

The OA Promise

I put my hand in yours, and **together we can** do what we could never do alone. No longer is there a sense of hopelessness, no longer must we each depend upon our own unsteady willpower. We are all together now, reaching out our hands for power and strength greater than ours, and as we join hands, we find love and understanding beyond our wildest dreams.



Join us and share your experience, strength and hope with other OA members while strengthening your own commitment to recovery. Whether you are new to the program, or an old-timer, we invite you to a weekend full of recovery and fellowship.

PROGRAM HIGHLIGHTS

Workshops

Panels covering abstinence, body image, recovery from relapse and much more...

Marathon Meetings

Themed meetings continue throughout most of the weekend.

Opening Ceremony

Celebrating recovery with an opening speaker followed by an OA Musical, "The Sound of Recovery" performed by talented OA members.

Speakers

Speakers from across Region 2 sharing experience, strength and hope on Abstinence and Recovery in Overeaters Anonymous.



Registration opens at 3 pm Friday and continues through Sunday

Hotel Check-in from 3 pm on Friday

Marathon meetings begin Friday at 4 pm

Grand Opening at 7:00 pm on Friday

Closing Ceremony Sunday 10 am - noon



Overeaters Anonymous Region 2 Convention



Together
WE CAN

June 29 - July 1, 2018

Crowne Plaza

Sacramento Northeast

5321 Date Avenue
Sacramento, CA 95841
(916) 338-5800



www.oar2.org/convention/upcoming

This is Region 2's major annual fundraiser.

Funds generated from the Convention are used throughout the coming year to carry the message. One of the most common misconceptions is that Conventions are meetings. They are special events.

Hotel Information/Reservations

Crowne Plaza Sacramento Northeast
5321 Date Avenue
Sacramento, CA 95841

Reservations: (877) 504-0054

Please specify OAR2 for special rate below when making hotel accommodations.

Convention room rate per night:
\$129

Rate good for 2 nights pre-convention and 2 nights post-convention.

Above rates good only until June 11, 2018

Check-in: 3:00 pm

Check-out: 12 noon

Complimentary self-parking available.

ADA guest rooms available upon request.

Registration Questions?

Contact Nancy K
nkemp@pkemp.com
(916) 768-4871

REGISTRATION

ONE REGISTRATION FORM PER PERSON

To pay by credit card, register online at www.oar2.org/convention/upcoming

REGISTRATION

- Registration postmarked or submitted online on or before April 15, 2018\$45 \$ _____
- Registration postmarked or submitted online on or before June 10, 2018\$55 \$ _____
- Onsite registration\$65 \$ _____

All meal functions are open to paid participants only.

The hotel restaurant and alternative events are offered for those not attending the meal functions.

SATURDAY DINNER WITH SPEAKER (select one option below).....\$55 \$ _____

- King Salmon (tomato, basil, olive oil, pepper)
- Chicken Pancetta (tomato, pearl onions, bacon, capers)
- Vegetable Quinoa (roasted vegetables)

(All of these come with roasted fresh seasonal vegetables, brown rice pilaf, wheat rolls, sliced fruit dessert, coffee/tea)

SUNDAY BREAKFAST WITH SPEAKER.....\$30 \$ _____

Buffet with oatmeal, scrambled eggs, bacon, sausage, fruit juice, wheat bread, coffee/tea

T-SHIRTS and TOTES (all navy) are priced at \$15 until June 10 (the last online registration/early bird date) \$20 at the convention. (See website for pictures of T-Shirts and Tote Bags)

MEN's T M L XL 2X 3X 4X 5X 6X

WOMEN's V-neck XS S M L XL 2X 3X \$ _____

TOTES.....(# _____) \$ _____

DONATION TO REGION 2.....\$ _____

TOTAL.....\$ _____

Make checks payable to REGION 2 CONVENTION

Mail to: Overeaters Anonymous
PO Box 161593
Sacramento, CA 95816

Enclose a self-addressed, stamped envelope to receive confirmation by postal mail. All other confirmations will be sent via email.

R2 Refund Policy: A written request, less \$10 processing fee, will be honored, if received or postmarked by May 29, 2018.

Print full name (Last, First)

Address

City, State, Zip

Phone

Email (PRINT CLEARLY)

Name on badge: _____

Staying at hotel? Yes No

The success of the convention relies on service. Please volunteer* to help during the convention.

- | | |
|-----------------------------------------|-----------------------------------------|
| <input type="checkbox"/> Where Needed | <input type="checkbox"/> Registration |
| <input type="checkbox"/> Boutique | <input type="checkbox"/> Hospitality |
| <input type="checkbox"/> Greeter | <input type="checkbox"/> Drawings |
| <input type="checkbox"/> Silent Auction | <input type="checkbox"/> T-shirts/Totes |
| <input type="checkbox"/> Decorations | <input type="checkbox"/> Literature |
| <input type="checkbox"/> Security | |

*All Volunteers must register for the convention.

Date and time of arrival: _____

I would like to do service at convention meetings.

Timer Moderator Speaker

Speaker's preferred emphasis:

Requirement for speakers: 2 years of current abstinence and completion of steps 4&5

First time at an OA Convention: Yes No

Young Person? (under 30 y/o) Yes No