

Region 2 Fall Assembly Minutes

Saturday, October 28, 2017

8:30am to 4:00pm

Sunday, October 29, 2017

9:00am – 12:00pm

Called to Order: Meeting called to order 8:30 by Chair Anne O.

- Opened with Welcome, Serenity Prayer
- Green Dot recognition & Mentor assignments

Readings: Assembly Rules read by Parliamentarian, Concepts of Service read by Trustee

Introductions:

- Board members, R2 trustee and parliamentarian introductions
- Request Cell phones turned off and away.
- Acknowledge Retiring Reps and Board Members

Roll Call: A quorum was established with 19 intergroups, 27 RRs were present, 6 voting board members, 2 alternates and 1 trustee.

Ice Breaker: an ice-breaker activity was conducted.

Board Reports:

Secretary: Ask-it basket process, Old sign was claimed, Evaluation form Reminder.

Publications Coordinator: Invited folks to download podcasts.

Events Coordinator: Dates for upcoming Assemblies and Conventions

- R2 Spring Assembly 2018 April 13-14 Crowne Plaza Sacramento
- R2 Convention 2018 June 29-July 1 Crowne Plaza Sacramento
- R2 Fall Assembly 2018 November 2-4th, Pomona Sheraton
- R2 Spring Assembly 2019 March 29, 30th Pomona Sheraton

Requests intergroups stay at the hotel for assemblies and conventions.

Chair: Explained that next year the Region chairs will be joining us at the Fall Assembly and gave the taxonomy of the 10 regions. Asked for volunteers putting on the Forum at the WSBC in 2018.

Treasurer: Reminded folks that not many folks are taking advantage of the options for financial support. Her IG (Northern Nevada) is offering scholarships to their meetings for 2018 convention.

Vice-Chair: The SCT workshops are available on request. We did 3 this year.

R2 Trustee: Introduced the "Tradition pocket card", "Strong Meeting Checklist" and "12-Stepping a Problem" and offered them to anyone present. Special sale on 2 books "Overeaters Anonymous" and "Beyond our Wildest Dreams". Some IGs still need to update their Bylaws based on the WSO Bylaw updates. World Service updates literature, so check to make sure you have the latest. If you want to change something, have a business meeting in your group if you want to customize your meetings.

Intergroup and Region Concerns:

- Intergroup Mexico shared a thing they are doing... a can to use to collect small change.
- Sonoma county- having trouble getting people to come to their IG meetings, held a Meet and Greet to try to address this. It seemed successful, and will do it again.
- San Joaquin valley IG is a large geographic IG and has Virtual IG meeting. Found a local IG that gave them an account for free.
- Sonoma county IG brought Newsletter meeting list in back of the room

Ask-it Basket (Q&A):

Q: Please give the details for Chat with the Chair.

A: Time: 6-7PM; 2nd Sunday even months; Phones: 605-475-4000, Pin: 326612

Q: The convention cost 30K\$, but we only made 1K\$... Should we continue the Convention?

A: This year was an anomaly, we have learned some lessons and will not do a contract like this again with the Hotel.

Q: A speaker from our list went badly what do we do?

A: Call or write Publications Chair and they will be removed from the list.

Q: How do IGs find out about Health Fairs?

A: Call World Service and see if they know about any. Look in the paper, or City Calendars and Hospitals. IF you find one in which you want to participate, contact R2 Trustee to get support for literature and possible funding.

Q: What are the requirements to be a board member?

A: They were read from Page 8 and 9 of the Bylaws which can be found on-line at oar2.org/documents.

Follow-on question – Thomas read the requirements for the R2 Board and it included "Abstinence as being defined by the individual" person. Isn't that a conflict if the person is not "at or approaching a healthy body weight?" Since the OA definition includes this.

A: There is a possibility for a conflict. The bylaws are as currently documented and are not necessarily in conflict with WSO definition. This can be addressed if interested by the Bylaws committee or by a RR motion to amend the bylaws.

Q: Can we invite you to do an SCT workshop on 10th Tradition- Outside issues.

A: Yes, Submit a request to Vice Chair, and she will schedule them.

Q: Have the rules changed to help new meetings get literature. Looking for starter pack of literature, but didn't find it.

A: Region 2 has a budget item to help meetings that are starting. Email Treasure to get help with this.

Q: Could you please clarify the "suggested closing prayers"...

A: Group can open meeting with any prayer and close with approved prayers, have your group decide. Approved prayers are on WS website <https://oa.org/members/strength-and-hope/prayers/>. This includes Rosanne's Promise.

Q: We have a need in Santa Cruz for a meeting in Spanish. How can we get help for this?

A: Give a call to Lizanne who started one in Gilroy. 408-410-7074.

Follow-on Q1: How does and IG handle having someone in an IG position with a required abstinence but it appears over an extended period of time that the person might not qualify.

A: It was suggested that this should be handled in a one-on-one conversation, asking them "What is going on?" and not making assumptions (there are medical reasons for possible weight gain unrelated to food.) Be Kind.

Q: Is there any recommended order of reading OA literature?

A: Yes, the order in which your sponsor suggests.

Q: What are the examples of items needed/wanted for the convention sale fund raiser?

A: New Electronics, and new items. Themed gift baskets. For boutique... new or gently used clothing and items.

Q: Does anyone know of a post-bariatric focused meeting that is online or phone?

A: No, that is an outside issue. World Service determined that.

Q: How to increase meeting & intergroup attendance? We are dying!

A: Our numbers are shrinking everywhere; it is up to us to grow the fellowship. Share that you are in OA if you do not need the anonymity. Call people who have not been to meetings for a while. Do service at the intergroup.

Q: On page 5 of the Packet it says "Bylaws can only be changed at spring assembly." Is that true?

A: No, that is not true.

Q: Our intergroup has an OA member not from our area attend our 2017 retreat. He sexually harassed quite a few of our members and spoke a lot about one of the sex recovery 12-step programs while not talking about food recovery... Do you have suggestions as to how to talk to him? Our intergroup is considering not allowing him to come in future years. Keeping Tradition 3 in mind, can we disinvite him because of safety concerns?

A: No, we cannot disinvite people, but if he does register to attend again the Retreat chair should talk to him about his behavior and his impact on the retreat, and mention his discussing other programs. Experience Sacramento Rep: This occurred in their meetings- Several people went to talk to his sponsor, this helped temporarily, then it recurred and the when he returned they terminated meetings when he came, and called police. Finally restraining order had to be set up for certain members.

Q: Is there some method to involve local Igs for hotel selection Re: Location?

A: This has been asked for several times, with no responses. You are always welcome to send your suggestions at any time.

Q: How do we get more boutique flyers for our group?

A: Get more by emailing R2conventionchair2018@gamil.com

Committee Group Break-out Meeting – 1 hour

Presentation from the 2018 Region 2 Convention:

New Business:

Motion #4: To change the text in Section VIII, Part B, Item 11 to:

Whenever possible, any expenditure exceeding budgeted amount by more than fifteen (15) percent or \$500 whichever is greater, shall be submitted by the Treasurer to the R2 board for advance approval, prior to incurrence. Where not possible it shall be submitted before payment. Once a decision is reached by the board, the result will be communicated to the R2 Assembly.

Full text of all motions is in the Appendix.

Seventh tradition collection was passed \$182.91

Elections:

- Chair read from the election section of the Policies and Procedures Manual
- Vice-Chair Candidates
 - Speech and Q&A
 - Hand Vote
- Events Coordinator Candidate
 - Speech and Q&A
 - Hand Vote
- Secretary Candidates
 - Speeches and Q&A (2)
 - Balloting
- Results:
 - Elected Vice-Chair – Carolina R.
 - Elected Events Coordinator – Marjorie D.
 - Elected Secretary – Jeremiah
- Instruction to destroy the ballots

Committee Group Meetings for 15 Minutes

Committee Reports:

- Bylaws Committee Report
- Young Person's Committee Report
- Public Information Committee Report
- Intergroup Outreach Committee Report
- Twelve-Step Within Committee Report
- Unity with Diversity Committee Report

Thank you for retiring RR

Green Dot Ceremony

Thank you for retiring Board Members

Intergroup and Region Concerns:

- Northern Nevada Sierra - Fall half day event in November 4th Starts at 9:30
- Northern Nevada Sierra – Struggling with attendance to groups any suggestions?
- Marin County, OA LA Birthday party

- SACO IG Nov 4th in Oakland there is a marathon 10-5.
- North Rivers- Having a OA half event Sat Nov 11th 9-12 – website: www.oanorthrivers.org
- Jeri, San Diego having a holiday event get details at their website: <http://www.oasandiego.org/>

Closing:

- Closed with Rosanne’s promise.

Assembly Adjourned for the day at 11:35.

Prepared by R2 Secretary – Thomas Firpo

Any expenditure exceeding budgeted amounts by more than ten (10) percent shall be submitted for Budget override for approval by the R2 Assembly.

To:

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Motion Carried