



Region 2 Fall Assembly ***"12 Steps To The Miracle"***

October 23-25, 2015
NEWARK, CA 94560

"We are all together now, reaching out our hands for power and strength greater than ours, and as we join hands, we find love and understanding beyond our wildest dreams" --
The OA Promise (written by Rozanne, OA's Founder)

Region 2
4733 Torrance Blvd, PMB #335
Torrance, CA 90503
www.oar2.org

R2 Mission Statement:

To support Individuals in need of recovery from compulsive eating (e.g.: overeating, bulimia, anorexia) through empowering all groups within the region.

"READ YOUR ASSEMBLY PACKET & WIN!"

The phrase "12 Step Miracles" is "printed" 3 times in this Assembly Packet (not on this page). Find it in all 3 places, write down the pages and drop them into the Contest Jar at Registration to be eligible for a prize drawing at Assembly!

TABLE OF CONTENTS

R2 Meeting Agenda.....	3
R2 Board of Directors.....	5
Roll Call.....	6
Minutes of previous assembly.....	7
Board Reports.....	13
Committee Reports.....	22
R2 Board Openings - Duties & Responsibilities	24
Twelve Traditions.....	27
Convention Information.....	Back Cover
Various Funding application forms.....	ENCLOSED in mailing

FALL ASSEMBLY INFORMATION

Location: DoubleTree Hilton Newark-Fremont Hotel
39900 Balentine Dr., Newark, CA 94560

Room Rate: \$104.00 per night/double or King
Reserve early. Use code "OVE" for the special rate.
Phone 800/455-8667 or 510/490-8390

Parking: Complimentary parking

Airport Shuttle to/from San Jose Airport: Complimentary

Reservation Deadline: Oct. 6, 2015 (Limited quantity)

First-time Intergroup Reps: The "New Representative Orientation" is at 8:00am on Saturday morning. (Required - Critical for new reps. Please be prompt.)

Highlights:

Friday: Early Registration from 6-7pm;

Friday Opening: Entertainment & Speaker 7:00pm

Saturday: Business meetings 9:00am—5:30pm

Saturday: Noon Lunch with Guest Speaker

Saturday: Workshop 4:00pm

Saturday: Evening Speaker Meeting - 7:30-9:00 pm



ASSEMBLY AGENDA

"12 Steps to the Miracle"

Friday, October 23, 2015

6:00 – 7:00 PM EARLY REGISTRATION

7:00 – 8:30 PM OPENING OF THE REGION 2 FALL ASSEMBLY
MEET AND GREET OPPORTUNITIES
WELCOME FROM THE R2 BOARD
ENTERTAINMENT
SPEAKER

Saturday, October 24, 2015

7:30 AM OA MEETING (optional)

8:00 AM NEW REPRESENTATIVE ORIENTATION (essential)

8:30 AM REGISTRATION (cont'd)

9:00 AM CALL TO ORDER
INTRODUCE GREEN DOTS / MENTORS
ACKNOWLEDGE RETIRING REPS
READINGS: 12 CONCEPTS, ASSEMBLY RULES
ROLL CALL: Your IG cannot be counted if you are not present,
Please do not be late!
ADOPTION OF PREVIOUS ASSEMBLY MINUTES
ASK-IT-BASKET CIRCULATED

9:30 AM ICEBREAKER

9:45 AM BOARD REPORTS / SPECIAL REPORTS
10:00 AM INTRODUCTION TO R2 COMMITTEE WORK

10:15 AM BREAK

10:30 AM REGION / INTERGROUP CONCERNS
11:00 AM ASK IT BASKET
11:15 AM UNFINISHED BUSINESS & NEW BUSINESS
11:45 AM 2016 CONVENTION PRESENTATION

12:00 PM LUNCH WITH GUEST SPEAKER

1:30 PM REGION / INTERGROUP CONCERNS
2:00 PM COMMITTEE MEETINGS

3:15 PM BREAK

3:30 PM NEW BUSINESS (CONTINUED)
ASK-IT-BASKET

4:00 PM INTERACTIVE WORKSHOP

5:30 PM ADJOURN & DINNER ON YOUR OWN

7:30 – 9:00 PM OA SPEAKER MEETING

Sunday, October 26, 2014

8:00 AM OA MEETING (optional)

9:00 AM CALL TO ORDER
READINGS: 12 CONCEPTS, ASSEMBLY RULES
ROLL CALL
ASK-IT-BASKET CIRCULATED

9:15 AM COMMITTEE MEETINGS (continued)

10:00 AM ELECTIONS:
Vice Chair - 2 year term
Secretary - 2 year term
Events Coordinator - 2 year term
(See Duties & Responsibilities - Pages 24-26)
Region 2 Trustee Nomination

10:30 AM BREAK

10:45 AM NEW BUSINESS (continued)

11:20 AM COMMITTEE REPORTS
11:30 AM INTERGROUP CONCERNS
ASK-IT-BASKET

12 NOON ADJOURN

NOTE: There will be a brief Board meeting with newly elected officers immediately following the Assembly.

Please review business meeting times carefully and make your travel arrangements accordingly so that you are present for all business meetings.

The Friday Assembly Opening is from 7 to 8:30 PM

The local intergroup will provide entertainment, 12 Step Miracles, and a speaker. In addition to the reps, everyone and anyone are welcome.

Since the prizes were such a big hit at the last assembly, we'll have them again for you!

See you Friday, October 23rd !

Other Important Information:

Temperature in the meeting rooms varies from Too Hot to Too Cold. We suggest wearing layered clothing.

REGION 2 BOARD OF DIRECTORS

CHAIR

Nancy Jensen

949-644-6997 (h)

chair@oar2.org

EVENTS

COORDINATOR

Maureen Heuga

510-917-6065 (c)

925-296-9276 (h)

events@oar2.org

VICE CHAIR

Linda McLaughlin

209-241-7128 (c)

vicechair@oar2.org

TREASURER

Sherri Flynn

775-813-4077 (c)

treasurer@oar2.org

SECRETARY

Alex Mohr

831-600-6644 (c)

secretary@oar2.org

PUBLICATIONS

COORDINATOR

Betty Jean Valdez

510-798-2938

publications@oar2.org

REGION 2 TRUSTEE

Meg Harlor

760-328-2763 (h) Winter/Spring

831-427-0821 (h) Summer/Fall

831-585-7945 (c)

trustee@oar2.org

R2 Board Support Service Providers

Joyce Fanning, Admin. Asst.

admin@oar2.org

Mary Higgins, Webmaster

webmaster@oar2.org

OCTOBER 2015 ASSEMBLY ROSTER/ROLL CALL

INTERGROUP	WSO IG#	NO. OF GROUPS @ 2-3-15	Allowable # of RRs	SPRING 2015 RR count	FALL 2015 IG COUNT DAY 1	FALL 2015 RR COUNT DAY 1	FALL 2015 RR ROUNT DAY 2
Aloha Hawaiian	9111	6	1	0			
Baja	9902	17	2	1			
CA Central Coast	9222	15	2	2			
Channel Islands	9068	15	2	1			
Ebony OA Bay Area	9609	2	1	0			
Foothill	9003	20	2	3			
How-OA No. CA	9331	15	2	2			
Inland Empire	9492	27	3	2			
Intergroupal Mexico	9329	306	31	0			
Kern County	9326	6	1	0			
Lake Mendocino	9301	4	1	0			
Los Angeles	9004	59	6	2			
Marin County	9083	8	1	1			
Maui Friends	9585	3	1	0			
Mid-Peninsula	9294	28	3	3			
Monterey County	9356	6	1	0			
No. Nevada Sierra	9325	12	2	1			
North Rivers	9400	6	1	0			
Northcoast	9434	7	1	1			
Orange County	9005	51	6	1			
Sacramento Valley	9012	40	4	1			
San Diego County	9007	53	6	2			
San Fernando Valley	9008	49	5	1			
San Francisco	9071	32	4	2			
San Gabriel Valley	9009	26	3	1			
San Joaquin	9013	12	2	1			
Santa Cruz County	9267	14	2	1			
Silicon Valley	9020	33	4	1			
So.Alameda Co.(SACO)	9051	3	1	1			
Sonoma County	9245	19	2	1			
South Bay	9010	31	4	1			
Unity - East Bay	9100	38	4	1			
Unity W/Diversity Desert	9494	11	2	2			
Valley Sierra OA/HOW	9599	9	1	1			
Veracruz	9501	22	3	0			
Unaffiliated Groups		55		0			
		TOTALS:	117	37	0	0	0
Total No. of Intergroups	35						
Total IG.s Represented	0						
Quorum (30% of IG.s)	0.00			RR Votes		0	0
Board: _____ Chair _____ Vice Chair _____ Treasurer				Bd. Votes			
_____ Secretary _____ Events Coordinator _____ Publications							
					Total Votes	0	0
Non-Voting Attendees:							
_____ R2 Trustee _____ Alternates _____ Visitors							



REGION 2 SPRING ASSEMBLY MINUTES

SATURDAY, MARCH 21, 2015

Call to Order: 8:40 AM. Assembly was called to order by Chair Nancy J.

Introduction of Board Members, Green Dots who were paired with mentors; outgoing RRs were thanked.

Introduction of TennieBee Hall, parliamentarian, who read the Assembly rules.

Roll Call was taken and a quorum established

Adoption of previous minutes: Minutes for Fall 2014 were adopted as submitted

Ask-it Basket circulated

Ice Breaker activity, followed by drawing for Hidden Phrases Contest. Jessica M. of Foothill Intergroup won the subscription to Lifeline.

10:30 am - Break

10:45 am - Board Reports were reviewed:

Chair: Nancy responded to questions from the floor

Vice Chair: Linda responded to questions from the floor

Secretary: Alex, no questions were asked

Events Coordinator: Maureen responded to questions from the floor

R2 Trustee: Meg responded to questions from the floor

Treasurer: Sherri responded to questions from the floor

Publications: Betty Jean responded to questions from the floor.

Webmaster presentation: Mary H. gave an overview and tour of the Region 2 website (oar2.org)

11:10 am - 2015 Convention presentation and 12 Step Miracles by Barbara S., Convention Chair

12:00 pm - Lunch with guest speaker

1:12 pm - Committee meetings held

2:15 pm - Region/Intergroup Concerns: Ask-It-Basket Questions & Intergroup Concerns were addressed throughout the afternoon by the R2 Board members & R2 Trustee as follows:

Q: Is it possible to list online the topics Region Speakers speak on?

A: The Board will work to bring that about

Q: I am having trouble finding a meeting on the oa.org site. Is there a way to find a meeting through the oar2.org site?

A: If you go to an individual IG site they often have meetings listed there. The in-person/face to face meeting finder is working again. Electronic meeting search is not working.

Q: Can smaller Intergroups request assistance from the Region?

A: Yes they can submit requests with information about their Intergroup status

Q: Is there any idea how much we can raise the budget of a certain Region committee?

A: We need to know how much funds will be raised before allocating them.

Q: Why are not all the meetings listed on the Region list?

A: Individual meetings have to notify their Intergroup and World Service of meeting changes.

Q: There is a Twelve Step Within (TSW) speaker list that the TSW has been updating, where did this list come from?

A: From our Region. The TSW Committee began by contacting members who are recovering from relapse on the Region 2 (R2) Speaker Leader list and adding them to a separate TSW speaker list. The TSW Committee has been adding other OAs with relapse recovery experience from within R2.

Q: Why isn't the For Today book in larger print?

A: To get larger print, please send a request to World Service. Almost all of the literature is available as an electronic version which can be resized to one's specific inclination.

Q: Most service bodies seem to exist to serve member groups. What is the balance of power in Region 2?

A: An inverted pyramid. Region is directly responsible to its' member groups, just as the Board of Trustees is directly responsible to those they serve.

Q: If our Intergroup wants to re-write our bylaws, and Region asks to take a look at them, is that an act of governance?

A: Editors Note: The World Service Bylaws require certain information be included in the bylaws of any Intergroup wishing to register delegates to attend WSBC. The Region 2 Trustee, a member of the World Service Board of Trustees, reviews bylaws for World Service. Region 2 is not involved in the review.

Q: Is it a requirement that Intergroups change their Young People's committee names to conform with the World Service Business Conference Young Persons name?

A: No it is not necessary, but is advisable to be in alignment with World Service Business Conference (WSBC) and Region naming conventions.

Q: There is a Region 2 Committee which had an increase in funding in Spring 2014. Can I request a reimbursement now (Spring 2015)?

A: Board members are held to a 45 day standard for submitting reimbursement requests. It may be advisable for Committee Reimbursement Requests to be submitted in similar fashion.

Q: Can Intergroups reimburse travel expenses for those traveling long distances in geographically wide areas?

A: Editors Note: Intergroups should consult a tax professional to determine this issue, Region 2 has no authority over this matter.

Q: One of our long time members passed away and left a large amount of money to our Intergroup. Do we need to keep that person anonymous within the Intergroup?

A: It may be that once a member is deceased they are no longer anonymous. However, if an Intergroup stipulates a certain procedure, that is what must be followed. There is no hard and fast rule. As legal entities we have to follow the law.

Q: We don't have a lot of H&I support - how can we go about carrying the message into rehabs, hospitals and institutions?

A: "Introducing OA for the Health Care Professional" is a excellent introduction to that. There is also a manual called "Professional Outreach Manual" that is excellent.

Q: Can Intergroups send new officers a welcome packet?

A: Many Intergroups use a binder with orientation and job description information for new officers.

Q: The PI Manual needs to be updated. It is without Social Media and Internet information.

A: It is on the Publications Strategic Plan to be reviewed this year at the WSBC.

Q: Can I have a list of the sponsors by distance or by emails?

A: There are individual Intergroups who have sponsors lists for specific areas. They can direct interested parties to the appropriate place to receive a list. Anyone here is qualified to make a sponsor list.

Q: What are rotating formats to help grow new meetings?

A: A different theme per meeting. For example, the 5th Wednesday is 12th Step Within and uses a different format. Another quick idea is to use the tools of the program in a meeting. Anyone that comes to the meeting is using a tool.

Q: How do we get a "Find a Meeting" app for OA?

A: This will be taken to the WSBC Technology Committee

Q: How do you respond to newcomers who want a social program?

A: One can go out to an agreeable cafe after the meeting.

Q: How does a motion get proposed?

A: Any person who is entitled to vote at these meetings is entitled to make a motion. Any Region Rep (RR), board member or any committee as a group can bring forth a motion.

3:00 pm - Break

3:15 pm - New Business:

Motion #1: Move to amend Policy & Procedure Manual, Section III. Assembly rules, #3 g) as follows:

g.) The Chair will call on people in order, first pro and then con. Pros will line up on the right one side of the room (as you face the dais). with the cons lined up on the left opposite side of the room.

Motion Adopted

Motion #2: Move to amend Policy & Procedure Manual, Section VII. R2 Committees, D. Description of Current R2 Committees and Their Purpose as follows:

Please refer to the R2 Board Operating Manual for duties and responsibilities of committee chairs.

Motion Adopted

Motion #3: Move to amend Policy & Procedure Manual, Section V, R2 Representatives, Duties and Responsibilities as follows:

Duties and Responsibilities

- Attend Regional Assemblies – Representatives and/or you or your Alternates should be present during all business sessions.
- Verify that the Region has the correct names and addresses for RR's from your intergroup. Inform the Region of any changes of RR, Alternate or Intergroup mailing address, and phone number(s).
- Notify the Publications Coordinator when you are no longer servng as an RR (at least 60 days prior to an assembly) and pass on the R2 Assembly booklet of R2 Assembly minutes, agenda, donations, etc. to your the Intergroup for the new RR.
- Provide any R2 Board member with written information about upcoming events for inclusion in the R2 Master Calendar or by utilizing the "add an event" feature on the R2 website, which is preferable.
- Provide the R2 publications Coordinator with Intergroup newsletters and flyers about upcoming events.
- Share Intergroup newsletters and flyers with other RRs.
- Keep your the Intergroup's area informed of happenings in the Region and OA as a whole. Regional Assemblies are used as an interface between WSO and the Intergroup and Unaffiliated Groups. If the information stops at the R2 Assembly, the lines of communication are broken.

- Serve on an R2 Committee and take an active part in the activities of the Regional Assemblies. □
- Voice the group conscience of the Intergroup **you** represent~~ed~~ but know that **you are an RR** is responsible to the Region and OA as a whole. What works in one area may not be best for the Region as a whole.
- Know and understand the Twelve Traditions and Twelve Concepts of OA Service. Help them to be implemented in **your the** Intergroup's area. Group problems with the Traditions and Concepts should be brought to the attention of the parties involved or to the Region 2 Trustee/Board if additional help is needed.

Motion Adopted

Motion #4: Move to amend Policy & Procedure Manual, Section VII, R2 Committees, C. Suggested Guidelines for R2 Committee Meetings as follows:

C. SUGGESTED GUIDELINES FOR R2 COMMITTEE MEETINGS

1. Begin each committee meeting by passing out a sign-up sheet. Make sure that committee members sign their full name/address/phone so that they can be contacted if necessary.
2. There are always plenty of newcomers at R2 Assemblies so remember to start **your** committee meetings with the basics:
 - a) Explain what the committee is about
 - b) Read the "Statement of Purpose" from the Region 2 P&P
 - c) Give some background and history on the committee
 - d) State long and short term goals, if any
3. Handouts are always appreciated. These could include past R2 committee reports, a **piece you write yourself on about** committee history, relevant literature, reports of committee activities from different OA service bodies.
4. Be clear about ongoing projects with which **your the** committee may be involved. Establish an agenda. **Are you soliciting Is** input **solicited** from Intergroups? **Trying to assess the Needs** of the Region **being assessed**? **Exchanging** Information **exchanged**? **Putting together** A handbook **put together**? **Planning an An** event to promote committee efforts **planned**?
5. Keep in mind that committee meetings are **a** working part of the R2 business assembly. Committee meetings are where **we get to** plan~~ning~~ and implement~~ation~~ of more efficient ways to carry OA's message to the compulsive overeater who still suffers **take place**.
6. Remember to find someone to talk notes!
7. Allow time during **your the** meeting for questions from committee members, as well as for their input. Many committee members have a great deal of experience, strength and hope to share, based on their work at the Intergroup or World Service levels.

Motion Adopted

Motion #5: Move to amend Policy & Procedure Manual, Section VIII Operating Policies and Procedures, H. R2 Board, Item 1, c), v) as follows:

- v) Ballot papers will be distributed to voting representatives, who shall vote for the candidate of their choice by writing their name on the ballot paper. Write the candidate's name **you are voting being voted** for, or "None of the above" to cast an appropriate ballot. Blank ballots are not counted. Voting representatives shall fold their completed ballot paper in two and hold it in the air to signify completion.

Motion Adopted

Motion #6: Move to amend Policy & Procedure Manual, Section VIII Operating Policies and Procedures, A. Business Meetings Item 6, c) as follows:

6. Registration of RRs to attend Assemblies:

- c. Registration forms, to be provided by the R2 Publications Coordinator, will be included in the assembly packet and be posted on the website under Assembly info. *The registration and application forms posted on the website will be interactive.*

Motion Adopted

Motion #7: Move to adopt an Explanation of Terms document as a whole addendum to the P&P for use within the Fellowship.

Motion Deemed Not Necessary

Motion #8: Move to amend Policy & Procedure Manual, Section VIII, L – R2 Communication Lists, 1 to read:

- 1. The list of individual Region 2 Representatives will be made available *en* to the R2 Board *and RRs* for their use in the context of their positions and/or for *any R2* mailings or communications deemed necessary.

Motion Adopted

Motion #9: Move to amend Policy & Procedure Manual, Section VIII Operating Policies and Procedures, D. Funding Assistance Programs, 3. Funding Assistance for Hawaii and Mexico Intergroups, d) ii. Mexico, b, i. and ii.

1. FUNDING ASSISTANCE FOR HAWAII AND MEXICO INTERGROUPS:

i. Mexico:

- a. A maximum of two (2) Intergroups will be offered funding assistance each year.
- b. Funding assistance shall be available as follows:
 - i. Intergroupal Mexico shall receive funding for one (1) delegate to attend the WSBC and for one (1) RR to attend the fall assembly each year, when provided for in the budget. *If Intergroupal Mexico cannot send a delegate and/or a RR, those funds shall be made available to the next eligible intergroup within Mexico.*
 - ii. Other Mexico Intergroups shall *alternate in being* offered funding for one (1) delegate *every other year to attend the WSBC* and for one (1) RR *to attend the fall assembly* each year, when provided for in the budget. *If they are unable to accept the assistance, funding will be offered to the next eligible intergroup within Mexico.*

Motion Adopted

Proposed Motion #10: Move to increase the 2015 budget line item for Funding-Mex. Rep. to WSBC (account 640-00) by \$1500 to a total of \$3000.

Motion Adopted as Amended

Proposed Motion #11: To modify the statement of purpose for the Diversity Committee which will be put on the R2 website.

Diversity Committee Statement of Purpose

The First Tradition states: "Our common welfare should come first: personal recovery depends upon OA unity." In keeping with that tradition, the purpose of the ~~First Tradition Committee~~ **Diversity Committee** is **to**:

Recognize the significance that acceptance of diversity plays in our ability to effectively carry the message of recovery. This committee intends to encourage awareness, within and outside the fellowship of Overeaters Anonymous, of the importance of unity while honoring and respecting diversity.

Our approach:

- to support and encourage full participation of every OA member within Region 2
- to recognize and accept the many different concepts of working the OA program of recovery;
- ***to recognize and accept the different aspects of diversity that are affected by our disease; for example:***
 - o Cultural diversity: ethnicity, religion, language***
 - o Sexual/Gender Diversity: men's issues, women's issues, orientation***
 - o Life Diversity: aging, body image, disability, family issues, medical events, pregnancy***
 - o Manifestations of the disease: anorexia, bulimia, over-exercising, binging.***
 - o Any other attributes.***
- to encourage groups and Intergroups within Region 2 to be similarly accepting
- to provide strategies and resources to assist groups and Intergroups in participating at the regional level.

Duties and Responsibilities:

- Facilitate ways to create and maintain unity within Region 2
- Provide guidance and support to R2 groups and Intergroups in sharing successful approaches ***(e.g. OA HOW)*** to the OA program of recovery
- ***Offer direction and support to R2 groups and Intergroups in recognizing and accepting the different aspects of diversity that are affected by our disease***
 - o Generate ways in which they can spread the message to these different aspects***
- ***Create and encourage new lines of communication between geographic areas within the Region***
- ***Development and maintain room share network for R2 Assemblies***
- Communicate with the R2 Board through the Board Liaison

For more info, contact:

Board Liaison: trustee@oar2.org R2 Diversity Board Liaison

Motion Adopted as Amended

COMMITTEE REPORTS WERE PRESENTED

GREEN DOT CEREMONY

ADJOURNED: There being no further business, the meeting was adjourned at 4:45 pm.

Submitted by,
Alex M., Region 2 Secretary

FROM THE BOARD

CHAIR REPORT

As Chair of Region 2 (R2) I can't begin to tell you how thrilling it is for me to participate in one of the largest (by population) and most active regions in the world. It is a great joy for me to see that recovery from compulsive eating is alive and well in R2! Occasionally, someone asks me how I stay abstinent, and I must truthfully reply: Just serve as R2 Chair—I don't have time to compulsively eat!

In addition to my tasks within R2 (includes R2 Board and officio member of all the committees), I am also a member of the Region Chairs Committee (RCC), established by the WSBC many years ago to liaison between our regions and the BOT. This committee meets 3 times each year, Skype 2-3 times per year, and works closely with the BOT on our Strategic Operating Plan (SOP), to figure out ways to better carry the message of recovery thru service world wide.

By the time you receive this report, I will have participated in the following:

Attended the WSBC in Albuquerque, NM. As a delegate, I carry the voice of the unaffiliated groups (those who are in remote locations of our region and/or the loners/travellers, who are members but have occupations that keep them at sea or in the air, or healthcare providers, and therefore, are unable to attend meetings. Yup, everyone in OA gets a voice thru representation at WSBC. Also, by invitation of the BOT, the RCC also presents a Forum on recovery at the WSBC. If you missed your delegate's report, the Final Conference Report (no longer printed) may be found at oa.org

I also had the privilege of hosting the trustee of R10 to my home group, the day after WSBC ended. I've co-led 2 Virtual Services 2nd Sunday workshops, and am scheduled for another in December. I was asked to submit an article for Lifeline, which (I'm told) will appear in the September issue. I've also attended 5 Skype calls and had numerous conference calls, as well as an R2B conference call meeting. I served at the R2 Convention in San Diego, which is always a treat. Although I only had time to "stick my head in the door" of the workshops, the speakers were great, and I was given the opportunity to see recovery happening all around the convention. A personal note, I was reunited with some old friends that I hadn't seen in over 20 years. Many thanks to the committees that worked so hard on that convention.

I also had the honor of attending a combined TSW, PIC, and IGOR conference call. All of these committees are "hot" and are working together to carry the message of recovery in service in R2, as well as moving forward in their respective outreach to IGs in R2.

I've conducted 5 Chat-with-the-Chair sessions this year, with a wide variety of IG questions & comments – all positive (except 1). It has been my privilege thru a chat with the chair session, to temporarily "sponsor" a new IG to R2 and they are now working with our IG outreach committee (IGOR), and are slowly but surely building a strong IG. It takes time. As a result, we welcomed the 1st RR from North Coast IG to our Spring Assembly.

Despite all the activity happening in my world of R2, once again I was able to sit every Friday afternoon at the Orange County Fair OA booth this year. What a privilege that is to be able to talk with compulsive eaters in an environment that is loaded with 'fair food'. Thank you HP. The only Friday that I missed was the first Friday in August, when I travelled with our R2 Trustee to Mexico City IG for their Congress (convention). We participated in the opening and closing of the weekend, and held 2 workshops:

1st: 12 Stepping a problem, (can be found at oa.org) and I was amazed at the incredible response.

2nd: At the Mexico City IGs request, we had prepared a 12 Concepts focus workshop. When we arrived for our workshop, we found that our understanding of the title was not the same as theirs, and what it ended up being was a Q&A period, which blew me away! We found that the Mexico IGs are facing the same dilemma in carrying the message to overeaters and anorexics/bulimics as is prevalent in the USA. We brainstormed some ideas on how to build stronger meetings; we talked together, we cried together, we laughed together, and in most cases around the room, we prayed together. Even tho' we spoke and listened thru interpreters, we all knew the language of the heart, and at it's end, all had 3 more days of abstinence- hooray!

So what's so thrilling about that, you ask? Well, on May 23 I traveled with 12 of my OA sisters and my sponsor to her sponsors home (2 hours away), where we all celebrated my sponsor's 45 years of abstinence, and her sponsor's 47 years. *Without service*, I wouldn't be here to witness the 92 years of abstinence. That's thrilling!

With the sweet memories of the Mexico Congress still in my soul, I am preparing now to go to Albuquerque NM for the RCC/BOT meeting. Another year, and another step or maybe 2, into the 21st century. Please remember our R2 in your 11th step, and know that "together we can" creates miracles. My heart overflows with gratitude that you allow me to serve you. I love you all

&:0) nancy j, R2 Chair

VICE CHAIR REPORT

Since the Spring 2015 Assembly I have done the following:

- Attended two R2 Board Meetings: April 17-18 and June 26, 2015; upcoming meeting in September.
- Reviewed Assembly Evaluation forms; as a result, the board is planning to implement a "Meet and Greet" on Friday evening of the 2015 Fall Assembly.
- Phone Conference with Treasurer, Sherri F., to discuss guidelines for funds for IGs to use for their PI events.
- Set up four ST&C (Service, Traditions and Concepts) Workshops; Silicon Valley IG, San Joaquin Valley IG, 2016 Convention Committee and Northcoast IG.
- Sent Speakers Lists upon request.
- Working on document: "What Roll does R2 Play in Helping Intergroups?"
- Attended Conference Call with Twelfth Step Within, Intergroup Outreach and Public Information Committee on May 30, 2015 regarding coordinating efforts between the committees.
- Working on 2015 Fall Assembly Workshop, which has constantly been revised (too many great ideas!)
- Worked with Sandi H., Chair of PI Committee, on ideas for a call center for IGs in Region 2.
- Worked with Betty Jean V., Publications Coordinator, on posting information on website, including a link to connect OA members that may have questions, comments or concerns relating to topics of the R2 Committees—Bylaws, Intergroup Outreach, Young Persons, Public Information, Diversity, 12th Step Within.
- Wrote an article for Email Campaign, "Who Will be the next Vice Chair for Region 2?"
- Answered emails sent via website and direct to vicechair.oar2.org

Thank you for allowing me to be of service.
Linda McL., Vice-Chair

SECRETARY REPORT

Region 2 is currently taking steps and making headway in moving many Region functions online, from Assembly Packets to archiving of documents. This is intended to cut costs while increasing accessibility. As part of being the secretary for Region 2 I have been allowed to take a small role in the implementation, planning and research into making this possibility a reality.

In addition to recording electronic votes (times the board meets virtually or votes by email) for ratification at face to face board meetings, I also had the privilege of taking minutes of board meetings and the Spring Assembly. An exciting part of the position is being the liaison to the Young Persons Committee, a group of OAs committed to caring the OA message to people of all ages especially the young persons. It continues to be inspiring to work alongside seriously committed recovering compulsive eaters of all ages. Another task which is a great honor is the processing of Convention feedback forms. In reading them out is amazing that each person attended the same convention and came away with entirely different revelations and experiences.

After many struggles (for the definition of struggle, see "self will") as well as support and encouragement from the Board in trying to take appropriate minutes and action item lists, finally there was a mounting frustration that "I just can't do this " followed by a surrender. At that point, the minute taking just "clicked" and what was once impossible for a person with my personal organization skills and temperament became natural, self sufficient and effortless. This is for me a gift of service, the "happy dividend" of practicing the 11th step prayer and constantly falling short of perfection.

It is a great blessing to be a part of this fellowship in which we serve our own healing and recovery by serving one another and a Power greater than ourselves. It is a great joy to look around the rooms of Overeaters Anonymous and hear my story come through others' shares and see myself change and grow through others' experiences. OA taught me how to take care of myself and by so doing how to have the abundance of energy left over that it is possible to be of service to others from a place of fullness, the very fullness I sought and craved (yet never quite found) in food.

Respectfully submitted in gratitude and imperfect service.

Alex M., R2 Secretary
August 9, 2015

EVENTS COORDINATOR REPORT

I am amazed at how fast 2 yrs. has gone by since I accepted the position of Events Coordinator at the 2013 Fall Assembly. I didn't know what to expect at that time, but I knew Higher Power was guiding me, as I traveled the path of recovery and service in Region 2. My term has come to an end, and I am ready to move onto the next phase of my journey. Our Region 2 theme this year is "12 Steps to the Miracle", and I feel that the 12 Steps have helped me witness many miracles during my term. I am grateful for the experiences I have had, researching hotels, learning about contracts, negotiating, meeting new people, making new friends, sharing the program with others, and being grateful for my recovery, one day at a time.

In June I attended the R2 Convention in San Diego -- "I Put My Hand in Yours". What a weekend of recovery, recommitment, and reconnection. I witnessed the committee's very hard work to make this a great weekend for all who attended. Thank you to those who gave service for the past 18 months and all

those who volunteered and participated in the Convention, so this weekend could be a success. Attending the various events, seeing old friends, and meeting new people from other areas enriched my life. Thank you again for all your hard work.

After the Convention, I asked the Committee Chairs, to submit suggested changes to the Convention P and P's. These are reviewed by the Bylaws Committee and presented at the next Assembly. This is how we improve our Convention each year, by listening to those who went before us.

The 2016 Convention Committee is already hard at work. The theme is a "Joyful Journey, Stepping into Freedom". The Convention will be held at the Crowne Plaza, Milpitas/Silicon Valley, June 24-26, 2016. At the close of this year's convention, the committee members presented a song, "Step It Up", to promote excitement and enthusiasm. Everyone was rocking out. Linda M. and I will present an S, T, and C workshop for the committee members of the 2016 Convention on Saturday, October 17th from 1:30 pm to 4:30 pm in Fremont. This workshop helps promote teamwork among the participants using the Steps, Traditions, and Concepts as a guide. Tina M is the Chair of the Convention and doing a great job of recruiting people to be committee chairs and organizing the monthly meetings, which I have been attending regularly. Tina was able to use a conference call system, so committee members who lived a distance could participate. The system worked very well. There are still open positions for Committee Chairs and volunteers are needed. Email Tina M at tmink@ix.netcom.com if you are interested. Start planning now to attend this OAR2 event.

Since the last Assembly, I have been working on the contracts for the Fall 2016 (October 28-30) and Spring 2017 (March 24-25) Assemblies. By the time this goes to press, the contracts will be signed. The Assemblies will take place at the Hilton, Orange County, Costa Mesa, which is the same hotel we are using for the 2017 Convention. This is helpful for the R2 Reps, so they can become familiar with the hotel and its surroundings and bring the information back to their IG's and meetings. It is a great location, and the hotel has been completely remodeled and updated.

I have written two articles for the Newsletter --"Seventh Tradition – What Does It Mean" and the other explaining the Events Coordinator position, which is up for election this Assembly. I have also made suggestions to update the BOM's duties and responsibilities of the Events Coordinator. At our next Board meeting, we will review and vote on these suggestions.

As the Events Coordinator and liaison to the Convention Committees, I have felt honored to be among such dedicated people, all working to help the still suffering compulsive eater. I have received more than I have given. I'm grateful for these past two years and the "broadening of my horizons". Thank you for allowing me to serve Region 2.

Date Reminders:

April 8-9, 2016 – Spring Assembly, DoubleTree, Fremont
June 24-26, 2016 – OAR2 Convention, Crowne Plaza, Milpitas/Silicon Valley
October 28-30, 2016 – Fall Assembly, Hilton, Orange County, Costa Mesa
March 24-25, 2017 – Spring Assembly, Hilton, Orange County, Costa Mesa
June 23-25, 2017 – OAR2 Convention, Hilton, Orange County, Costa Mesa

In loving for service,
Maureen H, Events Coordinator
August 9, 2015

R2 TRUSTEE REPORT

R2 TRUSTEE REPORT FOR THE R2 2015 FALL ASSEMBLY PACKET

Highlights from Board of Trustees (BOT) meetings:

- Gerri H was elected Chair after two tie votes and her name was drawn out of a hat, I was re-elected as First Vice Chair, Karen C is 2nd Vice Chair and Tina C is Treasurer.
- The Board of Trustees adopted changes to the proposed motion forms (for submission of policy proposals or OA Inc. Bylaws, Subpart B amendments). The forms are on www.oa.org in the tab for the World Service Business Conference. The changes will impact any motions submitted for WSBC 2016. Motions are due December 10, 2015.

Highlights from *The Miracle of Abstinence* World Service Business Conference (WSBC) 2015:

- *A Program of Recovery, A Guide for Sponsors, and the OA Handbook for Members, Groups, and Service Bodies*, were all approved.
- Trustees for Region 3, 6, and 9 were elected as well as 2 General Service Trustees (GSTs).

Motions that affect groups and intergroups are:

- WSBC Delegates should be registered by March 1, give their committee preference by April 1, and are expected to serve on a committee through to the next WSBC;
- the OA Preamble was amended;
- The WSBC Final Conference Report is available only electronically;

The following underlined changes affect intergroups:

- Each intergroup or service board shall be entitled to have one qualified delegate for up to the first fifteen groups it represents and one for each additional fifteen groups or any fraction thereof, as per the January Service Body Information Report from WSO,
- Delegates and alternates should be selected at least seventy days before the annual Conference, and the names forwarded immediately upon selection to the World Service Office of Overeaters Anonymous.
- In order to deregister, an intergroup must submit a written notice to the World Service Office, region chair, and region trustee.

The 7th Tradition collected at WSBC totaled \$5,921.51.

The Strategic Planning Session with delegates at WSBC produced ideas to take back to groups and intergroups about the importance of working All twelve steps. See the document oa.org/pdfs/strategic_planning_notes_15.pdf

Strategic Plan products created by subcommittees of trustees and region chairs for the 2015 task: to create a STEPS MADE SIMPLE program:

- Virtual Workshops on the Steps started in January and continue every 2nd Sunday, Noon-1pm, PT (November 8 and December 13) on the step of the month. Check the Datebook Calendar on oa.org for phone number details. Podcasts of these workshops are available on oa.org shortly after they take place.
- Each Lifeline issue in 2015 has had an article on working all 12 steps.
- Twelve Stepping a Problem is a document for free downloading on oa.org and for sale from the OA Bookstore as a folded wallet card.
- Working All Twelve Steps Workshop Format is in the last stages of the approval process.
- Newcomer Quick Step Study Guide is due in November.

For 2016: Already underway are 5 subcommittees working to create a CARRYING THE MESSAGE MADE SIMPLE program:

- Sponsorship Training Workshop,

- Promote Responsibility Pledge,
- Service and My Recovery,
- Tips for Carrying the Message, and
- Service Body Building.

Look for these in 2016.

At the August BOT meeting we will be starting on the next strategic plan for OA. The trustees and the region chairs will be brainstorming how many years, how many main goals, what focus. Ask me for the results if you are interested.

August 1, Anne O, a former R2 Board member, and I gave an ST&C workshop for Silicon Valley IG on Unity and Service. A lot of useful ideas came out of the small groups on how to promote unity and to encourage service. We all made good use of flip charts.

The R2 Intergroup (IG) Outreach Committee has been busy since last assembly. For ease in making outreach calls, they created two questionnaires for Intergroup Outreach and for unaffiliated meetings. They created a resource list for struggling IGs, and for meetings looking to join an IG. They will report the results of their outreach calls to this assembly. They contacted Region 4 to get ideas about what worked for their IG Outreach.

As usual I have answered numerous (close to 50 since last report) member questions via phone and email. Some of the topics included questions on workshop formats, prayers, panel members for a treatment center, reading of OA and AA literature at OA meetings, meeting chips, R2 Trustee applications, upholding Traditions at OA events and a possible virtual region 11.

Intergroup Bylaws: Every time intergroup bylaws are changed they need to be sent to WSO. If your intergroup bylaws have not been updated in the last few years there are several places where the bylaws may be in conflict with OA, Inc. Bylaws. Send the bylaws to me for a review. It is one of my duties to help the intergroup to be in compliance.

There have been no new OA C.A.R.E.S. requests this quarter for R2.

If you are interested in supporting a prison inmate through this OA program, let me know. I keep a list of willing members for future requests. If you haven't heard from me in awhile, remind me again of your interest.

By this Fall Assembly there will be one or more applicants for R2 trustee to take my place next May. We can send up to three nominees. How wonderful to have at least one and if we can give the WSBC a choice all the better. Please consider this wonderful service in your future. Start now to experience all the prerequisites. You won't be sorry! And if you are interested in being a GST, the deadline for applications is February 2, 2016. Two GSTs are elected each year. I have yet to meet a GST who didn't like the job!

It has been a pleasure to serve this dynamic region for the last 6 ½ years. I will continue to do so through WSBC 2016 in May. See you next spring for my last R2 Assembly as R2 Trustee.

In gratitude to be of service for OA,
Meg H, R2 Trustee and First Vice Chair
August 4, 2015

Important dates: 2015-2016

August 24, 2015 Applications for R2 Trustee were due to R2 Secretary

November 2 – deadline for WSBC Delegate Support Fund from WSO (applications on oa.org)
November 1- deadline for applications for Translations Funding
December 10– deadline for WSBC New Business Motions and Bylaws Amendment proposals
February 2, 2016 – Trustee Applications due to WSO
February 22 – Delegate registration forms due to WSO
March 3 – Agenda Questionnaires due to WSO
April 18 – Hotel reservations due to Embassy Suites Hotel & Spa, Albuquerque, NM
May 2-7 – World Service Business Conference, Albuquerque, NM
September 1 – Deadline for applications for Delegate Assistance Funding from R2 (on oar2.org)
September 1-4, 2016 World Service Convention in Boston, MA: Recovery: The Trail to Freedom!

PUBLICATIONS COORDINATOR

Dear Region2 Reps and Fellow Board Members

I cannot thank you enough for allowing me to be of service. As you know we have three open positions on the R2 Board: Secretary, Events Coordinator, and Vice-Chair...the Board members holding these positions have been beyond outstanding in their service and will be deeply missed.

The hours it takes to perform the work of these positions will come back to you immeasurably, ask anyone who has served. Alex and I joined the R2 Board without any prior consideration we were approached, conversations were held, and our applications were presented from the floor. Do not hesitate to add your name ...as you read this God may be calling you. If you see someone you would like to see on the Board ask them to consider running.

The time goes so fast it's hard to believe we are returning for another Fall Assembly. As your Publications Coordinator, I want to point out the web site and newsletter as resources for you and your Intergroup.

If you or your Intergroup have any suggestions about what information would be helpful or topics to include in newsletter articles please contact me at the e-mail provided at the end of this report.

Special thanks to Joyce our R2 Admin Assistant and Mary H. our web master for all their help and support.

Here are a few highlights regarding the web site. Events, events, events....so many to choose from and not far from you...check out the wonderful opportunities for fellowship, beautiful locations, get inspired, and enlarge your spiritual life.

Can't wait to meet the new R2 Reps and I look forward to seeing all the familiar faces.

In True Love of This Fellowship!
Betty Jean, R2 Publications Coordinator
publications@oar2.org

TREASURER REPORT

1) In conjunction with another OA member, conducted a sponsorship workshop for the San Joaquin Valley Intergroup in June. Was able to drive through Yosemite National Park on the way home to Reno (added bonus!)

2) In an effort to move toward more electronic recordkeeping and processing (reimbursements) I researched the topics via the IRS and California recordkeeping laws.

“IRS Requirements for Digital Receipts

The IRS has always accepted physical receipts for audit and record-keeping purposes. As of 1997, the IRS accepts scanned and digital receipts as valid records for tax purposes. Revenue Procedure 97-22 details the specific requirements; as long as your digital receipts are accurate and can be readily stored, preserved, retrieved and reproduced, you're in the clear. In other words, digital receipts are acceptable as long as you can deliver a copy of them to the IRS when necessary.”¹

Use of Electronic Accounting Software Records; Frequently Asked Questions and Answers

Here are some frequently asked questions and answers for electronic accounting software records requests and submissions during Small Business/Self-Employed examinations

Q1. Why is the IRS using electronic accounting records instead of continuing to use traditional paper books and records in examinations?

A: Electronic information management has become the standard in the private sector and is now being used to enhance the IRS examination process. Obtaining accounting records in electronic format provides significant advantages:

- Reduces burden because taxpayers and/or representatives don't have to print records provided electronically.
- Provides a complete set of the taxpayer's accounting records, decreasing the number of items included in the initial document request and follow-up requests.
- Increases efficiency of the examiner's analysis and testing of the books and records.²

3) Another avenue of going electronic is to provide assembly packets in digital form rather than printed. Current budgeted line item is \$900 for 2015 to print packets. A motion will be proposed to make this change.

4) Have been attempting to transition some treasurer's duties back from the Administrative Assistant. This would save R2 money as approximately 50% of Board Support funding has been spent on supporting the treasurer position. Policies and Procedures manual Section VIII Operating Policies and

¹ www.finance.zacks.com, “Tax Audit: Physical vs. Digital Receipts”, by Madison Garcia

² www.irs.gov

Procedures, B. Financial, 8. General Board Support Services, implemented in 2008, would be affected by such a change.

“General Board Support Services: The R2 Board is authorized to hire outside entities to perform various services which are now accomplished by R2 Board members (e.g.: depositing donations; recording payments; preparing financial reports; webmaster; mailings; or other reports deemed appropriate by the R2 Board). The R2 Board shall establish a budget line not to exceed \$10,000/year for these services.”³

5) Have been researching alternatives to having an old-fashioned credit card swiping machine. As our Admin Assistant was unable to attend the San Diego convention, I fumbled with getting the card machine operating in a timely fashion. Additionally, the convention committee would’ve liked the ability to process credit cards in each of the rooms where sales were taking place versus rather than a centralized location.

6) Spent a major amount of time handling money activities during the convention. R2 Treasurer duties were thought to be in support of the Convention Committee, so I will be reviewing convention money handling procedures as laid out in the Convention P & P.

7) Bylaws Committee work has consisted of updating the Convention P & P based on input received from the 2014 convention committee. Seems that that effort may be outdated and the entire manual should be reviewed again and updates performed in a more timely fashion. This committee will also hopefully present some motions in light of some of the above items. Work is still in progress.

Current financials are not available as of this writing (August) and will be provided separately.

Respectfully submitted,

Sherri F., R2 Treasurer

³ Region 2 Policies and Procedures Manual, page 7

FROM THE COMMITTEES

Bylaws Committee

Working to review and update the Convention P&P

Goals:

- Review & Update Convention P&P

Current Projects Underway:

- Schedule phone meeting to discuss P&P progress

Agenda for next Assembly:

- Bring status of P&P change amendments to Bylaws & P&P due to WSBC

Diversity Committee

Committee Goals:

- Change our statement of purpose for the R2 website

Current Projects Underway:

- Discuss and select next specialty group within fellowship to target for regional support
- Survey IGs via R2 to identify next target group

Agenda for next Assembly:

- Brainstorm, discuss possible target groups for next diversity project. Create resources/tools

Intergroup Outreach

Committee Goals/Current Projects Underway:

- IG Checklist (How you can Improve)
- STC Workshops
- Send article
- Ask for volunteers to visit IGs, provide talking points
- Contact unaffiliated groups(ask for list)
- Drop box
- Increase R2 Attendance + participation
- Inform IGs if resources available to them
- Help to support new IG reps

Agenda for next Assembly:

- Review Action Items
- Move into outreach phase

Public Information

Committee Goals:

- Best practices list (modified after new R2 website)
- Make sure they know how they can subscribe to R2 database
- You can forward blasts from R2 to everyone in your database
- Collaboration of Intergroups for Health Fairs, Conferences or any other functions that could bring information to the public

Current Projects Underway:

- Because of the cost of securing a booth at most large health fairs a recent collaboration of 5 Intergroups in the LA/Orange Counties we were able to get a booth at the Women's Expo in Los Angeles (it was very successful.)

- Visit other Intergroups within a two hour radius of home to let them know what's going on around the Region

Agenda for next Assembly:

- Set up call center in Northern, Central and Southern CA so we, as the PI Committee, can be available to answer questions from remote Intergroups who want to be involved in either telephone outreach or have questions or want directions as to what to do in regards to:
 - Getting material
 - Getting meeting reps interested in working the booth or helping with the fairs
 - About funding outside of our Intergroup
- Contact all IGs to let them know that this is available
- Outreach to colleges who do not talk to anyone over 25
- Phone messages should be in both English and Spanish
- Use the 'got a doc got a shrink' flyer post in schools/colleges/many other locations

12 Step Within

Committee Goals:

- Update relapse + recovery list of R2 12 step within
 - Confirm active - see what R2 list over lapses
 - Members divided up the list to check for accuracy

Current Projects Underway:

- Materials for 2015 Convention - \$50 in pamphlets (are in the "Welcome Back" packet: to be given out individually)
- Get following accepted + approved by OA?
 - "12" button
 - Business card for "12 Step Within"
 - Pamphlet "12 Steps Within (pink, w/ 4 hands clasped)
 - Foldable "Twelve Step Within" (3 legged stool)
 - 12 Step Miracles

Agenda for next Assembly:

- Bring the above items to fall Assembly to discuss and approve
- Work on 3 things:
 - Article for R2 Newsletter
 - Update phone lists RT2
 - Bids "TSW 12 Suggestions" newsletter

Young Persons Committee

Committee Goals:

1. Increase our awareness & understanding of YPs use of virtual resources to improve our effective outreach using technology
2. Help our Region improve YP retention
3. Increase IG outreach & collaboration in order to better support YPs

Current Projects Underway:

1. Create QR Code & Special Landing Page for YPs on R2 site
2. Set up committee email distills Google Drive for info & Doc sharing
3. Explore packet creation for IGs to foster awareness at college level

Agenda for next Assembly:

- Meet to review progress

REGION 2 BOARD MEMBER DUTIES AND RESPONSIBILITIES
(FROM BOARD OPERATING MANUAL)

- A. All R2 Board members must submit a written report to each Board member at each Board meeting and to the Secretary at R2 Assembly.
- B. It is the responsibility of the designated Board member to see that a profit and loss statement be submitted to the R2 Board following each R2 event.
- C. The R2 Board shall develop and renew long and short term goals annually.
- D. Board Member duties and responsibilities:

Vice Chair

- 1. Attend all R2 Board meetings, R2 Assemblies and R2 Conventions.
- 2. Chair R2 Assemblies and R2 Board meetings in the absence of the Chair, in accordance with the R2 Bylaws.
- 3. Assume the position as Chair in an orderly manner in the event of an absence or vacancy.
- 4. Act as liaison to all R2 Intergroups.
- 5. Act as liaison to the R2 Committees as assigned.
- 6. Maintain a supply of R2 Board of Director applications.
- 7. Maintain and distribute nametags for all RR's, Alternates and Visitors at R2 Assemblies.
- 8. Prepare and distribute newcomer packets for RR's at R2 Assemblies.
- 9. Update and distribute R2 speaker/leader list annually.
- 10. Coordinate Service, Traditions and Concepts Workshops.
- 11. Coordinate workshops and committee presentations at R2 Assemblies.
- 12. Facilitate R2 fund-raising efforts other than those under the responsibility of the Events Coordinator, i.e. Conventions and Special Events.
- 13. Co-sign financial documents as requested by the R2 Treasurer.
- 14. Provide a written report to each Board member at every Board meeting.
- 15. Provide a written report and present activity report at R2 Assemblies.
- 16. Submit interim report to the Publications Coordinator to be included in the Assembly Packet.
- 17. Maintain Master Calendar for events held within R2.
- 18. Provide the R2 Master Calendar to the Newsletter Editor 60 days prior to the R2 Assembly.
- 19. Oversee the R2 Display Board, scheduling use by requesting Intergroups, facilitated by the R2 administrative assistant.
- 20. Facilitate Service, Traditions and Concepts workshops as needed.
- 21. Assist in maintaining Region 2 website, as specified in Appendix A of this manual.
- 22. Other duties as may be required by the R2 Assembly or delegated by the R2 Chair.

Secretary

- 1. Attend all R2 Board meetings, R2 Assemblies and R2 Conventions.
- 2. Record and transcribe minutes of all R2 board meetings and R2 Assemblies.
- 3. Record roll call of R2 Assemblies.
- 4. Act as liaison to R2 Committees as assigned.

5. Provide Ask-it-Basket, Speed-Memos (for motions), committee rosters, and voting ballots at R2 Assemblies.
6. Maintain R2 Committee logs.
7. Prepare an interim report, as well as the minutes, agenda, motions, etc. and deliver it to the Publications Coordinator for inclusion in the Assembly Packet.
8. Distribute and solicit responses to the R2 Assembly Evaluation forms at each assembly. Compile information and inform R2 Board of opinions and suggestions included in responses. Include information in report to next assembly.
9. Provide forms for the R2 Assembly and R2 Board, as needed.
10. Type and submit all correspondence to Intergroups and Committee Chairs.
11. Draft correspondence to any routine matters covered by existing policy and procedure.
12. Maintain a record of approved minutes of all assemblies and board meetings.
13. Act as liaison between legal counsel and the R2 Board.
14. Co-sign financial documents as required by R2 Treasurer.
15. Sign (with the Chair) R2 Assembly, R2 and R2 Board-approved legal contracts between R2 and outside enterprises as required.
16. Provide a written report to each Board member at every Board meeting.
17. Other duties as may be required by the R2 Assembly or delegated by the R2 Chair.
18. Administer the R2 Audio library.
19. Send welcome letter with enclosures to all new Intergroups.
20. Facilitate Service, Traditions and Concepts Workshops as needed.
21. Draft operating policies and procedures as directed by the R2 Assembly, the R2 Board, or as required by business operations.
22. Administer the R2 history and archives.
23. Update the R2 Policy and Procedures manual and make it available as specified in the R2 Policy and Procedures Manual, Section VIII, K.
24. Assist in maintaining Region 2 website, as specified in Appendix A of this manual.

Events Coordinator

1. Attend all R2 Board meetings, R2 Assemblies and R2 Conventions.
2. Attend all R2 sponsored activities or arrange for alternate Board representation.
3. Make all meetings room space arrangements for R2 events, including Board meetings, R2 Assemblies and activities.
4. Act as a liaison to R2 Events and Convention committees.
5. Act as hotel and site liaison for the Region and co-sign R2 Assembly and R2 Board-approved contracts with the facilities.
6. Draft correspondence in matters that involve R2 Convention Committees or other matters delegated by the Chair.
7. Update and distribute R2 Convention Policy and Procedure Manual to each new convention committee.
8. Co-sign financial documents as requested by the R2 Treasurer.
9. Provide a written report to each Board member at every Board meeting.
10. Provide a written report and present activity report at R2 Assemblies.

11. Submit interim report to the Publications Coordinator to be included in the Assembly Packet.
12. At R2 Assemblies, be responsible for the following:
 - a. Verify all meeting room space, set-up and materials.
 - b. Obtain additional items needed for R2 Assembly on site, as available. (Requests to be made in advance when possible.)
 - c. Coordinate with hotel staff and oversee all beverage/meal service ordered for meeting rooms as well as temperature of meeting room.
 - d. Oversee hotel (sleeping) rooms for Board members only.
 - e. Review bill with R2 Treasurer at end of R2 Assembly to verify charges.
 - f. Work with hotel to expedite restaurant staffing/service and airport pick-up during R2 Assembly.
13. At R2 Conventions, oversee hotel sleeping rooms for Board members only and arrange for master account.
14. Other duties as may be requested by the R2 Assembly or delegated by the R2 Chair.
15. Facilitate Service, Traditions and Concepts Workshops as needed.
16. Assist in maintaining Region 2 website, as specified in Appendix A of this manual.

NOTE: No motions to amend the Bylaws will be presented at this assembly. Motions to amend the Policy & Procedure manual or other new business motions are eligible to be presented at the assembly.

The Twelve Traditions¹

1. Our common welfare should come first; personal recovery depends upon OA unity.
2. For our group purpose there is but one ultimate authority -- a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for OA membership is a desire to stop eating compulsively.
4. Each group should be autonomous except in matters affecting other groups or OA as a whole.
5. Each group has but one primary purpose -- to carry its message to the compulsive overeater who still suffers.
6. An OA group ought never endorse, finance, or lend the OA name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
7. Every OA group ought to be fully self-supporting, declining outside contributions.
8. Overeaters Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. OA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Overeaters Anonymous has no opinion on outside issues, hence the OA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion, we need always maintain personal anonymity at the level of press, radio, films, television, and other public media of communication.
12. Anonymity is the spiritual foundation of all these traditions, ever reminding us to place principles before personalities.

¹ Permission to use the Twelve Traditions of Alcoholics Anonymous for adaptation granted by AA World Services, Inc.



Region 2 Convention

June 24 - 26, 2016

Come along on this Joyful Journey with us!

Crowne Plaza San Jose - Silicon Valley
777 Bellew Drive, Milpitas, CA 95035
408-321-9500
www.cpsanjosesiliconvalley.com

Affordable room rate of \$129 (reserve early, limited number)
Consider coming early or extending your stay!
Check out www.oar2.org

Key Note Speakers – Workshops – Marathons
Entertainment – Boutique – Silent Auction
Drawings – Special Focus Topics