



Region 2 Spring Assembly ***“Let Go and Recover”***

October 25-27, 2013
Irvine, CA 92612

***“We are all together now, reaching out our hands for power and strength greater than ours, and as we join hands, we find love and understanding beyond our wildest dreams” --
The OA Promise (Rozanne’s Prayer)***

Region 2
4733 Torrance Blvd, PMB #335
Torrance, CA 90503
www.oar2.org

R2 Mission Statement:

To support Individuals in need of recovery from compulsive eating (e.g.: overeating, bulimia, anorexia) through empowering all groups within the region.

“READ YOUR ASSEMBLY PACKET & WIN!”
The phrase “Let Go and Recover” is “printed” 3 times in this Assembly Packet (not on this page). Find it in all 3 places, write down the pages and drop them into the Contest Jar at Registration to be eligible for a prize drawing at Assembly!

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FALL ASSEMBLY INFORMATION

Location: Hilton Irvine/OC Airport Hotel (949/833-9999)
18800 MacArthur Blvd., Irvine, CA 92612

Room Rate: Single/Double \$99.00 per night;
Reserve early. (Special rate group code is "OAR2" online, or
by phone 800/445-8667). Rate includes airport shuttle
Parking: \$10/per car for overnight & local attendees

Reservation Deadline: Oct. 11, 2013 (Limited quantity)

First-time Intergroup Reps: The "New Representative
Orientation" is at 8:00am on Saturday morning. (Required -
Critical for new reps. Please be prompt.)

Highlights:

Friday: Early Registration from 6-7pm;

Friday Grand Opening: Entertainment & Speaker 7:00pm

Saturday: Business meetings 9:00am—5:30pm

Saturday: Noon Lunch with Guest Speaker

Saturday: Workshop 4:30pm

Saturday: Evening Speaker Meeting - 7:30-9:00 pm



ASSEMBLY AGENDA

"Let Go and Recover"

Friday, October 25, 2013

6:00 – 7:00 PM EARLY REGISTRATION

7:00 – 8:30 PM GRAND OPENING OF THE REGION 2 FALL ASSEMBLY
WELCOME FROM THE R2 BOARD
ENTERTAINMENT
SPEAKER

Saturday, October 26, 2013

7:30 AM OA MEETING (optional)

8:00 AM NEW REPRESENTATIVE ORIENTATION (essential)

8:30 AM REGISTRATION (cont'd)

9:00 AM CALL TO ORDER
INTRODUCE GREEN DOTS / MENTORS
ACKNOWLEDGE RETIRING REPS
READINGS: 12 CONCEPTS, ASSEMBLY RULES
ROLL CALL: Your IG cannot be counted if you are not present,
Please do not be late!
ADOPTION OF PREVIOUS MINUTES
ASK-IT-BASKET CIRCULATED

9:30 AM ICEBREAKER

9:45 AM BOARD REPORTS / SPECIAL REPORTS
10:00 AM PRESENTATION – INTRODUCTION TO R2 COMMITTEE WORK

10:15 AM BREAK

10:30 AM REGION / INTERGROUP CONCERNS
11:00 AM ASK IT BASKET
11:15 AM UNFINISHED BUSINESS & NEW BUSINESS
11:45 AM CONVENTION 2014 PRESENTATION

12:00 PM LUNCH WITH GUEST SPEAKER

1:30 PM REGION / INTERGROUP CONCERNS
2:00 PM COMMITTEE MEETINGS

3:15 PM BREAK

3:30 PM NEW BUSINESS (CONTINUED)
ASK-IT-BASKET

4:00 PM INTERACTIVE WORKSHOP

5:30 PM ADJOURN & DINNER ON YOUR OWN

7:30 – 9:00 PM OA SPEAKER MEETING

Sunday, October 27, 2013

| | |
|----------|---|
| 8:00 AM | OA MEETING (optional) |
| 9:00 AM | CALL TO ORDER READINGS: 12 CONCEPTS, ASSEMBLY RULES ROLL CALL ASK-IT-BASKET CIRCULATED |
| 9:15 AM | COMMITTEE MEETINGS (continued) |
| 10:00 AM | ELECTIONS: Publications Coordinator: 1 year (to complete term) Vice Chair: 2 year term Secretary: 2 year term Events Coordinator: 2 year term |
| 10:30 AM | BREAK |
| 10:45 AM | NEW BUSINESS (continued) |
| 11:20 AM | COMMITTEE REPORTS |
| 11:30 AM | INTERGROUP CONCERNS ASK-IT-BASKET |
| 12 NOON | ADJOURN |

NOTE: There will be a brief Board meeting with newly elected officers immediately following the Assembly.

Please review business meeting times carefully and make your travel arrangements accordingly so that you are present for all business meetings.

The Friday Assembly Grand Opening is from 7 to 8:30 PM

The local intergroup will provide entertainment and a speaker. In addition to the reps, everyone and anyone are welcome.

Since the prizes were such a big hit at the last assembly, we'll have them again for you!

See you Friday, September 25th !

Other Important Information:

Temperature in the meeting rooms varies from Too Hot to Too Cold. We suggest wearing layered clothing.

REGION 2 BOARD OF DIRECTORS

CHAIR

Nancy Jensen
949-644-6997 (h)
chair@oar2.org

EVENTS COORDINATOR

Cher Bateman
775-772-0220 (c)
775-749-5680 (h)
events@oar2.org

VICE CHAIR

Alice Carroll
949-939-1331 (c)
vicechair@oar2.org

TREASURER

Jerry Jackson
408-373-4982 (c)
treasurer@oar2.org

SECRETARY

Linda McLaughlin
209-241-7128 (c)
secretary@oar2.org

PUBLICATIONS COORDINATOR

Rick Zilkie
916-870-1441
publications@oar2.org

REGION 2 TRUSTEE

Meg Harlor
760-328-2763 (h) Winter/Spring
831-427-0821 (h) Summer/Fall
831-585-7945 (c)
trustee@oar2.org

R2 Board Support Service Providers

Joyce Fanning, Admin. Asst.
admin@oar2.org

John Kiernan, Webmaster
webmaster@oar2.org

OCTOBER 2013 ASSEMBLY ROSTER/ROLL CALL

| INTERGROUP | WSO IG# | NO. OF GROUPS @ 8-8-13 | Allowable # of RRs | SPRING 2013 RR count | FALL 2013 IG COUNT DAY 1 | FALL 2013 RR COUNT DAY 1 | FALL 2013 RR ROUNT DAY 2 |
|---|-------------|------------------------|--------------------|----------------------|--------------------------|--------------------------|--------------------------|
| Aloha Hawaiian | 9111 | 13 | 2 | 1 | | | |
| Baja | 9902 | 7 | 1 | 0 | | | |
| CA Central Coast | 9222 | 13 | 2 | 2 | | | |
| Channel Islands | 9068 | 17 | 2 | 1 | | | |
| Ebony OA Bay Area | 9609 | 4 | 1 | 0 | | | |
| Foothill | 9003 | 23 | 3 | 3 | | | |
| How-OA No. CA | 9331 | 18 | 2 | 2 | | | |
| Inland Empire | 9492 | 27 | 3 | 1 | | | |
| Intergroupal Mexico | 9329 | 307 | 31 | 0 | | | |
| Kern County | 9326 | 6 | 1 | 0 | | | |
| Lake Mendocino | 9301 | 4 | 1 | 0 | | | |
| Los Angeles | 9004 | 61 | 7 | 2 | | | |
| Marin County | 9083 | 9 | 1 | 1 | | | |
| Maui Friends | 9585 | 3 | 1 | 0 | | | |
| Mid-Peninsula | 9294 | 27 | 3 | 2 | | | |
| Monterey County | 9356 | 5 | 1 | 0 | | | |
| No. Nevada Sierra | 9325 | 11 | 2 | 0 | | | |
| North Rivers | 9400 | 7 | 1 | 0 | | | |
| Northcoast | 9434 | 6 | 1 | 0 | | | |
| Orange County | 9005 | 59 | 6 | 2 | | | |
| Sacramento Valley | 9012 | 39 | 4 | 3 | | | |
| San Diego County | 9007 | 56 | 6 | 3 | | | |
| San Fernando Valley | 9008 | 55 | 6 | 1 | | | |
| San Francisco | 9071 | 33 | 4 | 2 | | | |
| San Gabriel Valley | 9009 | 22 | 3 | 1 | | | |
| San Joaquin | 9013 | 12 | 2 | 2 | | | |
| Santa Cruz County | 9267 | 13 | 2 | 1 | | | |
| Silicon Valley | 9020 | 34 | 4 | 1 | | | |
| So.Alameda Co.(SACO) | 9051 | 3 | 1 | 0 | | | |
| Sonoma County | 9245 | 27 | 3 | 1 | | | |
| South Bay | 9010 | 29 | 3 | 2 | | | |
| Unity - East Bay | 9100 | 43 | 5 | 4 | | | |
| Unity W/Diversity Desert | 9494 | 11 | 2 | 2 | | | |
| Valley Sierra OA/HOW | 9599 | 9 | 1 | 1 | | | |
| Veracruz | 9501 | 22 | 3 | 0 | | | |
| Unaffiliated Groups | | 69 | | 0 | | | |
| | | TOTALS: | 121 | 41 | 0 | 0 | 0 |
| Total No. of Intergroups | 35 | | | | | | |
| Total IG.s Represented | 0 | | | | | | |
| Quorum (30% of IG.s) | 0.00 | | | RR Votes | | 0 | 0 |
| Board: _____ Chair _____ Vice Chair _____ Treasurer | | | | Bd. Votes | | | |
| _____ Secretary _____ Events Coordinator _____ Publications | | | | | | | |
| | | | | Total Votes | | 0 | 0 |
| Non-Voting Attendees: | | | | | | | |
| _____ R2 Trustee _____ Alternates _____ Visitors | | | | | | | |



REGION 2 SPRING ASSEMBLY MINUTES **SATURDAY, APRIL 13, 2013**

Call to Order: 8:35 a.m. by Chair Nancy J.

Two minute meditation; Serenity Prayer

Introduction of Green Dots, mentors, retiring Reps (Karin K., Unity IG, Oakland)

Introduction of Board members and parliamentarian

Reading: Twelve Traditions and Twelve Concepts of Service by Meg H. and Michael D.;
Assembly rules read by Parliamentarian, Kim Goldsworthy

Roll Call/Quorum Established, 60%: 40 RRs; 22 IGs; 6 voting board members, total of 46 voting members; Region 2 Trustee and 2 visitors

Adoption of previous minutes: Fall 2012 Assembly, October 27.

Ask-it Basket circulated

Board Reports

Chair Report: Please send your ideas for the 30/60/90 Plan - Getting newcomers and those less active in the fellowship involved in service. Suggest what they can do in service during the first 30 days, the first 60 days, and the first 90 days. Also, when returning to your Intergroups, please ask each Intergroup Rep to contact at least one unaffiliated group in their service area and determine a contact for that meeting.

Treasurer Report: Questions on Budget; the shortfall reflects the items we budget for, but not used always. For example the board meetings are in the budget, but will not all be used, as the board will substitute teleconferences for June and September meetings. The shortfall is what we would like to spend.

Trustee Report: WSO Convention registration forms and bookmarks were given out. There are usually 200 speakers, and 1500 compulsive eaters. WSBC theme for 2013: Year of Abstinence Awareness: Literature in the packet. The position for Region 2 Trustee for World Service is open.

Q&A:

Q. How are sales for Spanish literature?

A. Spanish Literature sales are not great but are improving. WSO has many pamphlets and books in Spanish for sale in the bookstore on oa.org. IG Mexico has a large inventory of books and pamphlets they translated and printed and sell. To get literature from IG Mexico in the US is difficult unless the RRs from Mexico can bring your order to assembly.

Q. Can we get a list of present reps and email contact information?

A. Yes, it is in the packet

Q. ST&C Workshops: Do we ask the board for one?

A. Yes. Send requests to Vice Chair, Alice C. at vicechair@oar2.org

Q. Are all three topics combined at the STC Workshops or do the requesting Intergroups specify the topic?

A. All STC Workshops will talk about Service, Traditions and Concepts combined per the guidelines in *Overeaters Anonymous STC Workshop Manual*; the focus will be what your Intergroup needs are, including but not limited to sponsorship, abstinence, increased participation at meetings, strong meetings, etc. The goal is to produce effective service volunteers at all levels and emphasize how our Traditions and Concepts unify and strengthen the Fellowship.

Q. Is food allowed at an OA event?

A. Yes, but it should be abstinent food. Everyone is on a different food plan; it is up to the IG.

Q. How can you encourage OA members to focus on abstinence and get sponsors rather than stay in disease? I have seen some members share repeatedly about their binges, purging, etc and staying in that negativity rather than trying to focus on recovery. How do we encourage recovery?

A. Come to the workshop this afternoon; this will be on abstinence. Go to all meetings in your area, talk to the newcomers, find out something about them personally, what their situation is like. Develop a rapport with them, after seeing them at a few meetings, I ask if they would like my email address. This is a "We" program; talk to them one on one. How to move out of the disease and what they can do about it. Newcomer call-in line answering service screens calls, then designate someone to be the outreach person to return phone calls.

Q. Must we change the bylaws to include virtual board meetings?

According to the Parliamentarian, yes, because we have to redefine the word "quorum" and "meeting"; this organization is incorporated so we may have ways to accomplish it. Ask the state of California what is required.

Q. How do we get on a committee?

A. When you register as an RR, the form has a place where you can put your committee preferences. Some committees are more popular than others, so be sure indicate your choices. Please keep in mind if you do not get placed in your preferred committee, there is a greater need in another. If you are a green dot, you can switch committees. We hope to keep all committees strong and active to carry the message throughout Region 2 that there is recovery working the 12 Steps of OA.

Ice-Breaker

Intergroup Concerns

Q. Where can we get meeting formats for IG Meetings? Ours has a structure, but not very clear.

A. The handbook can help with IG Format. Anything you want to know about a meeting, or IG or Region. Our IG meetings start at 8 and end at 9:30 am. We keep it on time. Rick from Sacramento has a simple format, he will email it if you would like it. Parliamentarian at their IG Meeting is helping a lot. Bring sponsees to your IG meetings.

New Business:

Motion #1:

Move to amend Bylaws, Article III – Purpose, Item E and add item G as follows:

E. Conducting an annual R2 Convention for the purpose of promoting unity and communication within the Region.

F. {remains as written}

G. Facilitating semi-annual R2 Assemblies as the representative body of all unaffiliated groups, affiliated groups and Intergroups within the Region.

Motion adopted.

Motion #2:

Move to amend Bylaws, Article XVIII – Amendments to bylaws, Item B as follows:

B. The Twelve Steps, Twelve Traditions and The Twelve Concepts of OA Service listed under Article III, A, shall conform to the Bylaws of Overeaters Anonymous, Inc. Subpart B. Articles I, ~~and~~ II, and III. Amendments to the Twelve Steps, Twelve Traditions and Twelve Concepts of OA Service may only be made by Overeaters Anonymous, Inc. as provided for in their Bylaws Subpart B. Article XIV – Amendments.

Motion was referred to committee

Motion #3:

Move to amend R2 Policy and Procedure Manual, Section V – R2 Representatives, Duties and Responsibilities, Item #4, as follows:

Provide any R2 board member with written information about upcoming events for inclusion in the R2 Master Calendar or by utilizing the “add an event” feature on the R2 website, which is preferable.

Motion adopted, as amended.

Motion #4:

Move to amend R2 Policy & Procedure manual, Section I, Welcome to Region 2, paragraph 2, to read as follows:

Each Intergroup is entitled to one Regional Representative (RR) for every ten (10) groups (or portion of) affiliated with its Intergroup. Each Unaffiliated Group is entitled to one RR. Travel expenses, meals and other accommodations for Region 2 Assemblies are the responsibility of the group or Intergroup represented. Each group or Intergroup selects its RR in any manner it chooses as long as it stays within the framework of the Twelve Steps, and the Twelve Traditions, and Twelve Concepts of OA Service.

Motion Adopted.

Motion #5

Move to amend R2 Policy & Procedure manual, Section II, Purpose, second item to read as follows:

Promoting and supporting unity by providing outreach to isolated areas and hosting Service, and Traditions, and Concepts workshops;

Motion adopted.

Motion #6:

Move to amend R2 Policy & Procedure manual, Section V, R2 Representatives, Duties and Responsibilities, Item 10 to read as follows:

Know and understand the Twelve Traditions and Twelve Concepts of OA Service. Help them to be implemented in your Intergroup area. Group problems with the Traditions and Concepts should be brought to the attention of the parties involved or to the Region 2 Trustee/Board if additional help is needed.

Motion adopted.

Motion #7:

Move to amend R2 Policy & Procedure manual, Section VIII, R2 Assembly Workshop Guidelines Item M, to read as follows:

Purpose:

1. To educate R2 representatives on service, traditions, concepts of OA service, parliamentary procedure, and other elements of working together in Region 2 of Overeaters Anonymous.
2. To encourage informed discussion and sharing of ideas and experience.

Motion adopted.

Motion #8:

Move to amend R2 Policy & Procedure manual, Section VIII, Operating Policies and Procedures, Item A, No. 6 to read as follows:

Registration of RRs to attend Assemblies:

- a) RRs will pre-register to attend R2 Assemblies a minimum of 30 days prior to an assembly. Registrations “on-site” will be subject to space availability.
- b) A transferable registration fee of ~~\$25.00/per RR (\$10.00 non-refundable)~~ will be charged, which includes a Speaker/buffet lunch on Saturday of the Assembly.
- c) Registration forms to be provided by the R2 Publications Coordinator, on request, and will be included in the assembly packet.

Motion adopted.

Motion #9:

Move to amend R2 Policy & Procedure Manual, Section VIII, Item B, No 10, as follows :

All expense reports must be submitted to the R2 Treasurer within 45 days ~~six months~~ of incurring the expenses in order to be reimbursed. ~~(See Appendix)~~ Submission later than 45 days will require approval by the R2 Treasurer.

Motion adopted as amended.

2013 Convention Announcement

Lunch with Speaker (Let go and Recover)

Business Session resumed:

MOTION #10

Move to amend R2 Policy & Procedure Manual, Section VIII, Item D, Funding Assistance Programs, #1 - Intergroup Funding Assistance Program (IFAP), item g) i: as follows:

D, 1, g): Available funds will be distributed:

- i. Among all Intergroups who apply, subject to conditions of ~~item 2~~ set forth in this policy.

Motion adopted.

MOTION #11

Move to amend R2 Policy & Procedure Manual, Section VIII, Item D, Funding Assistance Programs, #3 – Funding Assistance for Hawaii and Mexico Intergroups, item d) i, b, iii: as follows:

D, 3, d), i, b: Funding assistance shall be available as follows:

- iii. Participants are expected to fulfill the requirements specified in ~~item e)~~ ~~of the WSBC Delegate Funding Assistance Policy.~~

Motion adopted

MOTION #12

Move to amend R2 Policy & Procedure Manual, Section VIII, Item D, Funding Assistance Programs, #4 – Intergroup Assembly Scholarship Fund, item c) i as follows:

D, 4, c): Funding shall be as follows:

- i. Individuals will be given a stipend for transportation and meal allowances upon arrival closing of the Assembly.

Motion adopted as amended.

Ask-it Basket Q&A

Q. What exactly is an unaffiliated group? Please name a few as examples. If they're unaffiliated, how do you know they exist; are they listed on oa.org?

A. An unaffiliated group is an OA Group registered with World Service but not listed by World Service as part of an Intergroup (P&P 17). Like all other meetings, they can be found on the website under "Find a Meeting; face to face." For example, if you clicked on "Open Details" in blue letters for any meeting, it gives all information that was given by the group; if it does not give Intergroup information, World Service does not have it listed as part of an Intergroup. Unaffiliated meetings are not tagged with the name "unaffiliated," It is necessary to check the details to see if it belongs to an Intergroup. The Region 2 Trustee gets a quarterly report from WSO of unaffiliated meetings. If you want to know which groups are unaffiliated, email trustee@oa.org

Q. Unity with Diversity Desert IG is allowed two reps, but the count is four. Are some people attending as visitors?

A. Yes

Q. Can RRs serve two terms (4 years?)

A. The following answer was found in the Bylaws for Region 2 of OA, Inc.: "The selection of the RR's to the R2 Assemblies shall be determined by the Intergroup and Unaffiliated Groups whom they represent and shall serve for a period determined by their respective groups (Region 2 Bylaws 13)." Region 2 has no requirements; it is up to the Intergroup (or Unaffiliated group).

Q. What are the qualifications to be on the R2 Board?

A. This paraphrased answer is found in Region 2 Bylaws of OA, Inc., Article IX, Item G as follows: Be a member of OA for at least 3 years, regularly attend OA meetings within R2; current abstinence from compulsive overeating of at least two years, each person being the sole judge of their abstinence, and have taken Steps 4 and 5; declare themselves as practicing the Twelve Steps to the best of their ability and committed to the Twelve Traditions of OA; have at least 2 years of service above the meeting level; be serving or have served at R2 Assemblies, as an RR, as a member of the R2 Board or as a member of World Service BOT; for appointments only, and with due consideration, the R2 Board may appoint an individual who has attended 1 assembly if someone that has attended 2 or more assemblies who qualify cannot be found.

Committee reports: reports were given by each committee and can be found elsewhere in this publication.

Committees Chairs:

Twelfth Step Within; Kia M.

Bylaws; Margie D.

Diversity; Michelle W.

Intergroup Outreach; Camille G.

Public Information; Susan C.

Young People's; Val T.

Workshop: Letting Go.

Report backs from the following table topics can be found on oar2.org: What have each of you let go of in your personal, professional, family, and spiritual life, and in familiar habits, to be open to recovery?

Closing Ceremony: Green Dots graduate. Retiring RR receives certificate.

Assembly Adjourned at 5:00 p.m. with prayer, The OA Promise.

Submitted by: Linda M., R2 Secretary

FROM THE BOARD

CHAIR REPORT

Since our R2 Spring Assembly, I have been privileged to participate in the following:

Represented R2 at the WSBC (along with 204 other attendees), and got acquainted with my Region Chairs Committee (RCC) compatriots, with whom I spent 21 hours in meetings, in addition to the conference business sessions, over the course of the 6-day WSBC. This was a new thing for me. When I was on BOT service in the late 1980s, OA only had 8 regions (R9 came on board in 1988/89), and the region trustees did all the work that the RCCs are now accomplishing –WHEW!! I'm delighted to serve on this committee, which now serves 10 regions, and joyful to see that I have been and still am a part of OA 'coming of age'. I can't begin to tell you how impressed with, and proud I am to serve Region2.

We discussed a large variety of OA service topics, were responsible for the presentation/participation in the WSBC Forum, which occurs on Wed a.m. and is usually geared to some form of the annual theme, which this year is "The Year of Abstinence Awareness". Our forum theme was: "How to Do an Inventory", kicked off by song & dance with lyrics to the tune of 'Sesame Street, followed by 20 tables filled with coe's discussing and writing different aspects of abstinence, and 2-minute table report-backs.

The past year, the RCCs developed an online survey about all of OA, of which over 2200 members participated (I sure hope you were one of them). The results of the survey were then compiled and presented to the conference, at the Forum this year. This survey is absolutely AMAZING! The results are at the OA web site, and I encourage you to go to oa.org and see the extremely comprehensive survey results, including pie-charts (the only kind of pie I look at...). With the magnificence of this survey, the (RCCs) "set the bar" for the BOT/RCC combined study of the Strategic Operating Plan (SOP), and simplified goal setting for 2014. The BOT love it! You will be hearing more of the survey and SOP as we progress into the next year.

Because you all will hear delegate report-backs regarding the business sessions, I shall not report on them at this report; the only exception being, that I want to congratulate Meg, and welcome her back as R2 Trustee for her second term.

Sadly, I report to you that in May, we lost Scott, the R2 Bylaws Committee Chair. Scot was a dedicated trusted servant, and a wonderful friend. We shall miss him very much. Margie, the committee's secretary has agreed to step in to Scott's very 'big shoes', of which we are extremely grateful, and pledge our love and support.

Following the resignation of our former Publications Coordinator (PC), the R2B appointed and welcomed Rick Z to PC until the assembly elections.

HOORAY! In June, 504 OAers flocked to Palm Springs for the largest attended *SoCal* convention ever. Many Congrats and Kudos to the R2 Committee for their long hours of attention, prayer & hard work; it was excellence come alive!

In July, I had the privilege to attend the Mexico Congress with our R2 Trustee, Meg and 124 others who came from all parts of Mexico. Meg & I led 2 general session workshops, 1st on the OA logo, and the 2nd on how the Action Plan fits into our individual programs, and a writing workshop on the same. The results were awesome, and again, reinforced the fact that wherever I go, I am among family – we all have the same last name: "compulsive eater." What a great experience this was for me to personally welcome our newest IG, Baja, who will be hosting 2014 Congress in 'our back yard,' Ensenada. Hope you all will consider attending.

There is a variety of new or revised literature available this year, and I'm sure Meg will update you on that, as well as what's available online, but I do want to tell you about the new book: "Abstinence II", that is now available online or thru WSO. I read it on my return flight home, and it's wonderful. It is a collection of short stories, submitted by coe's just like us that are inspirational and all point to one conclusion in *any situation*: "Abstinence is the most important thing in my life, without exception!"

In Loving Service,

&:0) Nancy

VICE CHAIR REPORT

Since our last Assembly in April, I have been very busy. Greeting new Region Representatives was one of the highlights of this Spring Assembly. The enthusiasm of the new people at the Assembly was contagious. The whole Assembly really got to know each other at the Ice Breaker.

The plans for the Convention really came together. I spoke with some of the members of the Diversity Committee. They are still hoping to get more requests for the special Postcards that were mailed to them on reaching the Doctors and Medical profession dealing with mental illness. We have a long way to go. Thank you Michelle for following up on that. Some Intergroups even want to print there own postcards. I attended the Convention and was very happy meeting so many people. Surprisingly the weather didn't deter very many OA Members. So many newcomers were present

San Gabriel Intergroup planned their STC workshop. Nancy and I went and put on the Workshop with focus on the Traditions and concepts. We also brought in our stories of Service. It was well received. The hospitality and friendship really made the day go really fast. Thank you San Gabriel Valley Intergroup.

I attended the Orange County Intergroup in July and we are planning a STC Workshop for March there. I also volunteered at the Orange County Fair at the O A Booth. It was situated in front of a 300 ton Sand Sculpture. Over 1900 people stopped and spoke with us at the booth throughout the Fair. One School Principle asked to have a panel come to his school. We really are carrying the message.

If your Intergroup needs a copy of the Speaker's List please contact me.

In Service, Alice M. Carroll/Vice Chair

SECRETARY REPORT

Service can make me feel good, and it can make me feel bad. I feel good when I am doing it; I feel bad when I am not. I prefer doing service, as this boosts my recovery. When service is waiting to be done, but it is set aside for the many other "important" things in life, it is like a hole in the spiritual reservoir. When I "just do it!" it increases my energy, frees my mind and brings contentment. I am very grateful to be doing this service today.

Since the Spring 2013 Assembly, the board had two meetings via telephone conference call and one face to face meeting at the 2013 Convention. At every break during the conference calls, I was pleasantly surprised to find myself at home. Having teleconference board meetings has been a welcome change in my life.

I attended WSBC 2013 in Albuquerque, New Mexico. This was a different experience for me as I was asked to be on the Bylaws Committee/Reference Subcommittee. My newly gained knowledge of Bylaws and working with others in that capacity has opened up new vistas. I continue to work with Sherri F. from NNSI and the other committee members to create a new pamphlet series about doing service beyond the Intergroup level, which hopefully will be part of the CAL for sale in the next few years.

In late spring, I went to NNSI in the high Sierras, which is the Intergroup Cher, the R2 Events coordinator belongs to, and attended a wonderful Day in OA, as well as their Intergroup meeting. I will be assisting Region 2 in doing a workshop for NNSI in early fall. I am looking forward to helping Cher with the Convention Committee's STC Workshop in Burlingame in September.

The Palm Springs 2013 Convention was fabulous! Meeting with the committee afterwards was a testimony of how this is a "We" program. It is truly inspiring to see what can be accomplished, and the many lives that were touched for good. I shared a room with three friends (two of them sponsees); we have a closer bond because of the time we spent together. It was great to make new friends and reunite with old ones. As I embrace the fellowship in OA, I come out of isolation into a new world, a world filled with miracles. It wasn't until I served on the board that I realized how important the fellowship is. Of all that I may gain from doing this service, it is the acceptance of others as they are, and of myself as I am, that I value the most.

Gratefully your servant,
Linda M.

EVENTS COORDINATOR REPORT

It is with a heavy heart that I rotate out of my service position on the board as Region 2 Events Coordinator. This has been such an amazing growth experience for me. I have learned so much these past 2 years. What has been the most enjoyable aspect for me was negotiating with hotels to set up assemblies and conventions. Working with hotel sales staff is a delight. I especially love arranging abstinent meals for these events. I've learned how to do something I'd previously never done and found that I not only loved it but was also surprisingly pretty good at. I've also immensely enjoyed being on the Region 2 board. Everyone has been so supportive and overlooked the mistakes I've made along the way. I love everyone on the board and I will miss serving with them. I recommend this position very highly.

After the last assembly I attended the wonderful and very successful 2013 Convention in Palm Springs. I thank everyone on that committee for their untiring work and devotion. I am especially grateful to Hanna and Mary for their service to this fabulous event which went way above and beyond. Mary's play on Saturday night was a Broadway production and the OA adapted lyrics by Eileen were adorable.

Since then I have been working with several hotels to find the best location and price for our 2015 Convention in San Diego. I signed a contract recently that I am very pleased with. I am also in the process of negotiating for the Fall 2014 Assembly as well as the Spring 2015 Assembly and hope to enter into a contract soon. A huge thank you to Joyce and Nancy for being my second and third set of eyes!

As Board Liaison to the 2014 Convention Committee I will have the pleasure of meeting with our hotel contacts and a few of the committee members at the Hyatt Regency SFO. This committee is enthusiastic and dedicated to putting on a fantastic convention. Their theme "A New Freedom and a New Happiness" ties in with the 4th of July weekend 2014. I hope all of you will join us to celebrate our independence from food obsession.

Linda M. R2 Board Secretary and I will be giving a STC workshop for the 2014 Convention Committee in September.

Another facet of this position is being Board Liaison to the Bylaws Committee. Unfortunately they lost their Chair Scott T. who passed away unexpectedly last spring. Margie D. Bylaws' secretary graciously stepped into the Chair's role. I know she will be as committed to serving OA as Scott was. My sympathy goes out to all the Bylaws Committee members for their loss.

Thank you to my Higher Power and OA for this opportunity to give back in some way what I have so freely been given.

Yours in Grateful Service, Cher

R2 TRUSTEE REPORT

2013 is the Year of Abstinence Awareness: What have you done and what will you do for the rest of 2013 to promote Abstinence in your area?

Highlights since my last report written 2/9/13:

February BOT (Board of Trustees) Meeting: We set the main theme for the Strategic Plan (SOP) for 2014-16: Our Primary Purpose. We discussed what that means:

- Getting and staying abstinent
- Carrying OA's message to those who still suffer within and outside the Fellowship
- Working the Steps to stay abstinent and recover
- Personal responsibility: / am the message
- The message: We abstain from compulsive eating and work OA's 12 Steps to stay abstinent and recover physically, emotionally, and spiritually.
- We practice the principles in all our affairs
- We are happy, joyous, free, whole, and well, and we are abstinent under ALL circumstances

WSBC in May: 5 region trustees and two general service trustees were elected. One Virtual Services Trustee was appointed. I was elected for a 3 year term which ends May 2016 when I must rotate out. Please consider running as R2 Trustee. Applications will be due August 2015, less than two years from this Fall Assembly. Check out the qualifications on the application on oa.org and feel free to ask me questions. This is a marvelous position of service. I can't recommend it highly enough.

The BOT and the Region Chairs set three main goals for the new SOP, for 2014:

- Increase the focus on actions required for abstinence
- Increase focus on the necessity of working all 12 steps
- Increase focus on individual responsibility to carry the message

Keep these in mind as you plan your intergroup events.

The OA Preamble, Unity with Diversity Statement, and Anonymity Statement were amended at WSBC. If you use any of these in meeting formats or intergroup bylaws, please update them. Check out the new wording on oa.org under *What's New?* and in *A Step Ahead*.

R2 Convention, Jun 28-30, in HOT Palm Springs, was a big success as many of you know with 514 attendees and \$20,000 in estimated overage. The TSW (12th Step Within) Committee had a booth to offer literature and support.

11th Annual Mexican Congress, July 12-14, was held in Veracruz, Mexico. R2 Chair Nancy and I attended, gave workshops on the OA Logo and Action Plan, attended workshops, learned a lot, had fun dancing, answered individual and group questions and overall enjoyed the spirit of OA Mexico. There were 113 attendees from all over Mexico. They collected \$255 for R2 and World Service. The energy, inventiveness, creativity and spirit of the fellowship were inspiring. We can't thank Carolina R. enough for being our interpreter, travel arranger, tour guide and friend. We were well taken care of.

As usual I have answered numerous member questions. Some of the topics were: permission to use the OA Promise in an AI-Anon meeting, use of an NA closing in an OA meeting, disbanding a group, disbanding an intergroup, OAPP and 90 Day OA meetings, change of the words while reading the Steps and Traditions in an OA meeting, how to start an OA meeting in a prison.

I have reviewed 11 intergroup bylaws since February. Be sure to update intergroup bylaws before WSBC 2014.

R2 had one new OA C.A.R.E.S. request and two renewed requests.

New from WSO: Updated Suggested Step Study Meeting Format.

Date Reminders:

Nov. 1: Delegate Support Fund Applications due at WSO.

Nov. 16: IDEA Day

Dec. 10: Motions for WSBC 2014 due at WSO.

Dec. 12: International 12th Step within Day

Dec. 31: WSBC delegate registration due at WSO.

I wish you all a good abstinent day today. Talk to me about doing service beyond the region level.

In gratitude for OA,

Meg Harlor, R2Trustee

August 12, 2013

PUBLICATIONS COORDINATOR: The Region 2 Board wishes to thank Rick Zilkie for accepting the position of Publications Coordinator after it became vacant. Although his service in this position will be brief, his willingness and participation has been of great value. *Let go and recover.*

Region 2 Treasurer 's Report

July 31, 2013 Year-to-Date Financial Report with 2013 Adopted Budget

The Income Statement with Budget Comparison included in this packet reflects actual amounts for income and expenses through July 31, 2013.

Wells Fargo Bank Balances (excluding the Convention accounts) as of July 31, 2013 were:

Checking: \$ 1,967.65
 Money Market: \$33,417.53
 Total Funds: \$36,198.68

The Money Market account contains a transfer of \$20,000.00 from the 2013 convention checking account, to avoid having a large sum in that account. A portion of that money may be needed to pay convention expenses.

Financial Reports are preliminary, subject to review and adjustments when necessary.

Following is a partial list of tasks performed by me since the assembly:

- Transferring funds between the various bank accounts as needed.
- The June 2013 Virtual Board Meeting was successful. The board will recommend that virtual meetings become a standard procedure. Face-to-face meetings will be required for the two day January planning meeting and will be held in conjunction with assemblies and the convention.
- Participated at the well attended and successful convention held in Palm Springs. .
 Final figures will be reported at the assembly.

My sincere thank you to R2 board that has adopted virtual board meetings and will still have the January face-to-face meeting to welcome new board members and start the year with a commitment to find ways to meet R2's financial obligations while being fiscally responsible.

Thank you for allowing me to be of service.

Jerry Jackson, R2 Treasurer
 Prepared August 11, 2013

Financial Report:

| Acct.# | Account Description: | 2012 Adopted Budget | 2012' Actual @12-31-12 | 2013' Year to Date @ 7/31/13 | 2013' Adopted Budget |
|--------|---|---------------------|------------------------|------------------------------|----------------------|
| | Revenues: | | | | |
| 400-00 | Donations/Meetings-Indiv. | 25,000 | 32,970 | 18,814 | 27,200 |
| 410-00 | Donations/Other | | - | | |
| 420-00 | Convention Income (Prelim.Estimate) | 35,000 | 39,172 | | 30,000 |
| 440-00 | RR Registrations & Visitor Lunches | 2,600 | 2,495 | 1,075 | 2,400 |
| 450-00 | Interest Income | 50 | 37 | 4 | 10 |
| 455-00 | Other Income (Assy.Silent Auctions) | | | | |
| 460-00 | Royalties Earned (Audio Sales) | 400 | 395 | 507 | 500 |
| 470-00 | Friday Nite 7th Tradition at Assemblies | 100 | 289 | 107 | 200 |
| 480-00 | Special 7th Tradition at Assemblies | 100 | 172 | | 100 |
| | Total Income | 63,250 | 75,530 | 20,507 | 60,410 |
| | Cost of Sales: | | | | |
| 520-00 | Convention Expenses/Direct | 18,000 | 20,566 | 1 | 15,000 |
| 530-00 | Fundraiser Expenses (Conv Package Dona LAIC) | 105 | | 105 | 125 |
| | Total Cost of Sales | 18,105 | 20,566 | 106 | 15,125 |
| | Sub-Total/Gross Profit | 45,145 | 54,964 | 20,401 | 45,285 |
| | Expenses: | | | | |
| 550-00 | Board to Convention | 3,500 | 2,806 | 1,444 | 3,850 |
| 560-00 | Conv. Outreach Events (Conv.Pkg-Plus hotel ex | 400 | | | Eliminate |
| 570-00 | Events Co-ord. to Conv.Mtgs. | 600 | 222 | | 350 |
| 575-00 | Events Co-ord. Negotiation Expense | 300 | 27 | | 300 |
| 580-00 | Next Conv.Chair to Conv. | 700 | 664 | 313 | 750 |
| 585-00 | Next Conv.Chair to Assy. | 300 | | | 350 |
| 595-00 | R2 Trustee to Conv.(no transp) | 350 | 359 | 105 | 400 |
| 600-00 | Assembly Expenses: | | | | |
| 601-00 | Assembly-Board to Assemblies | 7,500 | 5,111 | 3,071 | 7,500 |
| 605-00 | Assembly Packets/Print&Mail | 1,500 | 1,089 | 602 | 1,300 |
| 620-00 | Assembly Mtg Room/Equip | 3,000 | 1,652 | 325 | 2,500 |
| 622-00 | Assembly RR Lunch Exp (calc.@30/per RR) | 3,000 | 2,772 | 1,150 | 3,000 |

Region 2 Treasurer's Report

July 31, 2013 Year-to-Date Financial Report with 2013 Adopted Budget

| Acct.# | Account Description: | 2012 Adopted Budget | 2012' Actual @12-31-12 | 2013' Year to Date @ 7/31/13 | 2013' Adopted Budget |
|--------|--|---------------------|------------------------|------------------------------|----------------------|
| 625-00 | Funding-Bd.Candidate to Assy | 400 | 400 | | 400 |
| 626-00 | Funding-Committee Chairs to Assy. | 700 | - | | 700 |
| 628-00 | Funding-IG Ass'y Scholarship Funds | 1,200 | - | 199 | 1,200 |
| 629-00 | Funding-IG Deleg. To WSBC (New 2011) | 3,000 | 2,265 | 892 | 3,000 |
| 630-00 | Funding-IG Rep to Assy (IFAP) | 5,000 | 5,018 | 1,689 | 4,500 |
| 631-00 | Funding-IG Rep to Assy/Addl.IFAP | 2,500 | 573 | 145 | 2,250 |
| 632-00 | Funding/Hawaii Rep to Assy | 1,000 | 569 | | 1,000 |
| 635-00 | Funding-Mex.Rep.to Assy | 2,500 | 1,185 | | 2,500 |
| 640-00 | Funding-Mex.Rep.to WSBC | 1,400 | 1,255 | 1,015 | 1,400 |
| 645-00 | Funding-R2 Deleg.to WSBC (when eligible) | Not eligible | | | Not eligible |
| 655-00 | R2 Chair to Mexico | 1,500 | 1,316 | 1,160 | 1,500 |
| 660-00 | R2 Chair to Region Chair Mtgs. | 1,800 | 1,808 | 1,015 | 1,800 |
| 665-00 | R2 Chair to WSBC | 1,850 | 1,845 | 1,495 | 2,000 |
| 685-00 | Comm.Exp.-Bylaws | 50 | | | 50 |
| 686-00 | Comm.Exp.-Diversity | 50 | 33 | | 50 |
| 690-00 | Comm.Exp.-IG Formation/Outreach | 50 | | | 50 |
| 691-00 | Comm.Exp.-Public Information | 500 | | | 250 |
| 692-00 | Comm.Exp.-Young People | 100 | 87 | 63 | 100 |
| 694-00 | Comm.Exp.-12th Step Within | 50 | | 63 | 100 |
| 700-00 | General Board Meeting Expense | 9,000 | 6,730 | 3,104 | 9,000 |
| 701-00 | General Board Support Services* | 6,800 | 7,074 | 5,608 | 10,000 |
| 705-00 | Bank Service Charges | 200 | 42 | 25 | 100 |
| 710-00 | Board Outreach (S,T&C Workshops) | 1,500 | 1,566 | 246 | 1,500 |
| 712-00 | Depreciation/179 Expense | TBD | 228 | | TBD |
| 715-00 | Don. To Delegate Support Fund | TBD | | | TBD |
| 716-00 | Don. To WSO Genl. Fund | 250 | 250 | | 250 |
| 717-00 | Don. To Professional Exhibits Fund | Created | | | TBD |
| 718-00 | Don. To RCC Travel Support | TBD | | | TBD |
| 719-00 | Don. To Support Transl. of Lit. | TBD | | | Eliminated |
| 721-00 | Insurance - Liability (Actuals Incl.Exp.Div.refun | 1,000 | 680 | 757 | 1,000 |
| 723-00 | ISP/Email Exp. | 200 | | | Eliminate |
| 725-00 | Legal & Accounting Exp. | 300 | 300 | | 300 |
| 730-00 | Miscellaneous Exp. | 100 | 25 | 20 | 100 |
| 735-00 | Newsletter Exp. (Print & Mail) | 1,700 | 1,054 | 243 | 1,500 |
| 740-00 | Office Exp/Supplies | 400 | 144 | 102 | 300 |
| 742-00 | Outgoing Board/Conv.Pkg | 1,000 | 566 | 522 | 1,000 |
| 745-00 | P.O.Box Exp. (Incl. Fwdg.Exp) | 850 | 668 | 592 | 850 |
| 750-00 | Printing/Bylaws, Pol & Proc. | 100 | | 19 | 100 |
| 755-00 | Printing - Speaker/Leader List | 0 | - | | 25 |
| 760-00 | Repairs & Maintenance | 50 | | | 50 |
| 765-00 | Returned Checks/Fees | 50 | 12 | | 50 |
| 770-00 | Special Projects | 1,000 | - | | 1,000 |
| 775-00 | Storage Expense | 1,000 | 896 | 585 | 650 |
| 785-00 | Website Exp.(2013: Renewal fees only) | 3,200 | 1,762 | 249 | 200 |
| | Total Expenses | 73,517 | 53,053 | 26,818 | 71,125 |
| | Net income (Shortage) | (28,372) | 1,911 | (6,417) | (25,840) |

Notes/Explanations/2013 Budget:

* Board Support Services, now includes all support services

FROM THE COMMITTEES

12th Step Within Committee Report

Committee Goals/Completed projects:

- Monthly recovery nugget being sent.
- Quarterly telecons

Current Projects Underway:

- Convention Booth on Relapse & Recovery
 - Volunteers will be recruited
 - Literature, reread emphasis
 - Contact Hanna about booth location
 - Have Recovery Checklist and R&R packets
- Article by Lauren
- Quarterly telecon to report event on R2 website and in newsletter
 - David will announce timing of calls upon approval by R2 Board – to be submitted by Meg, R2 Trustee.

Agenda for next assembly:

- Mail script for quarterly R&R telecons so committee can comment, edit and approve.

Bylaws Committee Report

Committee Goals:

Improve clarity and consistency between Bylaws, Policy & Procedure Manual and actual practices of R2 Assembly.

Current projects underway.

- Bylaw motion to allow virtual (phone) meetings for board meetings (Discouraged by Robert's Rules of Order?)
- Glossary update

Agenda for next assembly:

- Review, rework and resubmit Bylaw Motion #2 (included in April Assembly packet)
- Review R2 bylaws for possible changes needed to conform to World Service Bylaws, Subpart B
- Work on Glossary of terms
- Determine R2 non-profit code and review California Corporation Code regarding "electronic" meetings for non-profits, suggested by the assembly's parliamentarian

Diversity Committee Report

(Per information available)

Committee Goals:

- Continue mental health outreach packets project. Due to demand and budget constraints, limit number of postcards given to each intergroup, but the postcard template will be emailed so that each intergroup can print them. Follow-up calls are to be made.
- Develop Diversity Workshop format/outline

Current Projects Underway:

- Continue mental health outreach packets project
- Continue work on Diversity Workshop format/outline.

Agenda For The Next Assembly:

- Continue development of Diversity Workshop
- Assess success of mental health outreach packets project

Intergroup Outreach/Formation Committee Report

Committee Goals:

- Increase attendance at R2 Fall assembly
- Get unaffiliated groups to join an intergroup or to send a representative to the assembly

Current Projects Underway:

- Create short script to send to unaffiliated groups and un-represented intergroups
- Contact IG chairs to contact unaffiliated groups, or contact directly.
- Give unaffiliated groups information on local IGs and provide both with information of funding assistance available and invite them to have an ST&C workshop.

Agenda for Next Assembly:

- Report back on outreach results

- Report back on Script results
- Attend RR Orientation meeting (Green Dot mtg.) and invite them to attend the IG Outreach committee meetings.

Public Information Committee Report

Committee Goals:

- Continue to work on methods to get individuals to meetings.
- Continue outreach to professionals: Inform them about “who we are”
- Continue Health care project: Mailing list, cover letter, health pamphlet
- Continue outreach to clergy: Mailing list, cover letter, clergy pamphlet
- Contact all Intergroups to make them aware of resources available from R2.

Current Projects Underway:

- Contact Intergroups not reached due to committee membership turnover.
- Learn best practices from Intergroups and disseminate information based on their input.

Agenda for Next Assembly:

- Continue work outlined above

Young People’s Committee Report

Committee Goals:

- Target High Schools: Finalize draft letter to get the word out to schools and the professional community about OA.
- Get panels/speakers together to work on the letter, using Google docs.

Current Projects Underway:

- Have monthly conference calls
- Distribute packet of literature to schools
- Work on Public service announcements
- Publicize internet and phone teen meetings
- Get RRs whose Intergroups have Young People committees to report on what is being done to reach YP by their intergroup

Agenda for Next Assembly:

- Report on how our Intergroups with Young Persons committees are doing

OCTOBER 2013 REGION 2 ASSEMBLY PROPOSED MOTIONS

MOTION #1: Move to amend Bylaw Article VIII, to include provisions for telephone conferences and other electronic communications as methods for conducting regular board meetings, by adding and renumbering as follows:

ARTICLE VIII - R2 Board

Subject to the limitations of the Articles of Incorporation, these Bylaws and the Laws of the State of California, all corporate powers shall be exercised by or under the authority of, and the business and affairs of this corporation shall be controlled by the Board of Directors, which shall be known as the Region 2 Board (hereinafter called the R2 Board).

The R2 Board will be comprised of a Chair, Vice Chair, Secretary, Treasurer, Publications Coordinator, and Events Coordinator. The R2 Trustee, acting as liaison to Region 2 for the World Service Board of Trustees, may have a voice at Board Meetings.

These Board Members shall perform the duties prescribed by these Bylaws, the Policies and Procedures Manual, the Board Operation Manual, and the adopted parliamentary authority, which are listed in order of precedence.

- A. The R2 Board shall hold regular meetings at its discretion.
- B. The R2 Board is authorized to meet by telephone conference or through other electronic communications media, so long as all members may simultaneously hear each other and participate during the meeting. A quorum (majority of seated members) must be “on line” before the meeting may be called to order and must remain “on line” for any business to be conducted. Only business for which the meeting was called may be transacted.
- C. All business considered by the R2 Board requires a majority vote of the seated members for adoption.

- D. Persons serving on the R2 Board shall not be considered by R2 as RR's from any Intergroup or Unaffiliated Group.

Intent: To affirm that the R2 Board may conduct business by telephone or other electronic methods of communication.

Rationale: The R2 Board conducts face-to-face meetings several times each year (i.e., the “2 day planning meeting held in January each year; in conjunction with the annual convention and semi-annual assemblies”). Having conducted two successful telephone conference meetings this year, the Board wishes to have the bylaws amended to include a provision for electronic methods for regular meetings.

The wording for the motion has been taken, in part, from that contained in the bylaws of the California State Association of Parliamentarians.

Submitted by: R2 Board

MOTION #2: Move to amend the Policy & Procedure Manual, Section VIII, B, #1 as follows:

R2 shall pay the expenses of its Chair or designated alternate to the World Service Business Conference, regularly scheduled meetings of the Region Chairs Committee (hereinafter referred to as RCC), and the World Service Convention when held in conjunction with a regularly scheduled RCC meeting.

Intent: To provide permanent funding for the R2 Chair to attend RCC meetings.

Rationale: The Region Chairs Committee (RCC), created a few years ago, has become a vital part of regional participation with the World Service Board of Trustees and the annual business conference. Adding permanent funding for these meetings emphasizes their importance. Regional Chairs are strongly encouraged to participate at the World Service Convention, held every three years, and are expected to do service at that event when they are in attendance.

Submitted by: The R2 Board

MOTION #3: Move to amend Policy & Procedure Manual Section VIII, item D, no. 3, d)– Funding Assistance for Hawaii and Mexico Intergroups as follows:

Providing funding is available, budget amounts shall be distributed as follows:

- i. Hawaii: Intergroups shall alternate in being offered funding assistance to attend the fall assembly. If they are unable to accept the assistance, funding will be offered to the next eligible intergroup.
- ii. Mexico:
 - a. A maximum of two (2) intergroups will be offered funding assistance ~~to attend the fall assembly~~ each year.
 - b. Funding assistance ~~to the World Service Business Conference~~ shall be available as follows:
 - i. Intergroupal Mexico shall receive funding for one (1) delegate to attend the WSBC and for (1) RR to attend the fall assembly each year, when provided for in the budget.
 - ii. Other Mexico Veracruz Intergroups shall alternate in being offered receive funding for one (1) delegate ~~every other~~ and one RR each year, when provided for in the budget.
 - iii. Participants are expected to fulfill the requirements specified in the WSBC Delegate Funding Assistance policy.
 - iv. The R2 Board shall be permitted to pay expenses in case of extenuating circumstances, as specified in Item 6 of the WSBC Delegate Funding Assistance policy.

Intent: To modify the policy to provide for additional Mexico intergroups that have been added, or may be added in the future.

Rationale: To establish a method, similar to that for the Hawaii intergroups, for Mexico intergroups who require funding assistance, while providing for funding for Intergroupal Mexico, which represents the largest number of meetings.

Submitted by: The R2 Board

Motion 4: Move to amend Region 2 Bylaw Article VIII – R2 Board to read as follows:

Subject to the limitations of the Articles of Incorporation, these Bylaws and the Laws of the State of California, all corporate powers shall be exercised by or under the authority of, and the business and affairs of this corporation shall be controlled by the Board of Directors, which shall be known as the Region 2 Board (hereinafter called the R2 Board).

The R2 Board will be comprised of a Chair, Vice Chair, Secretary, Treasurer, Publications Coordinator, and Events Coordinator. The R2 Trustee, *whose duties and responsibilities are specified by the World Service Bylaws Subpart B, Article IX, Section 2 and the World Service Trustee's Board Reference Manual, shall* acting as liaison to Region 2 for the World Service Board of Trustees, *and* may have a voice at R2 Board Meetings.

These Board Members shall perform the duties prescribed by these Bylaws, the Policies and Procedures Manual, the Board Operation Manual, and the adopted parliamentary authority, which are listed in order of precedence.

- E. The R2 Board shall hold regular meetings at its discretion.
- F. Persons serving on the R2 Board shall not be considered by R2 as RR's from any Intergroup or Unaffiliated Group.

Intent: To state in the Bylaws that Region 2 has no authority to determine the duties and responsibilities of the Region 2 Trustee and to indicate the World Service documents that contain those duties and responsibilities.

Rationale: The bylaws were amended to eliminate the R2 Trustee as an R2 Board member when California laws indicated the provision should be eliminated. This motion will clarify that R2 has no jurisdiction over the R2 Trustee's activities.

Submitted by: Region 2 Board

Motion 5: Move to amend Region 2 Policy & Procedure Manual, Section IV – R2 Board Duties and Responsibilities, by deleting the “Statement regarding duties of R2 Trustee” in its entirety.

Intent: To eliminate information from the policy manual that should not be stated in Region 2's bylaws or policies.

Rationale: According to the R2 parliamentarian, Robert's Rules of Order suggest that one organization's rules should not include those of another unless required.

Submitted by: Region 2 Board

MOTION #6: Move to approve a special budget override for Board Support services, budget line item #701-00, in an amount not to exceed \$3,500.00 to cover the cost to upgrade the software of the Intergroup websites supported by Region 2.

Intent: To affirm the R2 Board decision to authorize a maximum of \$3,500.00 to pay for software upgrades needed for the Intergroup websites supported by Region 2.

Rationale: The R2 website was attacked by virus' that infected the site and caused multiple problems and site crashes in 2012. Sufficient funds were available in the budget to upgrade the software for the main website, but not the sub-websites which are provided at no charge to those intergroups that cannot afford to pay for one.

The sub-websites continued to have problems, which could have caused problems for the main site. Failure to approve the expense would have meant disconnecting all sub-sites, leaving those intergroups with no web presence. As the web is critical to the activities of the region, the expenditure was considered to be a “necessary” business expense which requires a budget over-ride by the R2 representatives at an assembly.

Submitted by: R2 Board

The Twelve Traditions¹

1. Our common welfare should come first; personal recovery depends upon OA unity.
2. For our group purpose there is but one ultimate authority -- a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for OA membership is a desire to stop eating compulsively.
4. Each group should be autonomous except in matters affecting other groups or OA as a whole.
5. Each group has but one primary purpose -- to carry its message to the compulsive overeater who still suffers.
6. An OA group ought never endorse, finance, or lend the OA name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
7. Every OA group ought to be fully self-supporting, declining outside contributions.
8. Overeaters Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. OA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Overeaters Anonymous has no opinion on outside issues, hence the OA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion, we need always maintain personal anonymity at the level of press, radio, films, television, and other public media of communication.
12. Anonymity is the spiritual foundation of all these traditions, ever reminding us to place principles before personalities.

¹ Permission to use the Twelve Traditions of Alcoholics Anonymous for adaptation granted by AA World Services, Inc.



**A NEW FREEDOM
A NEW HAPPINESS**

REGION 2 CONVENTION

July 4 - 6, 2014

Hyatt Regency SFO, Burlingame, CA

Come experience OA recovery that leads to a new freedom and a new happiness beyond our wildest dreams in the heart of the S.F. Bay Area!

**Workshops - Marathons - Entertainment - Fellowship
Silent Auction - Drawings - Key Note Speakers
Boutique - Special Focus Topics**

- Affordable \$109.00 Room Rate -

Consider Coming Early or Extending Your Stay!