



SACO Summer Serenity Retreat

Villa Maria Del Mar, Santa Cruz, CA — August 7 - 9, 2020

Join us for SACO's annual Overeaters Anonymous Retreat in sunny Santa Cruz. The beach is the perfect location to commune with nature and nurture your recovery! Come and find the serenity that leads us out of the physical, spiritual and emotional chaos that is compulsive overeating. The program begins Friday evening, and continues through Sunday lunchtime.

Reserve early to guarantee your space as we have a limited number of shared (2 per room) and private rooms allowing for 45 attendees. The price covers the cost of the accommodation, six delicious/abstinent meals and the travel expenses for our amazing retreat leader.

For more information, contact: **Carol N** at (510) 432-6025 or canolan4@aol.com

Please mail your completed form, your check (payable to SACO) and if you would like confirmation by mail (as opposed to email) a self-addressed and stamped envelope (4 1/8 by 9 1/2) to:

SACO, P.O. Box 1684, Fremont, CA 94538

A confirmation letter, map and menu canolan4@alo.com will be emailed in June (mailed if you include the envelope).

No pets allowed. Trained service animals may be permitted with prior authorization from Villa

An online registration form is available www.OASACO.org

Please use a separate form for each person you are registering.

Name _____

Address _____

City _____ State ____ Zip _____

Phone _____

Preferred room type: Private or Sharing

Gender (If sharing): Female Male

Roommate's name (if sharing) _____

Would you like a confirmation letter, map & menu to be sent by: Mail or Email?

Email Address _____

Can we share email/phone # with attendees?

Email: Yes No Phone: Yes No

Retreat cost (including meals):

Private Rm **\$400** \$ _____

Shared Rm **\$300** \$ _____

Commuter **\$175** \$ _____

Shared Rm is per person

Deposit (*non-refundable*) is

50% of the registration fee \$ _____

Scholarship Donation \$ _____

Total Paid Now \$ _____

Total Balance Due July 1st \$ _____

Registration fees

increases by \$30 after 7/1