

## CONVENTION AT- A -GLANCE #

### FRIDAY

3p-6:45p	Registration	Registration Foyer
3p-6:30p	Hospitality Suite	3rd Floor, Room 302
3p-6:30p 10p-11p	Fundraising Drawing	3rd Floor, Room xxx
4p-6:00p	Workshops (2 rooms)	Krystal A & Krystal B
4p-6:45p 10p-11p	Marathon Meetings	Korbel
6:30p	Ballroom Doors Open	Champagne Ballroom
7p -10p	Opening Ceremony/ Speakers / Talent Show	Champagne Ballroom
11p-12a	Meditation	Korbel

### SATURDAY

6a - 7:45a	Meditation	Korbel
7a -10:00p	Hospitality Suite	3rd Floor, Room 302
8a-6:45p 8:30p-9p	Registration	Registration Foyer
8a-10:00p	Fundraising Drawing	3rd Floor, Room xxx
8a-11:00p	Marathon Meetings	Korbel
8:30a -5p	Workshops (5 rooms)	Champagne 1 & 2 & 3 Krystal A & Krystal B
6:30p	Banquet Doors Open	Champagne Ballroom
7p - 9:00p	Banquet with Speakers *	Champagne Ballroom
8p-11:00p	Games Night	Krystal Ballroom
9p-12:00a	Dance **	Champagne Ballroom
11p - 12a	Meditation	Korbel

### SUNDAY

6a-7:45a	Meditation	Korbel
7a-9:45a	Hospitality Suite	3rd Floor, Room 302
7:30a-8a	Registration	Registration Foyer
8a-9:30a	Fundraising Drawing	3rd Floor, Room xxx
8a-9:45a	Marathon Meetings	Korbel
8a-9:45a	Breakfast with Speaker *	Krystal Ballroom
10a -12p	Closing Ceremony / Speakers	Champagne Ballroom

\* Open To Prepaid Ticket Holders

\*\* \$10 Dance tickets available for purchase at Registration

# For up-to-date info see the Fellowship/Message board across from Registration.

**ALL WORKSHOPS AND MARATHONS OPEN TO ALL**

**GAMES NIGHT** - Join in fellowship and fun, we'll be playing family board games. Socialize with others in the Krystal Room, Saturday 8-11p.

*"We absolutely insist on enjoying life" BB, p.132.*

**HOSPITALITY SUITE - 3RD FL. Rm 302** Recharge, color a mandala, play a game, enjoy fellowship, or in the adjoining quiet room, rest or meditate.

**NEWCOMERS** - Let us welcome you at the Newcomers Table (see map).

**SPANISH SPEAKING** - Vamos a reunirnos. Busca por avisos en el tablero que esta enfrente del registro para saber lo hora y el lugar.

**YOUNG PERSONS (Under 30)**- Let's meet...look for notices on the Message/Fellowship Board across from Registration.



## OA R2 CONVENTION

### June 24 - 26, 2016

Crowne Plaza San Jose - Silicon Valley  
Milpitas, CA

## REGISTER TODAY!

## KORBEL ROOM - MARATHONS \*

\*Marathons: 1 speaker for 25 min. 5 min. Q&A, then open sharing.  
\*Anyone sharing at Marathons must sign a recording release.

### FRIDAY

4:00 - 4:50p	Putting Down the Fork
5:00 - 5:50p	H .O. P. E. Having Other Possibilities Evident
6:00 - 6:45p	The Solution is in the Steps
10:00 -10:50p	F. E. A. R. False Evidence Appearing Real
11:00 -12:00a	Meditation

### SATURDAY

6:00 - 7:45a	Meditation
8:00 - 8:50a	Abstaining Like Your Life Depends On It
9:00 - 9:50a	Living in Honesty
10:00 - 10:50a	Making a Commitment To Go To Any Length
11:00 - 11:50a	Clarity Will Replace Vagueness
12:00 - 12:50p	Pain Is the Touchstone of Spiritual Growth
1:00 - 1:50p	No Change is No Change
2:00 - 2:50p	"Each Day That We Live Well, We Are Well" OA 12x12
3:00 - 3:50p	Practicing " The Primary Purpose" of O.A.
4:00 - 4:50p	D. E .N. I .A. L. Don't Even Notice I Am Lying
5:00 - 5:50p	Learning To Feel Our Feelings
6:00 - 6:50p	Making Amends - Doing the Next Right Thing
7:00 - 7:50p	Selfish, Self-Centered, Self-Seeking or Surrendering
8:00 - 8:50p	Let Go or Be Dragged
9:00 - 9:50p	G. O. D. Gift of Desperation
10:00- 10:50p	Adjustment to an Attitude of Gratitude
11:00 - 12:00a	Meditation

### SUNDAY

6:00 - 7:45a	Meditation
8:00 - 8:50a	Forgiveness Is A Gift To Ourselves
9:00 - 9:50a	Change the Way You Look At The World and The World Changes

**ALL WORKSHOPS AND MARATHONS ARE OPEN TO ALL**

## FRIDAY WORKSHOPS

	KRYSTAL A	KRYSTAL B
4:00-4:50p	ACCEPTANCE IS THE KEY JOY IN PRACTICING ABSTINENCE (RESPONSIBILITY)	MEN PARTNERS ON THE ROAD (SOLIDARITY)
5:00-6:00p	NEWCOMERS 101 OA - WHERE THE RUBBER MEETS THE ROAD (FELLOWSHIP)	YOUTH IN OA - FINALLY FITTING IN (Under 30) FINDING OUR WAY (EQUALITY)

*Workshops consist of speakers for 15 min. each, followed by Ask- It Basket questions.*  
**### Writing Workshops** consist of a panel of speakers followed by interactive group writing exercises.

## SATURDAY WORKSHOPS

	CHAMPAGNE I	CHAMPAGNE II	CHAMPAGNE III	KRYSTAL A	KRYSTAL B
8:30-9:45a	STEPS 8 & 9 CLEARING OUR SIDE OF THE STREET (DIALOGUE)	THE TOOLS RIGHT TURNS TO RECOVERY (STRUCTURE)	### NEWCOMERS WRITING WORKSHOP BEGINNING / RESUMING THE JOURNEY (HONESTY)	LGBT STEPPING INTO FREEDOM (NEUTRALITY)	SPANISH SPEAKING APRENDE EL CAMINO EN EL PROGRAMA (CAMARADERIA)
10:00-11:30a	100 POUND CHANGES THE LONG ROAD (COMPASSION)	### STEP 10 WRITING WORKSHOP STOP AND YIELD (PERSERVERANCE)	STEPS 1 - 2 - 3 FINDING DIRECTION (HOPE & FAITH)	LITERATURE PROVIDING THE ROAD MAP (CLARITY)	90-DAY & OA- HOW DISTINCT ROADS (GUIDELINES)
11:30a-12:45p			LUNCH BREAK		
12:45-2:00p	RELAPSE TO RECOVERY U-TURN AHEAD (HUMILITY)	STEP 11 SEEKING THE SPIRITUAL PATH (SPIRITUALITY)	STEPS 4 . 5 . 6 . 7. AN UPHILL TREK (COURAGE-INTEGRITY)	TRADITIONS - UNITY TO ANONYMITY, THE SAFETY & SECURITY OF OUR SHARED JOURNEY (CONSIDERATION)	AGING SPEED BUMPS (UNITY)
2:15-3:30p	SPONSORSHIP GUIDANCE ON THE PATH (LOVE FOR OTHERS)	STEP 12 PASSING IT ON (SERVICE)	LONGTIMERS JOURNEY TRAVELLED (ANONYMITY)	UNCOVER, DISCOVER, RECOVER ROAD WORK AHEAD (PURPOSE)	ATHEISTS AND AGNOSTICS OTHER ROUTES (AUTONOMY)
3:45-5:00p	BODY IMAGE, SEXUALITY, RELATIONSHIPS IT'S A TRIP (IDENTITY)	BIG BOOK p.83 "A NEW FREEDOM & A NEW HAPPINESS" (TRUST)	PLAN OF EATING NOURISHMENT FOR THE TRIP (WILLINGNESS)	PRINCIPLES OF 12-STEP RECOVERY A WAY OF LIFE (CONSCIENCE)	ANOREXIC, BULIMIC, COMPULSIVE EXERCISER DESTINATION SANITY (REALISM)