worked so well together and accomplished all the goals they set for themselves.

As always, it is my honor and privilege to be a part of the Region 2 Board.

Respectfully submitted,
Cher Bateman, Events Coordinator
August 24, 2012

R2 TRUSTEE REPORT

My report for the Spring Assembly was written on Jan 20, 2012. Since then I have been to the Spring Assembly (of course!) in March, to 3 Board of Trustees (BOT) meetings, March, May and August, as well as to the World Service Business Conference (WSBC) in May, to 3 R2 Board meetings in March, June, and July, to the Mexican Congress in July with Shari, R2 Chair, and to the outstanding R2 Convention in July.

In July, the BOT appointed Stephanie Doran as the first Virtual Services Trustee (VST). We are now happy to have a trustee dedicated to this active part of our fellowship.

My trustee committee assignments were changed at WSBC 2012 from Convention 2013, Public Awareness and Unity with Diversity, to Professional Outreach, Professional Tradeshows and BOT Bylaws. I had quite a bit of learning to do! All three new committees are very active. Ask me if you want more information.

Highlights from the Regional/Virtual (R/V) Informal Meeting at the August BOT:

1. This was the first informal with the Virtual Services Trustee (VST) so now we are an R/V meeting!
2. From an email from an R2 member, we are now considering creating an OA Basic Text about the nuts and bolts of Living Abstinently. We will start by collecting suggestions from the BOT of vital items from the current literature and then see what's missing.
3. What to do about Unaffiliated Groups?
 - a. Have a dedicated subcommittee of Intergroup Outreach
 - b. Have the Twelfth Step Within (TSW) Committee do it
 - c. Have an additional region board member do it
 - d. Have region chair do it
 - e. Split up the groups among the region board
 - f. Have a default in the group registration form where they are automatically affiliated with the closest Intergroup with a choice to unaffiliate if they so choose.
4. Sponsoring: Assign a sponsor to every newcomer to get them started.
5. We brainstormed and will have a Virtual Meeting face-to-face Convention.
6. Why have an IG?
 - a. Service beyond the group level builds esteem and skill and is an opportunity for giving back.
 - b. Tell what did happen from a member doing service: For example, from an idea brought back from WSBC an IG created a TSW committee and from the committee efforts 5 members became abstinent.
 - c. Have "How to make IGs more vital" Workshop at Region level.
 - d. Create and put on oa.org "Why have an IG" Guidelines
 - e. Write articles for Newsletters, A Step Ahead, and Lifeline.

And here are ideas from a Q&A at the last R2 Spring Assembly:

Q. IG Outreach committee, if you have a struggling intergroup, or meetings that don't think intergroup is important, how can we let them know why it is important?

A. Our IG PI person is trying to get to every meeting that does not show up, promoting benefits of service. IG newsletters can get the word out; a way for groups to address their concerns. In newsletter, here is what IG does for you; now, here is what you can do for intergroup. When we have a new sponsee, we can tell them we expect them to do service. Specifically tell them which position you would like them to sign up for; or nominate someone in the meeting. Workshop on Traditions and Concepts of service was very powerful.

We had a joint BOT and Region Chairs meeting to work on tasks for 2012 in the Strategic Plan. The updated plan will be on oa.org soon.

Highlights from the BOT Formal Meeting in August:

The financials were cautiously optimistic. The indexes for books on e-readers will be added next year. Keep on the outlook for the 13 week OA talk show, Sound Bites, hosted by Naomi Lippel, WSO Managing Director, starting in October on internet World Talk Radio.

Many motions were approved to be submitted to the WSBC Agenda Questionnaire: To include the VST in the Bylaws, to amend the OA preamble, to add to Trustee Qualifications: "current maintenance of a healthy body weight for two years."

Several motions updated committee statements of purpose.

The Sample IG/SB Bylaws and Sample IG/SB Statement of Purpose and Operating Procedures were simplified, separated and updated.

One change was adding the following: "Each IG has the autonomy to determine which groups may affiliate with it: that decision should always be guided by the OA Traditions and Concepts." Especially of note is an addition in the article on Dissolution:

Section 1 – Deregistration

A) Intergroups: In order to deregister, an intergroup must submit a written request to the World Service Office, region chair and region trustee.

B) Service Boards: In order to deregister, a service board must submit a written request to the WSO, and either the region chair and region trustee, or the virtual services trustee as applicable.

The updates are on the OA website. Every Intergroup may want to compare its Bylaws with the Sample Bylaws: <http://www.oa.org/pdfs/SampleBylaws.pdf>

The WSBC 2013 theme "Searching and Fearless: a Fellowship Inventory" was approved. 2013 is the last year of our 5 year Strategic Plan. WSBC will be an opportune time to do an inventory to figure out where we are and where we want to go from here. Plan to be there!

Tenth Annual Mexican Congress, July 6-8, Oaxtepec, Morelos, Mexico: 115 attendees. Mexico has over 320 meetings and only 2 intergroups. I met with Intergruppal Mexico (300 meetings) the day before the Congress to discuss becoming the National Service Board of Mexico (NSBM). Intergruppal Mexico (IGM) has been acting like a NSB for a long time. They already print/translate/sell literature, have a website, update the meeting list, do PI for whole country, have a national assembly and congress, publish a newsletter. As the NSBM, they could also help Intergroups (IGs) form, solve IG/grupo* problems, create unity, do ST&C workshops, communicate with other NSBs, etc. An exciting change may happen in Mexico.

*In Mexico, all the meetings that meet in the same place, rent that place together and are called a Grupo. Some Grupos have as many as 23 meetings. They operate a bit like intergroups but without bylaws and registering as such. The Grupos propose workshops for each Congress and IGM selects and schedules them.

Shari G., R2 Chair and I attended the Congress, gave two workshops and answered many questions around working the program and following the traditions. There were many well attended workshops given by the Grupos, delicious food and spirited dancing. The Congress was a great success with lots of enthusiasm for OA. They collected a donation of \$100 for R2.

By the time Fall Assembly happens I will have given two ST&C workshops in Northern California each with a different R2 board member.

The R2 Diversity Committee completed the packet for outreach to the Mental Health Professionals.

As usual I have been answering member questions and reviewing IG Bylaws. I may take a bit of time with the latter but be patient and keep the Bylaws coming.

I decided to submit my application for trustee nominee affirmation for a second full 3 year term. Thank you for affirming me at the 2009 Fall Assembly. I feel privileged to have served as the R2 Trustee these last 4 1/2 years. I hope you are pleased with my level of service and will affirm my nomination again.

May we all continue to experience that abstinence is golden.

In gratitude for OA,
Meg Harlor, R2 Trustee
August 25, 2012

PUBLICATIONS COORDINATOR REPORT

Dear Representatives,

Back in March I did a workshop on Public Information at Assembly. Then at Convention we had a display table with many examples of WSO tools for PI work. I was able to man this booth with the help of some other OA friends. Carrying the message to the still suffering compulsive eater is a passion with me. The Board chose as the theme for this year "Abstinence is Golden", which I felt was a great match for the Convention's "Mining for Recovery".

The Board has directed me to make many changes to our website, such as changes to documents and updating contact information on IG's. By the time you read this the Assembly Packet and the Fall Newsletter will be online. Many thanks to John K. (our Webmaster) for his work and patience. I also wish to thank Joyce F. for her help formatting and proof reading the Packet, and dealing with the many tasks she performs as Administrative Assistant. I really enjoy working with them, the Board, and our Trustee Meg.

I am becoming more comfortable with workshops and have volunteered for two this Fall/Winter. I want to thank all our reps for giving me the chance to serve and to grow.

Sincerely,

Michael DelleDonne, Publications Coordinator

REGION 2 TREASURER'S REPORT

October 26-28, 2012 Assembly Packet

The Income Statement with Budget Comparison reflecting year-to-date figures through July 31, 2012 is reflected below. It also reflects the actual and budgeted amounts for 2011. The proposed budget will be presented at the assembly.

Wells Fargo Bank Balances (excluding the Convention accounts) as of July 31, 2012 were:

Checking Account:	\$ 5,038.58
Money Market Account:	12,758.44
CD's	-
TOTAT CASH ON HAND	\$ 17,797.02

1. Final figures for the 2012 Convention will be reported at the assembly.
2. Financial reports are preliminary, subject to review.
3. Following is a partial list of tasks performed by me since the last assembly:
 - a. Transferring funds from the money market account to the general checking account, as needed.
 - b. Oversight and payment of 2012 Conventon expenses.
 - c. Attending the 2012 Convention and performing the duties required as Treasurer
4. The board approved moving items in storage to a new and less costly facility, which is more convenient for the R2 Admin.Assistant.
5. All CDs have been closed due to the decrease in reserves, the extremely low interest rates, and the need for readily available funds.

I am looking forward to doing more with with the Young People's committee and I look forward to more RRs joining the committee.

Thank you for allowing me to be of service.

Jerry Jackson, R2 Treasurer
Prepared August 15, 2012

Acct.#	Account Description:	2011Actual @ 12/31/11	2011' Budget (as amended)	2012' YTD Amounts@ 8/31/12	2012' Adopted Budget
Revenues:					
400-00	Donations/Meetings-Indiv.	27,979	25,000	20,890	25,000
410-00	Donations/Other	104	-		
420-00	Convention Income	30,843	27,000		35,000
440-00	RR Registrations & Visitor Lunches	2,500	2,250	1,120	2,600
450-00	Interest Income	8	75	32	50
455-00	Other Income (Assy.Silent Auctions)	425	-		
460-00	Royalties Earned (Audio Sales)	497	450	395	400
470-00	Friday Nite 7th Tradition at Assemblies			119	100
480-00	Special 7th Tradition at Assemblies			60	100
	Total Income	62,356	54,775	22,616	63,250
Cost of Sales:					
520-00	Convention Expenses/Direct	17,133	16,000		18,000
530-00	Fundraiser Expenses (Conv Package Dona LAIGBDP)	105	-		105
	Total Cost of Sales	17,238	16,000	-	18,105
	Sub-Total/Gross Profit	45,118	38,775	22,616	45,145
Expenses:					
550-00	Board to Convention	3,444	3,750	2,798	3,500
560-00	Conv. Outreach Events (Conv.Pkg-Plus hotel exp)	331	500		400
570-00	Events Co-ord. to Conv.Mtg.	324	750	222	600
575-00	Events Co-ord. Negotiation Expense	-	500	27	300
580-00	Next Conv.Chair to Conv.	628	800	664	700
585-00	Next Conv.Chair to Assy.		300		300
595-00	R2 Trustee to Conv.(no transp)	258	400	359	350
600-00	Assembly Expenses:				
601-00	Assembly-Board to Assemblies	6,941	7,100	2,279	7,500
605-00	Assembly Packets/Print&Mail	1,359	1,400	535	1,500
610-00	Assembly Parliamentarian Exp.	2,033	2,000	952	2,000
615-00	Assembly Spec. Event Exp.	465	500	260	200
620-00	Assembly Mtg Room/Equip	3,546	4,000	494	3,000

REGION 2 TREASURER'S REPORT

October 26-28, 2012 Assembly Packet

Acct.#	Account Description:	2011 Actual @ 12/31/11	2011' Budget (as amended)	2012' YTD Amounts@ 8/31/12	2012' Adopted Budget
622-00	Assembly RR Lunch Exp (calc.@30/per RR)	3,464	2,700	1,344	3,000
625-00	Funding-Bd.Candidate to Assy	-	500		400
626-00	Funding-Committee Chairs to Assy.	169	1,000		700
628-00	Funding-IG Ass'y Scholarship Funds	30	1,500		1,200
629-00	Funding-IG Deleg. To WSBC (New 2011)	2,260	3,000	1,996	3,000
630-00	Funding-IG Rep to Assy (IFAP)	3,926	5,500	2,152	5,000
631-00	Funding-IG Rep to Assy/Addl.IFAP	266	2,750	84	2,500
632-00	Funding/Hawaii Rep to Assy	794	1,000		1,000
635-00	Funding-Mex.Rep.to Assy**	1,311	2,500		2,500
640-00	Funding-Mex.Rep.to WSBC	1,276	1,200	1,255	1,400
645-00	Funding-R2 Deleg.to WSBC (when eligible)	Not eligible	Not eligible		Not eligible
655-00	R2 Chair to Mexico**	1,328	1,328	1,316	1,500
660-00	R2 Chair to Region Chair Mtgs.	2,927	3,000	1,123	1,800
665-00	R2 Chair to WSBC	1,631	1,750	1,845	1,850
684-00	Comm.Exp.-Assembly Planning (New Mar 2010)		50		50
685-00	Comm.Exp.-Bylaws	-	50		50
686-00	Comm.Exp.-Diversity*	57	100		50
690-00	Comm.Exp.-IG Formation/Outreach	-	50		50
691-00	Comm.Exp.-Public Information	-	1,000		500
692-00	Comm.Exp.-Young People	-	500	87	100
694-00	Comm.Exp.-12th Step Within	-	50		50
700-00	General Board Meeting Expense	9,103	8,650	4,920	9,000
701-00	General Board Support Services*	6,122	6,800	2,953	6,800
704-00	Bad Debt	-	-		
705-00	Bank Service Charges	33	200	28	200
710-00	Board Outreach (S&T,W/shops)	1,058	2,500	257	1,500
712-00	Depreciation/179 Expense	262	328		TBD
715-00	Don. To Delegate Support Fund	250	TBD		TBD
716-00	Don. To WSO Genl. Fund	500	250		250
718-00	Don. To RCC Travel Support	500	TBD		TBD
719-00	Don. To Support Transl. of Lit.	250	TBD	Fund	Discontinued
721-00	Insurance - Liability (Incl.refund)	624	1,000	681	1,000
723-00	ISP/Email Exp.	-	200		200
725-00	Legal & Accounting Exp.	300	300	300	300
730-00	Miscellaneous Exp.	822	1,000	25	100
735-00	Newsletter Exp. (Print & Mail)	1,511	1,600	709	1,700
740-00	Office Exp/Supplies	136	400	135	400
742-00	Outgoing Board/Conv.Pkg			566	1,000
745-00	P.O.Box Exp. (Incl. Fwdg.Exp)	768	850	518	850
750-00	Printing/Bylaws, Pol & Proc.		75		100
755-00	Printing - Speaker/Leader List	-	75		0
760-00	Repairs & Maintenance	-	50		50
765-00	Returned Checks/Fees	-	50		50
770-00	Special Projects	788	1,500		1,000
771-00	Special Authorizaiton for Display Board	-	-		
775-00	Storage Expense	946	975	896	1,000
785-00	Website Exp.(incl.audio library & maint.)	1,770	3,200	1,195	3,200
	Total Expenses	64,511	81,531	32,975	75,750
	Net income (Shortage)	(19,393)	(42,756)	(10,359)	(30,605)

FROM THE COMMITTEES

Committee Chairs:

12th Step Within

Kia Martin, Chair
(909) 289-4704
Kiac201@yahoo.com
Board liaison: Cher Batemen

Intergroup Outreach

Sheri Shannon, Chair
(559) 303-4175
sas.justme@gmail.com
Board Liaison: Linda McLaughlin

Bylaws

Jack Zurbrugg, Chair
(562) 944-4566
edisor@oasouthbay.org
Board Liaison: Nancy Jensen

Public Information

Kathy Mastin, Chair
(714) 927-3326
Kathy_mastin@hotmail.com
Board Liaison: Michael DelleDonne

Diversity

Donnalee Bury, Chair
(951) 265-9390
dlbury100@gmail.com
Board Liaison, Meg Harlor

Young People

Gi Brodsky, Chair
(831) 688-3272
oaskyrose5@yahoo.com
Board Liaison: Jerry Jackson

12th Step Within Committee Report

Committee Goals:

- Develop ideas for reaching members struggling with relapse "in recovery".
- Speaker list of OA members who have recovery from relapse.

Current Projects Underway:

- Committee members to send all intergroup input to our chair by May
- Coordinate creating a speaker list for Recovery from Relapse members.
- Create R2 12th Step Within Committee ideas list for recovery from relapse (12 ideas).
- Write article for the R2 Newsletter.

Agenda for next assembly:

- Determine what actions to take with our speaker list for Recovery from Relapse

Bylaws Committee Report

Committee Goals:

Look into Standing Rules

Current projects underway.

- Work on motion referred to committee

Agenda for next assembly:

- Continue review of Bylaws and P&P manual

Diversity Committee Report

(Per information in assembly minutes)

Committee Goals:

- Work on postcard and letter project aimed at the mental health field.
- Work on diversity checklist

Current Projects Underway:

- Follow-up on Diversity checklist
- Research "Survey Monkey" online
- Create a Diversity Workshop Format

Agenda For The Next Assembly:

- Continue current projects
- Determine whether survey results suggest we take another direction.

Intergroup Outreach Committee Report

Committee Goals:

Help struggling Intergroups become aware of:

- Financial aid available to attend assemblies;
- Procedures for applying for funding. Committee will follow-up with applicants.

Facilitating mentoring by stronger intergroups.

Current Projects Underway:

- Contact under-represented intergroups, letting them know about financial aid available for R2 and WSO service.
- Explore further options for mentoring struggling intergroups.

Agenda for Next Assembly:

- Continue outreach to non-represented intergroups.
- Presentations on how to have a strong intergroup.
- Mentoring a struggling intergroup by a stronger intergroup.
- Service packets to help struggling intergroups - define intergroup purpose
- R2 Board member presentations

Public Information Committee Report

Committee Goals:

- Information to get individuals to meetings.
- Professionals: Inform them about "who we are"
- Health care: Mailing list, cover letter, health pamphlet
- Clergy: Mailing list, cover letter, clergy pamphlet

Current Projects Underway:

- Maintain contact with intergroup PI committees - request

Agenda For Next Assembly:

- Followup on intergroups - Have PI manual
- Send out PI manual , if needed, to intergroup
- Copyright for OA logo for R2 IGs
- Distribute "script" for Intergroup reps to take to meetings.

Young People's Committee Report

Committee Goals:

- Send out a copy of the Young People Lifeline with a letter (by 5/24/12, mailings to be completed by the end of July)
- Letter should encourage intergroup to have a young people focus meeting once a month.

Current Projects Underway:

- Social networking brainstorming (check on setting up free conference call and a twitter account)
- Speak to the OA Young People Community on how they heard of OA
- Committee members will each contact 5 young people

Agenda For Next Assembly:

- Work in progress.

Committee update: Project to mail Lifelines accomplished.

NEW BUSINESS MOTIONS

MOTION #1:

Move to amend the R2 Policy and Procedures Manual, Section VIII, by adding the following funding assistance program after item F. Subsequent items to be renumbered as necessary:

Funding Assistance for Hawaii and Mexico Intergroups:

Due to prohibitive travel costs, RRs from the intergroups of Hawaii and Mexico will be accorded special funding assistance to attend the fall assembly. Mexico Intergroups may also be accorded funding assistance to attend the World Service Business Conference. Funding shall be provided under the following conditions:

1. The maximum funding available for this purpose shall be determined in the annual budget for the following year, predicated on the region's ability to provide such funding.
2. The implementation and final allocation of funds shall be determined by the R2 Board.
3. No additional funding shall be available from IFAP or other funding assistance programs, except as indicated within this policy.
4. Providing funding is available, budget amounts shall be distributed as follows:
 - a. Hawaii: Intergroups shall alternate in being offered funding assistance to attend the fall assembly. If they are unable to accept the assistance, funding will be offered to the next eligible intergroup.
 - b. Mexico:
 - i. A maximum of two (2) intergroups will be offered funding assistance to attend the fall assembly each year.
 - ii. Funding assistance to the World Service Business Conference shall be available as follows:
 1. Intergroupal Mexico shall receive funding for one (1) delegate each year, when provided for in the budget.
 2. Veracruz Intergroup shall receive funding for one (1) delegate every other year, when provided for in the budget.
 3. Participants are expected to fulfill the requirements specified in item 4 of the WSBC Delegate Funding Assistance policy.
 4. The R2 Board shall be permitted to pay expenses in case of extenuating circumstances, as specified in Item 6 of the WSBC Delegate Funding Assistance policy.
5. All participants receiving funding assistance are required to attend all business meetings and are expected to room-share when available.

Submitted by the Bylaws Committee and the R2 Board

Intent: To establish a written policy regarding the funding of Hawaii and Mexico intergroups, and provide direction to the board on its implementation.

Rationale: For many years, the budget has included provisions for funding representation of Hawaii and Mexico intergroups, without a formal policy. Due to the addition of a 2nd intergroup in Mexico, the Board wishes to have a written policy to follow, which will also guide future boards on the intent of the practice. Further, a written policy will provide these intergroups information about available funding opportunities.

MOTION #2:

Move to amend the R2 Policy and Procedure Manual, Section VIII, item F, #1 to read:

1. The Intergroup Outreach Committee will, with the assistance of the R2 Board Liaison:
 - i. Determine initial Intergroup eligibility for funds, based on information provided by the R2 Board.
 - ii. Coordinate participation, including:
 - a. Contacting intergroups eligible to participate ~~that have not attended recent assemblies.~~
 - b. Distribute application forms, when requested.
 - c. ~~Forward~~ Reminding intergroups they must submit completed application forms to the R2 board a minimum of 45 days prior to the assembly, for final determination. If funds are available, the deadline will be extended.

Submitted by the R2 Bylaws Committee and the R2 Board.

Intent: To bring the policy into conformance with current practice and establish a written deadline for the submission of applications, which will allow the board sufficient time to review and make final determination of funding.

Rationale: By inserting the application deadline into the policy statement, adequate notification is thereby given to intergroups that there is a deadline for applying for this assistance.

MOTION #3:

Move to amend R2 Policy and Procedure Manual, Section VIII as follows:

To group financial funding items D through F under a new item D, titled "Funding Assistance Programs". Current and future funding assistance programs to be included and numbered under the new item D. Items following the new "D" to be renumbered as necessary.

Submitted by: The R2 Board

Intent: To group all funding assistance programs for intergroups in one category, for ease in determining funding assistance options available.

Rationale: Having intergroup funding assistance programs grouped together will emphasize the multiple opportunities intergroups may be eligible to request.

MOTION #4:

Move to amend the R2 Policy & Procedure Manual, Section VIII, Item B, #13, by deleting budget line item 719.00 - Donation to Fund to Support Translation of OA Literature, effective 12/31/12.

Submitted by the R2 Board

Intent: To eliminate a budget line item for support of a funding program that was eliminated, effective 12/31/12, at the 2012 World Service Business Conference.

Rationale: The 2012 World Service Business Conference voted to eliminate the special funding for translation of OA literature after the OA Board of Trustees included a budget line item for that purpose.

MOTION #5:

Move to amend the R2 Policy & Procedure Manual, Section VIII, Item E, #2 and #3, as to read:

2. WSBC Funds shall be available to assist ~~up to three (3)~~ intergroups ~~per year~~ with Financial hardships. Assistance each year will be based on the availability of funds, after considering the region's policy for maintaining a prudent reserve, as specified in this policy manual. Preference is given to those intergroups that have participated in the last two (2) R2 assemblies and have not sent a delegate to WSBC the prior year.

3. Funding shall be as follows: A maximum of \$1,000 per intergroup to be used for food, travel, registration, hotel, etc. Funding for this policy shall not exceed \$3,000.00 per year.

Submitted by the R2 Board

Intent: To provide the condition that funding will be available for this policy to the greatest number possible, and to the financial extent possible, while maintaining the region's prudent reserve.

Rationale: The wording of the policy does not provide direction that funding may be less than \$3,000.00, but provides an unstated maximum of \$3,000 (up to 3 intergroups, with a maximum of \$1,000 per intergroup). This amendment will allow the Board greater latitude in distributing available funds and provide necessary directions, while keeping within the financial limits of the original policy.

Thought for the day, from For Today, page 151

The date may be the same, even the place and some of the people. But I have changed. I am not the person I was before I came to OA. Today I have a way to live and a program to follow that keeps me abstinent and sane, as long as I am willing to follow it.

Whether it's a picnic or company for dinner, today I do not let myself feel rushed. I move slowly, with deliberation and a sense of purpose. A special day is a day to enjoy the people around me, the beauty of nature. I once found momentary pleasure in excess food, but the pleasure of abstinence will last far beyond this day and all its happenings.

For today: The celebrations of this day will be over at midnight, and tomorrow I will wake up glad to be alive and abstinent. (Editor: Truly, Abstinence is Golden)

The Twelve Traditions¹

1. Our common welfare should come first; personal recovery depends upon OA unity.
2. For our group purpose there is but one ultimate authority -- a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for OA membership is a desire to stop eating compulsively.
4. Each group should be autonomous except in matters affecting other groups or OA as a whole.
5. Each group has but one primary purpose -- to carry its message to the compulsive overeater who still suffers.
6. An OA group ought never endorse, finance, or lend the OA name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
7. Every OA group ought to be fully self-supporting, declining outside contributions.
8. Overeaters Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. OA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Overeaters Anonymous has no opinion on outside issues, hence the OA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion, we need always maintain personal anonymity at the level of press, radio, films, television, and other public media of communication.
12. Anonymity is the spiritual foundation of all these traditions, ever reminding us to place principles before personalities.

¹ Permission to use the Twelve Traditions of Alcoholics Anonymous for adaptation granted by AA World Services, Inc.



REGION 2 CONVENTION

June 28-30

Hilton Palm Springs

Plan a vacation—come early or stay late to shop and sightsee!

- \$89 Room Rate
- \$35 Registration until April 15
- Thursday Night Pre-Convention Activities
- Friday Night Grand Opening with Music & Comedy
- Saturday Night OA Play
- Bargain Boutique
- Silent Auction
- Meeting Marathon
- Panels & Workshops including: Big Book Boot Camp, Body Image & the Steps, Forgiveness Workshop, Letting Go of Perfectionism, 100-Pounders: Letting Go of the Weight
- Special Focus: OA-How, Young People, Atheists & Agnostics, Anorexics & Bulimics, Gay & Lesbian, and more

Register at www.oar2.org