



Spring 2011 Assembly Minutes

SATURDAY, APRIL 16, 2011

CALL TO ORDER Meeting called to order at 8:30 am by Chair Shari

SERENITY PRAYER, 3 MIN MED, 3RD STEP PRAYER

MOMENT OF SILENCE: For former R2 Treasurer Wanda W.

INTRODUCE GREEN DOTS / MENTORS

RETIRING REPS INTRODUCTION – Karen, Inland Empire; Cher, Northern Nevada Sierra; and Marilyn, CA Central Coast.

READING: 12 Concepts read by R2 Trustee Meg

ASSEMBLY RULES - Read by Parliamentarian TennieBee Hall

ROLL CALL Secretary Carole read the roll call: 43 reps representing 25 IGs, 6 board members, trustee, no alternates, and no visitors. Total votes: 48, quorum is 30% = 11 IGs; quorum established.

ADOPTION OF PREVIOUS MINUTES: Minutes of 2010 Fall Assembly (Oct 23/24) approved.

ASK-IT-BASKET CIRCULATED - Chair explained the procedure for the Ask-It Basket.

9:00 AM ICEBREAKER

BOARD REPORTS

Chair – See assembly packet.

Vice Chair – See assembly packet. In charge of ST&C workshops, please request a workshop if your IG wants one; it takes six months from request to the actual workshop. How many hours should be allotted to a workshop? Either a whole day, or 3-4 hours. Usually two people conduct the workshop, present or former R2 board members.

Secretary – See assembly packet. Secy term is up at October Assembly, Oct 21-22; qualifications for board positions are in packet article.

Events coordinator – See assembly packet. Dates for all future assemblies and conventions are on pg 14 of packet. Convention 2011 speakers have been selected.

Trustee – wrong report in packet, correct report has been handed out. Q: What is the difference between affiliated and unaffiliated groups – A: unaffiliated groups are not part of any Intergroup.

Publications – See assembly packet.

Treasurer – See assembly packet. Q: What is the \$15,000 overage from Convention 2010. A: it is the convention difference between receipts and expenses and is donated to R2.

PRESENTATION – INTRODUCTION TO R2 COMMITTEE WORK Committees preassigned during registration.

Assembly Planning: plans entertainment and speakers for assemblies.

Diversity: trying to get unity with diversity throughout R2, passed out diversity welcoming phrase, developed a diversity checklist to inventory IGs and meetings, developing list of literature in Spanish. Goal: have all OA members welcomed to all OA meetings.

Young People: working to get word out to YP that OA is here, get meetings around R2 to have YP meetings; doing some online outreach, working on how to do this.

12-Step Within: working to get word out to IGs by sending out handbooks, how to reach out to still suffering compulsive eater within the rooms or to those who may have left. It is important to share about relapse. Next goal – reaching out to unaffiliated meetings.

IG Outreach: Goal – try to help identify people in Unaffiliated groups to participate in R2, get them info on what R2 can do for them.

Bylaws: presently going through bylaws to make sure each area agrees with the others, have submitted motions to this assembly. Gets into the nuts and bolts.

Public Information: Goals: try to increase effective communication between PI committee and IGs, doing research on using new technologies to get message out.

REGION / INTERGROUP CONCERNS

Q. Problem with behavior at meetings – unruly, almost violent behavior.

A. Tradition 3 helps. OA has guidelines on OA.org that cover most IG/meeting challenges. Get guidelines for handling disruptive behavior and put out at meetings/IGs. Get group handbook which discusses problems. Do group inventory also available at OA.org.

Q. IG is struggling, five open positions, cannot get a quorum to get business done. How to get board positions filled, change bylaws? Have 25 meetings but few send reps.

A. Assigned each IG member a meeting to go and preach the IG message, reached out to focus groups. Contacted meeting secretaries. Outreach – in person, email and newsletter, made pitch easy, just come, one day out of the month for one hour. Suggest that sponsorees become reps. Make reports sound like fun. Called rep from every meeting telling them that if they want to be part of process they need to come. Compliment people on service they give. Have an IG meeting liaison that will attend every meeting, take newsletters, group handbook, emphasize attending IG gives group a voice in OA. Personal contact really helps, lets groups they know they are important. Change bylaws to state that the number of people who come to the meeting is the quorum.

Q. People not sure how to start new meetings.

A. Silicon Valley IG developed easy process for starting new meetings, can share that info.

Q. Is there a process for combining IGs, IG is down to three meetings, same people do service over and over.

A. Go to oa.org for joining another IG, process is easy; submit new IG info for each meeting.

Q. IG is doing research on liability insurance; newcomer helped set up, table fell on her toe & she tried to sue.

A. Pg 8 of group handbook covers insurance. IGs can provide liability insurance for groups.

Q. OA is no longer seen as a successful fellowship, anyone can respond?

9:45 AM - BREAK

ASK IT BASKET

Carole: Who do we send bylaw revisions to? A. Send to WSO (World Service Office).

Randi: What room is lunch in? A. In the Scottsdale room.

Hanna: Why are so few people at our meetings abstinent? Change over last 10 years is dramatic. A. Fat serenity, if I'd not been abstaining when I came, I couldn't be abstinent. We need to concentrate on the food as well as the steps from the beginning. We don't come here for spirituality; we need to focus on food recovery. Tell sponsee to choose food plan from Dignity of Choice right off the bat. Remember our primary purpose is to abstain.

Michael: How can I register for the 2011 Convention online? A. Michael demonstrated finding the convention information on the website oar2.org.

Meg: IG has just decreased from two to three meetings, is there a process to join another IG?

A. Yes on oa.org website there is a process. Click on Change a meeting, click on change IG affiliation.

Jerry: What do we get reimbursed for? A. R2 has IFAP (Intergroup Funding Assistance Program) which reimburses IG which reimburses reps. IFAP covers mileage from IG office to Assembly location. Also we have the IG outreach scholarship which covers \$30 travel, and \$50 for meals.

Shari: What encouraged R2 to adopt the 2011 theme "Unity in Region 2"? A. No particular event(s); just saw there were ways room to improve more participation. R2 has isolated IGs that haven't been able to come to R2 assemblies. As a board, vision was to get R2 proactive on helping IG attendance. Also for focus groups, bring more unity to all meetings so everyone would feel welcome to drop into all meetings, make everyone feel more welcome at meetings.

Shari: Are the three-day assemblies always in the fall and two-day assemblies always in the spring? A. Yes, this allows time for elections in the fall.

Carole: How do we update the number of meetings that is listed on page 5 of the packet?

A. Mail WSO printout to Secretary for updating or bring it with you to assembly.

Carole: When are the board meetings (non Assembly)? A. Usually in January, and then between the Spring Assembly, the convention and the Fall Assembly.

CONTEST to find the phrase "Unity in Region 2" five times hidden in the packet, Donna Lee's name was drawn, she chose the Lifeline subscription.

OLD BUSINESS

Motion #7: Provide credit cards to Region 2 Board Members (with the exception of the Treasurer) to conduct Region 2 business.

Propose that Article XIII of the Region 2 Policy and Procedures Manual, subpart C.4 be amended as follows.

Completely replace the following sentences in subpart C.4:

“No credit cards are to be established under the Region 2 name. All contracts and obligations are to be paid by issuing a check to individuals and/or companies for authorized expenses.”

With the following:

“Corporate credit cards in the name of Region 2 may be issued to Board members (with the exception of the Treasurer) in order to conduct region business. These credit cards will have a limit consistent with the requirements for the position. The Treasurer will have oversight over all credit card accounts and will authorize all increases in the credit card limits. All statements will be sent directly to the Region 2 Treasurer. Checks for payment must be signed by the Treasurer and an authorized board member other than the one(s) incurring the expenses, after submission of a Region 2 expense report accompanied by appropriate receipts. All expense reports will be submitted as soon as possible but no later than 30 days after the incurrence of the expense. Any credit card charges not approved and paid by the Region will be deemed to be the responsibility of the card holder. Misuse of the credit card will be grounds for immediate cancellation of the card and recall of the Board member according to the process set up in Article X of the Policy and Procedure Manual.”

Board members desiring a credit card must make a request of the board. All credit card requests must be approved by a majority vote of the Board. The credit card shall be surrendered to the Treasurer upon completion of the board members service commitment.

Submitted by: Region 2 Board

Rationale:

- 1 – Having a Region credit card will eliminate confusion relating to the co-mingling of funds on personal credit card statements.
- 2 – This is a common practice among other regions and World Service.
- 3 – This will allow people to perform service for the Region without having to have a personal credit card.
- 4 – The Treasurer will have better oversight ability due to online access to charges and modern fraud detection.

Motion Not Adopted.

- 11:00 AM COMMITTEE MEETINGS**
- 11:50 AM CONVENTION 2011 REPORT**
- 12:00 noon LUNCH W/ SPEAKER**

REGION / INTERGROUP CONCERNS

Q. Have any IGs used the WSO PSAs with success?

A. You can buy just one PSA and copy to distribute to radio stations who are interested in playing them. Follow up to see if stations are playing them. When trying to use the PSAs, you must hand carry it to stations, they will not use it if you just mail it to them. Stations no longer have to air free PSAs

ASK IT BASKET

Jerry: Do some IGs have liability insurance? What does board suggest? A. Suggest IGs provide liability insurance for groups.

INTERGROUP CONCERNS

Q. What have other IGs done to promote more sponsors?

A. Created “sponsor liaison” position to announce the importance of sponsorship during meeting announcement time. IG having sponsor workshop – how to. Changed sign in sheet to make it clearer who is sponsoring. IG has sponsorship chair, chair will arrange for panels at meetings about how to sponsor, committee maintains list of temporary sponsors and committee chair will connect people who need sponsors. Ask all available sponsors to please raise their hands, ask for all who need sponsors to raise their hands.

WSBC – Eileen made presentation for WSBC 2012 and what service has done for her.

2:00 PM COMMITTEE MEETINGS

2:50 PM BREAK

SILENT AUCTION in honor of Wanda W. – registration and meals for 2011 Convention; Joyce F won with bid of \$300.

NEW BUSINESS

Motion #1: Move to amend Article V, item C – Assemblies of Region 2, to read as follows:

- A. An R2 Assembly shall be held two times each year at a place and on date(s) designated by the Board. Notification of R2 Assembly places and dates for each calendar year shall be announced at the last R2 Assembly of the previous calendar year.
- B. A special assembly may be called at any time by a majority vote of the R2 Board or by at least one-fourth (1/4) of the registered R2 Regional Representatives (hereinafter referred to as “RR”).
- C. Notification of regular and special Assemblies of R2 shall be the responsibility of prepared by the designated R2 Board Member Secretary. These notifications shall to be mailed and/or sent by electronic transmission to each Intergroup Office, Unaffiliated Group contact, RR, and R2 Board Member at least 45 days prior to the date of the assembly.
- D. All Assemblies of R2 shall be conducted in accordance with the latest edition of Robert's Rules of Order, except when in conflict with these Bylaws. The Chair may appoint a Parliamentarian to serve all Assemblies of R2, who shall not be considered a member of the Board of R2.

Submitted by: R2 Bylaws Committee and R2 Board

Purpose: Eliminates specific reference to a particular board member’s responsibility for notices relating to assemblies and provides for sending such notices via electronic transmission.

Rationale: Eliminating specific reference to the “Secretary”, allows the Board to determine which board position is best suited to perform the notification. Allowing notices to be sent via electronic transmission reduces postage expense and brings bylaws into accord with current technology.

Motion #1 approved.

Motion #2: Move to amend Article VIII - R2 Board, to read as follows:

Subject to the limitations of the Articles of Incorporation, these Bylaws and the Laws of the State of California, all corporate powers shall be exercised by or under the authority of, and the business and affairs of this corporation shall be controlled by the Board of Directors, which shall be known as the Region 2 Board (hereinafter called the R2 Board).

The R2 Board will be comprised of a Chair, Vice Chair, Secretary, Treasurer, Publications Coordinator, and Events Coordinator ~~and Regional Trustee~~. The R2 Trustee, acting as liaison to

Region 2 for the World Service Board of Trustees, may ~~shall~~ have a voice, ~~but no vote~~ at Board Meetings.

These Board Members shall perform the duties prescribed by these Bylaws, ~~and by the Policies and Procedures Manual, the Board Operating Manual, and the adopted~~ parliamentary authority ~~adopted by the organization, which are listed in order of precedence.~~

- A. The R2 Board shall hold regular meetings at its discretion.
- B. Persons serving on the R2 Board shall not be considered by R2 as RR's from any Intergroup or Unaffiliated Group.

Submitted by: R2 Bylaws Committee and R2 Board

Purpose: To bring the R2 Bylaws into conformity with California law and include the recently formed Board Operating Manual as one of the documents governing the R2 Board.

Rationale: The R2 Trustee has been a non-voting member of the R2 Board, because Region Trustees are "members" of the World Service Board of Trustees (WS BOT), elected at a World Service Business Conference. The trustee acts as "liaison" for the WS BOT to the Region 2 Board. Recently changes to California law, make it mandatory that any "member" of a governing board be allowed voting privileges. This could create conflicts between R2 and World Service. This amendment eliminates the conflict between state law and the R2 Bylaws.

Motion #2 approved.

Motion #3: Move to amend Article XII - Committees, as follows:

~~The Chair, together with the R2 Board,~~ shall ~~create~~ appoint such committees as are deemed necessary by the R2 Board or an R2 Assembly. No person shall serve as chair of a committee for more than two (2) consecutive years.

Submitted by: R2 Bylaws Committee and R2 Board

Purpose: To allow the Board to create necessary committees, in addition to those deemed necessary by an assembly.

Rationale: Situations arise which make it apparent that a committee is needed. In the past, assemblies were held more frequently, which allowed creation of such committees in a more timely manner. Allowing the R2 Board to create committees, in addition to those deemed necessary by an assembly, prevents unnecessary delays in accomplishing specialized work for the Region.

Motion #3 approved.

Motion #4: Move to amend Article XIII - Financial Structure, to read as follows:

The activities of R2 shall be financed primarily by contributions.

- A. R2 may accept donations from members of OA in accordance with the Twelve Traditions of OA.
- B. The acceptance of bequests and/or contributions from any outside source is prohibited.
- C. R2 shall not accept responsibility for nor enter into the distribution or allocation of any funds set up outside of R2.
- D. Disbursements:
 - i. Any document for disbursement of R2 funds must be signed by the R2 Treasurer and one (1) other authorized member of the R2 Board. In the absence or incapacitation of the R2 Treasurer, disbursement documents may be signed by the Region 2 Chair and one (1) other authorized member of the R2 Board. Convention accounts are the exception to this requirement.
 - ii. Convention Accounts: Disbursement documents from an R2 Convention account must be signed by an authorized member of the R2 Board and an

- authorized member of the Convention Committee. Authorized signers shall be:
- a. The R2 Treasurer must sign for the R2 Board. In the absence or incapacitation of the R2 Treasurer, the R2 Chair or the R2 Events Coordinator may sign, in that order.
 - b. The Convention Treasurer must sign for the Convention Committee. In the absence or incapacitation of the Convention Treasurer, the Convention Chair or Vice Chair may sign for the Convention Committee, in that order.

Submitted by: R2 Bylaws Committee and R2 Board.

Purpose: To allow an alternate procedure for disbursement of convention funds, to ensure smooth functioning of the committee while ensuring appropriate oversight of convention funds.

Rationale: It has been a long-standing practice for the convention treasurer or the convention chair to be signers on disbursements from the convention accounts. This motion brings the practice into accordance with the bylaws.

Motion #4 approved.

Motion #5: Move to amend Article XVIII – Amendments to Bylaws, to read as follows:

- A. Except for the Twelve Steps, Twelve Traditions, and Twelve Concepts listed under Article III, A, these bylaws may be amended at any time by two-thirds (2/3) of the RR's present and voting at any regular R2 Assembly. A copy of the amendment must be submitted to the R2 Secretary at least sixty (60) days prior to the assembly at which action is to be taken on the amendment. Written notice shall be prepared by the Publications Coordinator and communicated by mail or by electronic transmission ~~mailed~~ to each Intergroup Office, Unaffiliated Group contact, RR, Alternate and R2 Board member at least forty-five (45) days prior to the date of the assembly. Proposed amendment(s) shall be posted on the R2 website in PDF format, prior to written notification. The written notice of proposed amendment(s) shall indicate the availability of the content of such amendment(s) on the R2 website.
- B. The Twelve Steps, Twelve Traditions and The Twelve Concepts of Service listed under Article III, A, shall conform to the Bylaws of Overeaters Anonymous, Inc. Subpart B. Articles I and II.

Submitted by: R2 Bylaws Committee and R2 Board

Purpose: To provide for electronic transmission of notices relating to proposed amendments of the R2 Bylaws with the potential to reduce mailing expenses. Also, to allow posting of the text of such proposed amendments on the region's website, providing easy access to members.

Rationale: Amending the bylaws to provide for electronic transmission of written notices and presentation of bylaw amendment(s) on the R2 website, allows the R2 Board to communicate in more efficient and cost effective methods while ensuring timely delivery of notices, which is not always the case with regular mail delivery.

Motion #5 approved.

Motion #6: Move to increase the 2011 Budget Line item 701-00: \$4,500.00 (general support services) to read \$6,800.00, an increase of \$2,300.00.

Submitted by: R2 Board

Purpose: To budget sufficient funds to allow for services that may be required by the board, in addition to those currently scheduled and ensure the region pays for it services.

Rationale: The March 2008 assembly created a provision for Board Support Services, in an amount not to exceed \$10,000.00 per year, to cover bookkeeping, website and other services needed by the Board. For the past 2 years, the budget has reflected an amount to cover only known services. This does not allow for those admin services needed in addition to those planned. By adjusting the budget to reflect the

maximum allowable by the Policy & Procedure manual, the Board will be able to obtain all additional services required.

The Board recommends increasing the Line item 701-00: currently from the \$4,500.00 (general support services) to read \$6,800.00, an increase of \$2,300.00.

This increase will be funded by the region reserves which are greater than one year's expenses.

Motion #6 approved

Motion #8: Moved to increase Line Item 686 of the R2 budget "Committee Expense – Diversity" by \$50.00

Purpose: To provide money for printing and mailing of diversity packets to all R2 IGs that are absent at the October 2011 Assembly

Submitted by Donna Lee B.

Motion #8 approved.

Motion #9: Moved to requests funds in the amount of \$200 to purchase Public Information manuals to send to IGs who do not have them.

Purpose: In the spirit of Tradition 5, we hope to inspire IGs who are unsure of what to do, exactly how to encourage, support, and develop public information efforts in the R2 IG.

Submitted by Eileen D.

Motion #9 approved.

COMMITTEE REPORTS

Public Information: divided IGs up and will have members call each IG to find out if they have PI chair, PI committee and PI handbook. Will send handbook to those who do not have the handbook. Will have booth at convention showing PSAs.

Diversity: trying to promote unity with diversity throughout R2. Current projects: everyone has diversity checklist, get it on R2 website, get it into newsletter and in packets. Will have a packet at next assembly and will mail copy to IGs not at that assembly. Will include flyer to describe diversity with cover letter and checklist to increase awareness to promote unity day with diversity.

IG Outreach: decided to be narrow and focused in goals to reach success. How many IG represented today that need to reach into their own IG to strengthen attendance to send max # of delegates to Fall Assembly? Each member will encourage IG that hasn't send rep to send max # to Fall Assembly. Current projects – mail scholarship and IFAP info and follow up with phone calls. Committee will stay in touch via email to mutually encourage committee members between assemblies and let other committee members know when work is completed.

Young People: Goal is to promote communication and outreach to population at large. Projects – printing post-it notes to include with mailing to all IGs regarding teens, cover letter. Encourage IGs to put post-it notes on bulletin boards where YP congregate. Start YP phone meeting, need 2 service positions for this group. Spent time on Facebook, started private group "Keep it Simple" secret group, can only join through Facebook friends. Will help YP to congregate, center spotlight will be YP.

Bylaws: Goal is to continue the ongoing review of bylaws to keep them in line with WSO, CA law. Continue to review and develop revisions of bylaws, specify "prudent reserve" in P&P, will have a conf call to develop conference call to incorporate bylaw revisions passed today.

12-Step Within: Goals to spread word within fellowship, take back ideas to groups, IG; gather ideas to assist R2 IG. Current project – handed out packets to IGs about 12-step within info. Follow up to packets – phone calls. Unaffiliated meetings – will contact between now & fall via email and direct them to resources on website and that there is a 12 step within handbook. There are 78 unaffiliated meetings in R2. Will gather info over next six months and continue to spread the word.

Assembly Planning: Have four new officers at this assembly, have outlined speakers needed for Fall Assembly; entertainment – working on that, and want to solicit Sacramento and other Northern California talent. Will get flyers out to bring more folks in to entertainment section of assembly.

4:30 PM Panel on Diversity with Three Speakers

CLOSING CEREMONY

RETIRING REP CERTIFICATES – 3 retiring reps.

GREEN DOT GRADUATION

5:10 PM ADJOURNED