



Overeaters Anonymous Region 2 2020 Fall

“A Vision of Recovery” October 23-25 Virtual on Zoom

[Link to be sent out to all those who registered.](#)

The OA Responsibility Pledge

Always to extend the hand and heart of OA to those who share my compulsion, for this I am responsible.

R2 Mission Statement

Overeaters Anonymous Region 2 serves California, Hawaii, Mexico, and Northern Nevada and exists to support individuals in need of recovery from compulsive eating (e.g. overeating, bulimia, anorexia) through empowering all groups within the region.

Read Your Assembly Packet & Win!

The phrase “*A Vision of Recovery*” is printed 5 times in this Assembly Packet (excluding this page). Find all 5 and write down the page numbers. Click [Phase Hunt](#) to fill out the entry form! All entries must be submitted by October 24, 2020.

Please have this packet available during the Assembly

Overeaters Anonymous Region 2
4733 Torrance Blvd, PMB #335, Torrance, CA 90503
www.oar2.org

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Zoom Information

Zoom links will be sent out a few days prior to Fall Assembly

Zoom training Friday Oct 23 at 6:30-7:30

Zoom Etiquette: Keep self-muted, no personal chats, dress appropriately

Please Note

- Review the business meeting times carefully and make your arrangements accordingly so that you are present for all business meetings.
- The “New Representative “**Green Dot**” Orientation” is 7:30-8:30 PM Friday October 23rd. **Green Dot Orientation is required for new reps. Please be prompt!**
- This is a business meeting so please dress appropriately as if it was face to face meeting.

Key Dates

2021 Spring Assembly

Dates: 3/19/20 - 3/20/20

Location: Doubletree by Hilton SF Airport | 835 Airport Boulevard, Burlingame, CA

2021 R2 Convention

Dates: 7/09/21 – 7/11/21

Location: Crowne Plaza San Diego | 2270 Hotel Circle North, San Diego, CA

2021 Fall 2021 Assembly

Dates: 10/22/21 – 10/24/21

Location: Doubletree by Hilton SF Airport | 835 Airport Boulevard, Burlingame, CA

Assembly Agenda

Friday October 23, 2020

6:30-7:30 PM Zoom Training

7:30-8:30 PM Green Dot Orientation

Saturday October 24, 2020

7:00 AM OA Meeting (optional) San Francisco IG hosting

7:30 AM Registration/check-in

8:30 AM Call to Order

- Serenity Prayer
- Cell Phones Off
- Introduce the Board
- Introduce Green Dots / Assign Mentors
- Acknowledge Retiring Reps
- Readings: 12 Concepts, Assembly Rules, Zoom
- Roll Call: **Your IG cannot be counted if you are not present!**
- Adoption of Previous Assembly Minutes
- Ask-It-Basket Circulated

9:00 AM Stretch break

9:05 AM Icebreaker

9:35 AM Board Reports

10:00 AM Stretch and BREAK

10:10 AM Ask-It-Basket

10:30 AM Intro to Committee Work and Committee Meetings

Be sure to take a stretch break during your committee meeting

11:45 AM 2021 Convention Report

12:00 PM Lunch Break

1:00 PM Speaker

1:30 PM Ask-It-Basket

2:00 PM Stretch Break

2:05 PM New Business

3:00 PM Stretch and BREAK

3:15 PM Committee Meetings

4:00 PM Stretch and BREAK

4:15 PM Workshop

5:15 PM Closing

Sunday October 25, 2020

7:30 AM OA MEETING (optional) Sacramento IG hosting

9:00 AM Call to Order

- Readings: 12 Concepts, Assembly Rules, Zoom rules
- Roll Call **Your IG cannot be counted if you are not present!**
- Ask-It-Basket Circulated

9:15 AM New Business (Continued)

10:00 AM Stretch Break

10:05 AM Election:

- Chair – 2 year term
- Treasurer – 2 year term
- Publications Coordinator – 2 year term
- Events Coordinator – 1 year term

7th Tradition Please go to oar2.org to [make a contribution](#).

10:30 AM Committee Reports 5 minutes each

11:15 AM Stretch and Break

11:30 AM Ask-It-Basket

12 NOON Adjourn

NOTE: There will be a brief Board meeting with newly elected officers immediately following the Assembly.

The Twelve Concepts of OA Service

1. The ultimate responsibility and authority for OA world services reside in the collective conscience of our whole Fellowship.
2. The OA groups have delegated to World Service Business Conference the active maintenance of our world services; thus, World Service Business Conference is the voice, authority, and effective conscience of OA as a whole.
3. The right of decision, based on trust, makes effective leadership possible.
4. The right of participation ensures equality of opportunity for all in the decision-making process.
5. Individuals have the right of appeal and petition in order to ensure that their opinions and personal grievances will be carefully considered.
6. The World Service Business Conference has entrusted the Board of Trustees with the primary responsibility for the administration of Overeaters Anonymous.
7. The Board of Trustees has legal rights and responsibilities accorded to them by OA Bylaws, Subpart A; the rights and responsibilities of the World Service Business Conference are accorded to it by Tradition and by OA Bylaws, Subpart B.
8. The Board of Trustees has delegated to its Executive Committee the responsibility to administer the OA World Service Office.
9. Able, trusted servants, together with sound and appropriate methods of choosing them, are indispensable for effective functioning at all service levels.
10. Service responsibility is balanced by carefully defined service authority; therefore, duplication of efforts is avoided.
11. Trustee administration of the World Service Office should always be assisted by the best standing committees, executives, staffs, and consultants.
12. The spiritual foundation for OA service ensures that:
 - (a) No OA committee or service body shall ever become the seat of perilous wealth or power;
 - (b) Sufficient operating funds, plus an ample reserve, shall be OA's prudent financial principle;
 - (c) No OA member shall ever be placed in a position of unqualified authority;
 - (d) All important decisions shall be reached by discussion, by vote, and, whenever possible, by substantial unanimity;
 - (e) No service action shall ever be personally punitive or an incitement to public controversy; and
 - (f) No OA service committee or service board shall ever perform any acts of government, and each shall always remain democratic in thought and action.



Rollcall Sheets

SB Name	State/ Province/ Country	# of Affiliated Meetings	# of Allowable RRs	Roll Call 1	Roll Call 2	Roll Call 3	Roll Call 4				
9599 Valley Sierra OA/HOW IG	CA USA	4	1								
9494 Unity with Diversity Desert IG	CA USA	10	1								
9010 South Bay IG	CA USA	27	2								
9245 Sonoma County IG	CA USA	17	1								
9020 Silicon Valley IG	CA USA	28	2								
9267 Santa Cruz County IG	CA USA	10	1								
9013 San Joaquin Valley IG	CA USA	7	1								
9009 San Gabriel Valley Inland Empire IG	CA USA	23	2								
9071 San Francisco IG	CA USA	27	2								
9008 San Fernando Valley IG	CA USA	43	4								
9007 San Diego County IG	CA USA	44	4								
9012 Sacramento Valley IG	CA USA	41	4								
9051 SACO Southern Alameda County IG	CA USA	3	1								
9005 Orange County IG	CA USA	43	4								
9111 OA Hawaii IG	HI USA	13	2								
9325 Northern Nevada Sierra IG	NV USA	11	2								
9434 Northcoast IG	CA USA	4	1								
9356 Monterey County IG	CA USA	5	1								
9294 Mid-Peninsula IG	CA USA	20	2								
9083 Marin County IG	CA USA	12	2								
9004 Los Angeles IG	CA USA	55	5								
9301 Lake Mendocino IG	CA USA	3	1								
9651 Lake Chapala Mexico IG	TX USA	2	1								
9326 Kern County Overeaters Anonymous IC	CA USA	6	1								
9492 Inland Empire IG	CA USA	19	2								
9329 IG Mexico City	Mexico	298	29								
9331 HOW-OA Northern California IG	CA USA	12	2								
9654 Hawaii Big Island IG	HI USA	3	1								
9003 Foothill IG	CA USA	17	2								
9100 East Bay Unity IG	CA USA	38	3								
9667 Comite De Companeros De Aoyo OA Mex AC (CCAOA MEX) IG	Mexico	36	3								
9068 Channel Islands IG	CA USA	11	2								
9222 California Central Coast IG	CA USA	11	2								
ARTICLE VII, SEC. A				Y	N	Y	N	Y	N	Y	N

Region Board				Roll Call	Roll Call	Roll Call	Roll Call
				1	2	3	4
Chair ARTICLE VII, SEC. A							
Vice Chair							
Secretary							
Treasurer							
Events Coordinator							
Publications Coordinator							
Voting Members R2 Board							
Voting Members Total							
Non-Voting Attendees				Roll Call	Roll Call	Roll Call	Roll Call
				1	2	3	4
Region 2 Trustee							
Alternates							
Visitors							
Parliamentarian							
Total							
ARTICLE VII - Voting of the R2 Assemblies							
A. A quorum shall consist of Representatives from at least thirty percent (30%) of all Intergroups.							
B. A simple majority shall govern for voting purposes unless otherwise specified in these Bylaws.							
C. Voting shall be by a show of hands unless otherwise specified by the Chair, a judgment of group conscience, or another article of these Bylaws.							
D. Each RR shall be entitled to one (1) vote in the assembly.							
E. The R2 Vice Chair, Secretary, Treasurer, Publications Coordinator and Events Coordinator shall each be entitled to one (1) vote in the assembly.							
F. The R2 Chair may vote to make or break a tie, or on a ballot vote.							
G. Any other member of the fellowship attending an assembly shall have a voice, but not a vote.							
Total number of affiliated groups in Region 02:		903	94				
Total number of unaffiliated groups in Region 02:		74					
Total number of groups in Region 02:		977					
Total number of intergroups in Region 02:		33					

Meetings in Region 2

Total number of meetings affiliated with IG/SB: 5,431

Total number of meetings unaffiliated: 766

Total number of meetings: 6,197

Total number of telephone meetings: 318

Total number of online meetings: 474

Total number of non-real-time meetings: 63

Total number of virtual meetings: 855

Total number of IGs: 307

Total number of SBs: 17

Total number of region offices: 11

Total number of service bodies: 335

Note: Virtual meetings are included in the Total number of meetings count.

A Vision of Recovery

Board of Directors

Anne O., Chair
chair@oar2.org

Patti W., Treasurer
treasurer@oar2.org

Jeri A., Vice Chair
vicechair@oar2.org

Lynn K., Event Coordinator
events@oar2.org

Jeremiah A., Secretary
secretary@oar2.org

Luanne B., Publication Coordinator
publications@oar2.org

Trusted Servants

Hanna S., R2 Trustee
trustee@oar2.org

Mary H., Webmaster
webmaster@oar2.org

Board Report : Chair, Anne O.

I missed all of you in April. It was the right decision to cancel the Assembly given the pandemic. I am happy to be with you again – virtually – at our Fall Assembly. Since we will be meeting virtually with no travel or accommodation costs, I am hoping that intergroups will send full representation to this assembly – 1 rep for each 10 meetings or fraction thereof (e.g. 10 meetings = 1 rep, 11-19 meetings = 2 reps). This is also a great opportunity to invite visitors to attend. Please extend that invitation to your meetings. *A Vision of Recovery*

2020 World Service Business Conference (WSBC) was cancelled. We did elect Trustees and approve literature.

- These Trustees were elected:
 - Margie G. – Region One Trustee
 - Meg M. – Region Four Trustee
 - Karen B. – Region Seven Trustee
 - BJ (Betty) J. – General Service Trustee
 - Ron P. – General Service Trustee
- These pieces of literature were approved:
 - *In OA, Recovery is Possible*. The Conference Seal of Approval shall be removed from Questions and Answers, A Program of Recovery, and Compulsive Overeating: An Inside View once the new pamphlet is published.
 - *Temporary Sponsors: Newcomers' First Twelve Days*. This piece of literature is available for download from oa.org
 - To the Young Person.
 - *A Lifetime of Abstinence*. The Conference Seal of Approval shall be removed from A Commitment to Abstinence; Before You Take That First Compulsive Bite, Remember ...; and Maintaining a Healthy Body Weight once the new pamphlet is published.

There have been many questions and activities around the move to virtual meetings. Thank you LA Intergroup for providing the Region 2 Board with a six-month license for Zoom. Being able to see each other has been great for our Board meetings.

I had a Service Traditions and Concepts (STC) face to face workshop scheduled for San Diego IG in May. We were able to convert it to virtual thanks to the tech people in San Diego and it went very well. There was 70+ people in attendance.

Elections will be held at the 2020 Fall Assembly. The following positions will be available. Please review the job descriptions for each position which are included in the packet along with a Board application form.

- Chair – 2 yr term
- Treasurer – 2 yr term
- Publications – 2 yr term
- Events Coordinator – 1 yr term

There will be a separate packet for first time representatives (Green Dots) containing all the materials that will be covered in orientation. If you are a Green Dot, please be sure to attend the orientation that will be held on Zoom on Friday evening at 7:30, led by Vice Chair Jeri.

Board Report : Vice Chair, Jeri A.

During my time as Vice Chair on the R2 Board I have:

- Attended all Board meetings and participated
- Have sent out the Region 2 Speaker list as requested from members
- Have put together the 'Green Dot' orientation format as to what happens and what to expect at Assembly
- Prepared Workshop for Assembly---but did not present it due to Covid
- I am attending the 2021 Convention Committee meetings as a representative of R2 Board
- Have communicated with The Twelfth Step Within Committee

I feel very fortunate to work with such an outstanding group of people who are on the R2 Board. I am grateful for their patience and understanding. Thank You, for the opportunity to do service at this level which I could never have imagined forty-five years ago.

Most of all, I thank God and all of you for another day of abstinence and another day of service.

Jeri
Vice Chair

Board Report : Secretary, Jeremiah A.

FALL 2020 ASSEMBLY

SECRETARY REPORT

JEREMIAH A. 08/06/20

Thank you for electing me to another term on the Region Board. I am excited to be able to continue my work and initiatives alongside a dynamic group of fellows who share in my compulsion.

I'd like to share three major benefits to me of serving on the R2 Board in the hopes that it will encourage others to look into Board service: 1. You get a valuable seat behind the wheel of a major organization, and you play a key role in strategizing. 2. Your voice is likely to be heard – and it has impact. 3. You'll care more than you thought you could. New perspectives aid evolution. Please consider Board service.

ACCOMPLISHMENTS:

1. Produced Minutes from Fall 19 Assembly
2. Produced & ratified Board Meeting Minutes
3. Promptly voted on R2 Board business as due
4. Assembled Board electronic vote results for Board ratification
5. Organized and executed the agreement for the new R2 storage space
6. Prepared and presented the Fall 2019 Assembly Evaluation reports
7. Attended ST&C workshop with 2020 Convention Committee
8. Aggregated and presented Fall Assembly Committee Reports & Contacts for Board review
9. Interacted with the YP Committee on progress reports and to support initiatives
10. Participated in ad-hoc committee relating to filling vacant R2 Board positions
11. Completed updates of the R2 Policies & Procedures Manual

Anne, thank you for your wit, your wisdom, and your friendship. It's been a pleasure working with you.

Board Report : Treasurer, Patti W.

I look forward to seeing you all at the 2020 Fall Assembly!

I came to my first meeting of OA six years ago and it was a lifeline. It has prepared me to live one day at a time surrendering to a power greater than myself. It is so freeing and gets me through these tough times.

I love the job of Region Treasurer and appreciate the work the Board of Directors accomplishes as a team. We could not do it without each other. When I started, I was new to this level of service and was overwhelmed, but that did not last long. In fact, I think it was my first Board meeting when I relaxed and was reminded, we were a team, and everyone was there to help.

I wish I could take on a second term as Treasurer but HP willing, I plan to travel full time starting mid-July 2021. That means I won't be in Region 2 so I need to step down. I would like to take this opportunity to encourage YOU to step up and take my place. You will not regret it and service is one of the steps in our recovery! The job duties are in this packet and you can now apply and submit a board application online: [Board Application](#)

There will be perks for the next Treasurer too:

- Did you know that just before I became Treasurer the R2 Board agreed the job was too much for one person so they hired the service of a bookkeeper and we have since created a memorandum of understanding (division of duties) that works so smoothly? The bookkeeper does much of the day to day work – writing the checks, identifying incoming donations, and reconciling our accounts using our online accounting system.
- You will have me available for the following six months to train and be available whenever something comes up. I can be your help desk or lifeline – whatever you need.

In this Assembly packet you should find the 2020 Budget to Actuals report. It is a side by side comparison of the budget we approved at the Fall 2019 assembly compared to our actual income and expenses up until August 5, 2020 when I submitted the report to our Publications Coordinator, Luanne B, along with this report so she could compile the Fall Assembly Packet. During our 2020 Fall assembly it will be our job to review this report and propose and approve a budget for next year. Not much will have changed by then because our convention has wrapped up and we will not have the usual expenses due to sheltering in place and travel restrictions due to the COVID-19 pandemic. Who would have guessed we would be living together through such historical times!

To understand the ongoing duties of the Treasurer, please go to the Board Description section of this Packet and review Job Description for the Treasurer.

One of the improvements I am working on is changing how the **Funding Assistance Program Applications** are submitted. Currently it takes up to 4 weeks for me to get them by snail mail. It is not a direct path and multiple mail forwarding is involved. Needless to say, the next time you need to apply you will find fillable forms on the R2 website that can be submitted online. Once submitted, it will be transmitted directly to the Treasurer's email box. That reduces the delay from 4 weeks down to minutes!

I plan to update the [Donate by Mail form](#) but in the meantime, if you want a receipt, please include a stamped, self-addressed envelope with your donation.

Please do not hesitate to provide feedback or ask questions by emailing me at treasurer@oar2.org

Board Report : Events Coordinator, Lynn K.

Greetings R2! No one could me more surprised than me, when in Mid-December I got a call from R2 asking me to resign my position as R2 Convention Co-Chair and let the Board appoint me acting Events Coordinator. Though we were in full swing of convention planning, I knew it was the right decision at my first Board Meeting. I have felt privileged to serve through what can only be described as unprecedented times in the history of our region. Thanks to the board and our outgoing Events Coordinator Marjorie for their mentorship.

This journey has not been without challenges! As you know, the spring 2020 Assembly had to be cancelled when the SF Bay Area came under Shelter in Place orders in March. Thankfully, we were released from the hotel contract with no financial penalties as the hotel was unable to fulfill their end of the contract. As much as it was a shame to miss an opportunity to meet in person – safety of our membership and their communities is and will always be the highest priority.

Soon thereafter, we were faced with the same concerns about the 2020 Convention, originally planned July 10-12 at the Hilton Oakland Airport. I am so grateful to the convention committee for their extraordinary efforts and commitment to this event. It was a wonderful convention; truly *A Vision of Recovery* with over 700 attendees logging in over a three-day event. One of my favorite memories: The impromptu dance party that broke out after the comedy show on Friday evening. This was an unexpected treat and just goes to show you can do just about anything via a meeting platform you could do in person! R2 appreciates everyone who attended at all three registration levels and we are delighted to provide the recordings as part of the registration cost. See the financials about the convention in the Treasurers report and some callouts from the post-convention survey results attached.

Meanwhile 2021 Convention Committee “The Keys of Recovery” has been hard at work preparing a wonderful program of speakers/workshops, hospitality, fellowship, and fundraising for our first face to face convention in three years! (#reuniteditwillfeelsogood) Save the date - It is going to be a wonderful event at the Crowne Plaza San Diego (July 9-11, 2021).

It’s been a pleasure being as your Events Coordinator. As HP would have it, another opportunity to serve at the Region level has presented itself and I am once again called to step outside my comfort zone to learn and grow in this fellowship I love so much. I submit my application (R2 Chair) knowing that if elected I have plan for living that will support me in taking the next right action – one day at a time Yours in service,

Lynn K.

Board Report : Publications, Luanne B.

Hello All,

This would be my first report since I was elected to this position of Publication Coordinator. As we had to cancel the 2020 Spring Assembly, the board has been working hard to make Fall Assembly a positive experience for you. This will be our first virtual assembly so please be patient with our mistakes. One part of my responsibility is to put this packet together for you. I hope it is simple and concise. There is a lot of information in this packet that will be helpful to you throughout this

assembly. If you feel there is anything missing or improvements needed, I will welcome any input. You can email me at publications@oar2.org The rest of my duties I have completed is keeping the event page up to date on the R2 website. Any events your intergroups are sponsoring can be placed on the R2 website. Submission can be done at <https://www.oar2.org/add-event.html#/> or [Add Event](#)

I would like to put a shout out to the 2020 Convention Committee. Wow, that was an awesome convention. This group of fellows turned a face to face convention into a virtual convention in 3 months and did a bang-up job. The biggest thing I took away from the convention is watching this group of fellows approaching the transition with an attitude of “How can I help you?” With this attitude they pulled together and presented an amazing convention.

My tenure for this position is up and I will be applying for another term. I thank you for trusting me to be part of the wonderful group of men and women and keeping the message going to all the fellows who are still suffering from compulsive overeating inside and outside of these room.

Your Trusted Servant,

Luanne B

Publication Coordinator

Board Report : Region 2 Trustee, Hanna S.

This is the first Region 2 Virtual Assembly and, at this one, we must elect members to the Region 2 Board. It is very important to have as many Intergroup Representatives as possible present. No travel expenses to attend, so every eligible representative should attend.

As trustee I do attend board meetings. I do have a voice at the meetings, but the trustee does not vote. The trustees are liaisons between World Service and their respective regions.

But one of my responsibilities is to ask Intergroups to update their By-Laws. I have been asking for this for several years. Many of you had your bylaws updated and we appreciate it. If you are not sure, please do mention this at your next intergroup meeting. A sample by-laws form can be located at the OA.org website. If you have problems finding the form, please let me know and I will send you the sample copy. I suggest keeping the bylaws format as close as possible to the sample. I believe that very long bylaws, with lots of details, may make it more difficult for the next IG board when they need to be updated. Of course, this is only a suggestion; what you include in your bylaws is up to your IG, they have to vote on it.

During these difficult times I am glad we have zoom meetings so we can continue going to meetings and working on recovering from our decease. This would not have been possible when I came to OA, over 40 years ago, and I am wondering what we would have done at that time. I believe that this is probably the only good thing about these trying times. We did not even have phone meetings; we could only call one member at a time. I miss not seeing all of you at face-2-face meetings, or at the assembly, and I am hoping that we will get back to it soon. It was always fun getting to a meeting early and talking to others before the meetings. I guess we can do this at zoom meetings too and I appreciate hosts opening the meetings early so we can chat. Many meetings do “screen-sharing” and I know you will only put items up approved for downloading when you screen-share.

Something else comes up again and again; members asking about books or literature not approved by World Service pertaining to weight loss or even religion. There are a lot of good books, written by private individuals or by 12-Step Programs other than OA, and I read many before coming to program, including seeing counselors and even seeking other medical help. Coming from a non-religious background, I had problems with the word “God.” Outside information is all good, but it’s not part of

OA and should not be brought into our meetings. We did not have many books and literature of our own, but we have come a long way and I believe we now have everything we need to help us recover. If you have questions you may want to take a look at our pamphlet “What If I Don’t Believe in “God.” It’s a great pamphlet and addressed everything I needed. The printing was discontinued in March 2013. Reason, there was not such a great demand for this pamphlet. However, it is still available in our archives and can be downloaded as a PDF file. Using non-OA literature might confuse newcomers; they may think that it’s all part of OA and it’s not. We do have a list of AA literature, approved by OA, on our publications list.

Thank you for letting me be of service to you and our region.

Hanna S.

Region 2 Trustee

Update Your Intergroup Bylaws

This is a reminder to all Region 2 Intergroups. If you have not updated your bylaws yet, please do so at your earliest convenience. A motion, pertaining to Virtual Meetings, was adopted during the previous World Service Business Conference.

ARTICLE III – MEMBERS, item D) should be deleted. The part (to be deleted) reads as follows:

D) Virtual groups (groups which replicate face-to-face meetings through electronic media) may be an Overeaters Anonymous group if they:

- 1) Otherwise meet the definition of Overeaters Anonymous groups.**
- 2) Are fully interactive; and**
- 3) Meet in real time.**

After completing please send a copy of the updated bylaws by email to the Region 2 Trustee at trustee@oar2.org

You will receive a copy of a “Service Body Bylaws Review Checklist” for your files. This checklist, along with your bylaws will be sent to World Service by the region trustee.

To find a sample copy of the current intergroup bylaws go to: [Sample Bylaws](#)

Committee Liaisons

- Committees: Be sure you know who your committee Liaison's is, so you know who to communicate with.

Committee	Board Liaison
Intergroup Outreach	Hanna trustee@oar2.org
Young Persons	Jeremiah secretary@oar2.org
Public Information	Luanne publication@oar2.org
Bylaws	Patti treasurer@oar2.org
12 Step Within	Jeri vicechair@oar2.org
Unity with Diversity	Anne chair@oar2.org
2021 Convention Committee	Lynn K events@oar2.org

Committee : Intergroup Outreach

No Report – See 2020 [Spring Assembly Packet](#) for last report received.

Intergroup Outreach Statement of Purpose

The purpose of the Intergroup Formation/Outreach Committee is:

- to reach out to struggling Intergroups.
- to encourage unaffiliated groups in one geographic locale to form an Intergroup or join an existing one.
- to assist groups in forming an Intergroup; and,
- to encourage intergroups to participate in Region 2.

Duties and Responsibilities:

- Receive updated intergroup listings from R2 Board.
- Receive copies of unaffiliated group registration forms from R2 Board/WSO and respond appropriately.
- Locate nearest intergroup and note on group registration form, including intergroup name, address, and telephone.
- Respond to new unaffiliated groups as follows:
- Encourage those groups located near an existing Intergroup to join that Intergroup. If improper paperwork is the problem, ask the group to resubmit proper group registration forms.
- Encourage groups located more than 50 miles from an intergroup to join distant Intergroup or form a new Intergroup together with nearby unaffiliated groups.
- Enlighten unaffiliated groups about their status.
- Reach out and communicate with struggling and/or newly formed Intergroups.
- Work within the budget assigned by R2.
- Communicate with the R2 Board through the Board Liaison.

Committee : Young Persons

Report by Maggie B

Since the Spring 2020 Assembly the Young Persons (YP) Committee has made progress on their initiatives. The Committee has been working on compiling YP podcasts and is still working on this goal. Additionally, the YP committee facilitated a workshop at the Region 2 Convention and it was positively received. *A Vision of Recovery*

Young Persons Statement of Purpose

The R2 Young Persons Committee assists Intergroups interested in formalizing a Young Persons program. The Committee also helps organize or sponsor Young Persons events, such as Retreats and Conventions, etc.

Duties and Responsibilities:

- Help formulate goals and oversee projects in the making that are geared towards young persons in our fellowship.
- Bring World Service Business Conference Young Persons Committee ideas and projects to R2 for further refining and disseminating.
- Share Intergroup Young Persons ideas; answer questions and concerns that people might have; be a resource for Young Persons meetings in R2, i.e.: meeting formats, special activities.
- Oversee Young Persons events.
- Communicate to the R2 Board through the Board Liaison

Committee : Public Information

No Report –2020 See [Spring Assembly Packet](#) for last report received.

Public Information Statement of Purpose

The purpose of the R2 Public Information Committee is to carry the message to the compulsive overeater who still suffers by encouraging, supporting and developing public information efforts in the Region 2 Intergroups.

Duties and Responsibilities:

- Increase public awareness of the Overeaters Anonymous program of recovery throughout the Region.
- Provide support which encourages the development of local public information efforts within the Region.
- Organize and support Regional public information activities which, because of their nature, are beyond the scope of what one Intergroup could accomplish by itself, or which require the involvement and support of two or more Intergroups.
- Establish annual public information goals for the Region and report at each assembly on the actions being taken to achieve those goals.
- Recommend to the region an annual budget in support of the Region's public information activities and report to each assembly on the usage of the funds which are approved.
- Follow prepared agenda for each committee meeting and communicate between committee meetings.
- Communicate to the R2 Board through the Board Liaison.

Committee : Bylaws

No Report – See 2020 [Spring Assembly Packet](#) for last report received.

Bylaws Statement of Purpose

The purpose of the Bylaws Committee is to review and initiate bylaw amendments, changes to policies and procedures, and provide recommendations for these to the R2 Assembly.

Duties and Responsibilities:

- Review bylaws amendment proposals from RR's, R2 Board, World Conference and Intergroups for recommendation to R2 Assembly.
- Review all bylaw amendment proposals submitted to the Publications Coordinator in accordance with Article XVI of the Bylaws and printed in the R2 Assembly packet for recommendation to the R2 Assembly.
- Develop amendment proposal format and text.
- Verify the appropriateness of R2 Bylaw amendment proposals with the Parliamentarian.
- Prepare final bylaw amendment proposals and present copies to R2 Secretary in time for regular meeting.
- Redraft Bylaws as required by R2 Assembly adopted amendments, obtain R2 Board signatures, and prepare sufficient final copies for distribution to R2 membership.
- Expend funds as budgeted to accomplish Bylaws Committee functions.
- Communicate to the R2 Board through the Board Liaison.
- Assist Publications Coordinator in tracking changes to Bylaws and Policy & Procedures for production of bi-annual update of R2 Policy and Procedures Manual.
- Bylaw Committee Chair to chair the R2 Board Recall Committee (per R2 Bylaws, Section X, D).

Committee : 12 Step Within

No Report – See 2020 [Spring Assembly Packet](#) for last report received.

12th Step Within Statement of Purpose

Our 12th Step in Overeaters Anonymous tells us to “carry the message to compulsive overeaters....” The primary purpose of the Twelfth Step Within, therefore, is to carry that same message to those who still suffer within the OA fellowship. Thus, the Twelfth Step Within Committee deals largely with relapse and issues of membership retention – the message, of course, is hope.

Duties and Responsibilities:

- Accumulate ideas and information from RR's who participate in this committee.
- Respond to requests from intergroups and fellow members for information related to this committee.
- Delegate work to be done by committee members and any actions that may need to be taken by this committee, including:
- All requests for meeting lists and sponsors-by-mail sent WSO.

- Development and maintenance of a list of available sponsors-by-mail for answering requests for same.
- Development of a method of supplying meeting list information as needed.
- Encouragement of formation of Twelfth Step Within Committees at the Intergroup level to deal directly with requests for such information.
- Follow the 12 Steps and 12 Traditions, follow the R2 Bylaws, and expend funds as budgeted to accomplish committee functions.
- Communicate with the R2 Board through the Board Liaison.

Committee : Diversity

No Report – See 2020 [Spring Assembly Packet](#) for last report received.

Diversity Statement of Purpose

The First Tradition states: “Our common welfare should come first; personal recovery depends upon OA unity.” In keeping with that tradition, the purpose of the First Tradition Committee is:

- to support and encourage full participation of every OA member within Region 2,
- to recognize and accept the many different concepts of working the OA program of recovery.
- to encourage groups and Intergroups within Region 2 to be similarly accepting.
- to provide strategies and resources to assist groups and Intergroups in participating at the regional level.

Duties and Responsibilities:

- Facilitate ways to create and maintain unity within Region 2.
- Provide guidance and support to R2 groups and Intergroups in sharing successful approaches to the OA program of recovery.
- Create and encourage new lines of communication between geographic areas within the Region.
- Development and maintain room share network for R2 Assemblies.
- Communicate with the R2 Board through the Board Liaison.

Financial Statement

Region 2 of OA 2020 Budget Approved Fall Assembly 11-2019		Acct	2020 Actuals as of 8/5	2020 Budget	Comments
Income					
1	Assembly Registrations	3900	-	7,000	
2	Bequests/Personal Donations	4210	-	300	includes those made at convention
3	Group Donations	4200	20,643	34,000	
4	Interest Income	4400	2	50	
5	Miscellaneous Income	4500	618	50	example: royalties CD sales at prior year's convention
6	Seventh Tradition	4220	-	600	those made at spring & fall assembly
7	Unspecified Donations	4205	2,236	500	unidentified / group number missing
8	Subtotal Non-Convention Revenue	-	23,498	42,500	
9		-	-	-	
10	Convention	-	-	-	
11	Event Registrations Received	4000	26,200	23,000	
12	Event Optional Meals	4010	-	8,000	
13	Convention Merchandise	4100	3,911	1,200	example: t-shirts
14	Boutique	4110	-	2,000	
15	Drawings	4120	-	3,500	example: silent auction
16	Subtotal Convention Revenue	-	30,111	37,700	
17		-	-	-	
18	Total Income	-	53,609	80,200	
19		-	-	-	
Expenses					
21	Tradition 5 - IFAP Primary	2100	-	2,000	amount is mileage based
22	Tradition 5 - IFAP Secondary	2110	-	300	amount is mileage based: a 2nd RR 50% of Primary
23	Tradition 5 - Scholarship	2120	-	500	To assembly
24	Tradition 5 - Mexico OA IG Sponsorship	2130	-	3,000	to fall assembly & WSBC
25	Tradition 5 - Hawaii OA IG Sponsorship	2140	-	1,000	to fall assembly only
26	Tradition 5 - Health Fair Subsidy	2150	-	200	
27	Tradition 5 - Literature Subsidy for New	2160	-	50	
28	Tradition 5 - IG Delegate to WSBC	2170	-	3,000	
29	Subtotal Tradition 5 Subsidies	-	-	10,050	
30		-	-	-	
31	Event Registration Paid	5120	149	1,300	Board and personnel
32	Hotel Rooms	5200	-	7,000	Board and personnel
33	Meals	5300	-	3,000	Board and personnel
34	Travel	5400	-	6,500	Board and personnel Air, taxi, shuttle, mileage, car rental
35	Subtotal Board et al Travel	-	149	17,800	Board and personnel include Parliamentarian, Admin, trustee, outgoing board For business only to assembly, convention, workshops, trainings, ect.
36		-	-	-	
37	Bank Service Charges	6700	22	50	NSF fees, \$26 bank fee for large cash deposits to convention acct
38	Computer & Office Equipment	1300	-	400	examples: Cell phone, computer, projector, credit card machine
	Donorbox Fees	6740	48	-	
39	Credit Card Fees	6750	574	350	donations and assembly registrations paid by credit card
40	Liability Insurance	6300	-	850	for R2 events only
41	Miscellaneous	6800	400	250	example: online filing fee for 1099 (taxes), Lifeline subscription
42	Membership Communications	6000	-	50	Supplies for Mexico Congresso
43	Office Supplies	6510	-	150	
44	Postage	6500	864	1,000	mail forwarding service, PO Box rental; postage
45	Printing Costs	6100	-	900	newsletter, packets, ST&C workshop materials
46	Professional Services Procured	5800	1,896	7,000	parliamentarian, tax preparer, Bookkeeper, Admin Assistant, any legal service
47	Storage Space	6530	1,041	900	Recordkeeping, convention items & recordings, R2 assembly items
	Sales Tax	2300	-	-	
48	Website - New Work	6200	-	750	adding new forms or functionality
49	Website Hosting	6220	421	750	provides technology needed for website to be viewed in the Internet
50	Website Maintenance	6210	663	2,000	posting items, making changes to website
51	World Service Donations	5600	(50)	500	determined at fall assembly
52	Xero Subscription	6520	180	400	online accounting software subscription
	Zoom	6540	59	-	
53	Subtotal Overhead Expenses & Liabilities	-	6,117	16,300	
54		-	-	-	
56	Assembly Facilities Charges	5100	-	2,700	Mtg rooms, AV; fall 2020- spring 2025 deposits pd in 2019
	Assembly Meals	5110	-	7,000	Food & Beverage (F&B)
55	Assembly Committee Projects	5500	-	300	all R2 committees; funds approved in fall spent in 2020
58	Subtotal Assemblies	-	-	10,000	
59		-	-	-	
60	Convention Audio Visual	5007	-	2,500	
61	Convention Decorations	5010	-	600	
62	Convention Entertainment	5005	-	500	
63	Convention Facilities Charges	5008	-	1,300	Mtg rooms: deposit: due 30 days prior to event per contract
64	Convention Goods Purchased	5000	-	500	
65	Convention Meals	5006	-	15,000	Food & Beverage (F&B)
66	Convention Miscellaneous Purchases	5002	159	850	hospitality, hotel liaison
67	Convention Office Supplies	5004	-	500	
68	Convention Printing/Copies	5001	319	1,000	programs, flyers
69	Convention Signage	5009	-	500	
70	Convention Website	6230	-	300	
71	Convention Credit Card Fees	6755	769	2,000	
72	Miscellaneous Convention Fundraising	5003	-	500	
73	Subtotal Convention	-	1,247	26,050	
74		-	-	-	
75	Total	-	7,513	80,200	
76		-	-	-	
Overall Recap					
78	Income		53,609	80,200	
79	Expenses		(7,513)	(80,200)	
80	"Profit" or Loss		46,096	-	
81					
Prudent Reserve Calculation					
82		2017	2018	2019	TOTAL
83	Convention not included in calculation→	Expenses 42,755	Expenses 41,098	Expenses 34,593	\$118,446
84	1-year reserve - based on the 3 year average				\$39,482
85	9-month reserve - based on the 3 year average				\$29,612
86	6-month reserve - based on the 3 year average				\$19,741
87	see P & P Sec. VIII, B, page 8: policy on prudent reserve				
88					
89	Cash on hand (less Prudent Reverse)	73,881			
15. Prudent reserve policy:					
a) It shall be the policy of Region 2 to maintain a prudent reserve to cover a minimum of six (6) months, and a maximum of one (1) year's, operating expenses, plus outstanding liabilities and one-time capital expenditures.					
b) The monthly operating expense amount shall be based on the average for the previous three (3) years.					

Minutes from 2019 Fall Assembly



OA R2 2019 FALL ASSEMBLY MEETING MINUTES

“...together we can do what we could never do alone.”
OAKLAND, CA – HILTON OAKLAND AIRPORT
FRIDAY, NOV 1 - SUNDAY, NOV 3, 2019
PREPARED BY: JEREMIAH A., R2 SECRETARY

Friday, November 1, 2019

- 6:00p Early Registration
- 6:30p Meet & Greet Session
- 7:00p Grand Opening of the R2 Fall Assembly (ASY)
Serenity Prayer; Welcome & Introductions of the R2 Board
Speakers
- 8:00p Announcements & Closing with Rozanne’s Promise

Saturday, November 2, 2019

- 7:00a OA Meeting
- 7:00a Registration *cont.*
- 7:15a New Rep (*Green Dot*) Orientation
- 8:30a Call to Order – Anne O., R2 Chair
Serenity Prayer & Board Introductions
For Today reading
Introduction of new Reps (*Green Dots*) / Assignment of Mentors
12 Concepts reading – Hanna S., R2 Trustee
Assembly Rules – David M., Parliamentarian
Acknowledge Retiring Reps
Roll Call: – Jeremiah A., R2 Secretary, Your IG cannot be counted if you are not present.
22 of 35 IGs represented; Quorum Established (30% of total IGs)
30 RRs, 5 Voting members of BoD, 2 Non-Voting Attendees
Adoption of Previous ASY Minutes – Jeremiah A., R2 Secretary

Motion	Topic	Results
Motion #1	Adoption of Previous ASY Minutes (SP19)	Motion Carried

Ask-It-Basket circulated

- 9:00a Ice Breaker – Carolina R., R2 Vice Chair
- 9:25a Board Reports As located within the FA19 ASY packet
Chair, Publication Coordinator, Events Coordinator, Treasurer, Vice Chair, R2 Trustee

- 10:15a BREAK
- 10:25a Ask-It-Basket/ Region & Intergroup Concerns
- 10:45a NEW BUSINESS - 2020 Budget
- 12:00p Lunch with Guest Speakers
- 1:30p Roll Call: – Jeremiah A., R2 Secretary, Your IG cannot be counted if you are not present
- 25 of 35 IGs represented; Quorum Established (30% of total IGs)
- 30 RRs, 5 Voting members of BoD, 2 Non-Voting Attendees
- 1:40p Ask-It-Basket
- 1:50a NEW BUSINESS - 2020 Budget

Summary of Motions presented in the table below.

Motion	Topic	Results
Motion #3	Regarding Line 45 of the 2020 Budget, MOTION to strike \$900 and insert \$400	Motion Failed
Motion #2	Adoption of the 2020 Budget as written	Motion Carried

- 2:00p Introduction to Committee Work & Committee Meetings
- 4:05p BREAK

Summary of motions presented in the table below.

Motion	Topic	Results
Proposed Motion #4	Change Policies & Procedures Section III subsection 3b. The discussion will be limited to three speakers maximum for each side, pro & con, per motion. Two speakers maximum are permitted for each side, pro & con per substantive amendment.	Motion Carried

- 4:05p Roll Call: – Jeremiah A., R2 Secretary, *Your IG cannot be counted if you are not present.*
- 22 of 35 IGs represented; Quorum Established (30% of total IGs)
- 29 RRs, 5 Voting members of BoD, 2 Non-Voting Attendees
- 4:15 Workshop – Carolina R., R2 Vice Chair
- 5:00p Ask-It Basket
- 5:15p Meeting adjourned

Sunday, November 3, 2019

- 8:00a OA Meeting
- 9:00a Call to Order – Anne O., R2 Chair
- Serenity Prayer & Board Introductions
- 12 Concepts reading – RRs
- Assembly Rules – David M., Parliamentarian
- Acknowledge Retiring Reps
- Roll Call: – Jeremiah A., R2 Secretary, Your IG cannot be counted if you are not present.
- 22 of 35 IGs represented; Quorum Established (30% of total IGs)
- 30 RRs, 5 Voting members of BoD, 3 Non-Voting Attendees
- 9:15a R2 Board Election
- Vice Chair – 2 year Term
- Applicant #1 - Jeri A.

Elected - Jeri A.
Secretary - 2 year Term
Applicant #1 - Jeremiah A.
Elected - Jeremiah A.
Events Coordinator - 2 year Term
No applicants
Treasurer - 1 year Term
Applicant #1 - Patti W.
Elected - Patti W.
Publications Coordinator- 1 year Term
Applicant #1 - Luanne, Sacramento Valley IG
Elected - Luanne, Sacramento Valley IG
10:20a Ask-it Baskets
10:30a 7th Tradition
10:30a Committee Reports
10:45a Ask-it Baskets - Taken from the Assembly Floor
11:30a 2020 Convention Presentation
11:45a Wrap-up/ Announcements/ Retiring Reps & Board presentations/ Green Dots

*There will be a brief Board meeting with newly elected Board officers immediately following the Assembly.

ASK-IT-BASKET QUESTIONS FA19 ASY, OAKLAND

1. How does the Board achieve oversight of the use of the debit card? Treasurer is the trusted servant. Board will explore regular audits.
2. Do I take all this (ASY) information to IG now, or will there be a letter going out? Draft Minutes will be made available 1 month following ASY. You can request directly from the Secretary.
3. What happened with our storage unit? Some of the board members spent a few hours sorting through 11 boxes of papers that were in the storage unit. We got them down to 2 boxes. Now we need to take stock of what else is there and what needs to be there to determine the future need for a storage unit. We will still have one but maybe a different size and/or a different place.
4. Would it be possible to have a contact list (names and phone numbers) of all Reps at ASY? This was addressed with the yellow sheet that went around for reps to add name and contact information. Those who wanted it took a photo on their phone.
5. Some meetings within our IG have decided that OAs suggested donation is too low and are discussing changing the language in the 7th Tradition announcement to read 'the suggested donation is \$5 or more.' Is this OK, or does Tradition 4 mean that we cannot change the suggested donation since that language was put out by WS? Each group is autonomous, and they are welcome to suggest in their meeting format to ask for \$5 as long as they state it is a "suggested" donation.
6. Please explain why we need to submit Motions in triplicate. These are our business rules. One copy is for the Chair, one copy to the Secretary, one copy for the Motion presenter.
7. Why doesn't R2 pay its bills electronically? We are going to look into this.

8. Why not have ASY at a Motel 6 or a Denny's? No meeting room space.
9. My IG is now sending taxes to FTB on literature but are we liable for previous years that we may not have documentation for? I would not worry about it unless you are contacted by FTB.
10. Should Board members not step down & encourage others to run? Board members are limited to 2 terms of 2 years each.
11. My group has weak recovery. The requirement for an 'abstinence panel' was 1-day w/o sugar. Senior members don't feel serene - feels more like a friend support group. How do we change group culture? Is it best to start a new meeting? Suggest having an ST&C workshop and/or have a group conscious meeting to discuss what would be best for all members.
12. What is the best way to bring new ideas, new blood into a group which has old ways that are not moving forward? Invitation. Fellows available and willing to volunteer to invite.
13. How much was available for travel to WSBC that was not used? \$3k; none was used.
14. How do we determine if our group is needy when it comes to asking for reimbursement or funds from R2 or WS? Looking at the budget to determine the needs of the individual IG. If the income is low, seek the courage to ask for help. Additionally, what is the individual IGs doing to be self-supporting through their own contributions? Looking at ways expenses can be reduced to find the most immediate need.
15. What is our budget cycle? Annual; Jan-Dec
16. What is the difference between motion carried and motion passed? The terms are interchangeable.
17. In order to print a poster in Spanish and display it in the public bus system, do I need permission? Not as long as it is an OA approved poster.
18. What is the justification for a 2020 budget that is over 2019 income? Planning for potential expenses which may or may not come to fruition or may or may not be required. R2 does not spend monies it does not have. See question 13 as an example.
19. We are a small seasonal community with at least one meeting a day. Several are strong, but tiny. Suggestions for growing them. OA pdf file - Small meetings. As long as two members are attending, try to keep it going. Some meetings have combined two meetings and that increased the number of attendees.
20. Where can I find the service structure of OA, and read about the 12 Concepts of Service? OA.ORG > Search for 'Service Structure', OA.ORG > Search for '12 Concepts of Service'.
21. Thoughts on paying more for the meeting room and saving on the F&B? I dk if that is possible. It may be cheaper to just have higher F&B
22. Can we please add a rationale section to the Motion form? Done.
23. Why do candidates not leave the room for a voice vote? It does not allow the space for dissent. Bylaws/ Roberts rules of Order dictate the structure of our elections
24. The 7th Tradition at Assembly? Where will it be used? Our General Fund
25. What are the minimum requirements to establish an IG? 2 meetings
26. Is it true that people under 18 cannot attend OA meetings w/o parental consent? Does it vary by location? None of us have seen anything in writing. Trustee will try to get more information.
27. Please clarify what the responsibilities are to protect R2 Committee members anonymity When a message is sent to a large distribution list, it is always best to bcc the recipients. That way anonymity is preserved. If it is the members of your committee, you already know each other, and the committee can decide how they want to handle it.

Board Application

Link to [Board Application](#)

A Vision of Recovery

Board Applications : Publications Coordinator

Name

Luanne Bjorkman

Email

ldbjorkman1987@gmail.com

Phone Number

714-402-9687

Number of Years in OA

4.5

Number of years of service above the group level

3.5

Group level

Secretary, literature, treasurer, speaker, intergroup rep

Above group level

Intergroup: answer phone-kept the phone message up to date. Regions Rep
Region 2 Board position: Publication Coordinator.

I can bring the following business, professional or other experience to the Board

Good team player and work well with others. I am timely in getting my work done. I had a successful business for 11 years which required computer skills. I am efficient in Microsoft Word and Excel.

I would like to be a member of the R2 Board of Directors for the following reasons

I would like to continue with the position of Publication Coordinator as I am getting comfortable in the position. I believe I have passed the learning curve and can efficiently execute the responsibilities required. I have grown in my people skills and communication skill since being part of the board and I would like to continue to groom these skills.

Signature (typed name acts as signature)

Luanne Bjorkman

Board Applications : Chair

Name

Lynn Knott

Email

otterlynn2@gmail.com

Phone Number

650.580.9899

Number of Years in OA

17.5

Number of years of service above the group level

17+

Beginning date of continuous abstinence

January 1, 2013 (recommitted)

Group level

Secretary, Speaker Seeker, Treasurer, Literature Person, Newcomer Meeting Facilitator, Meeting Contact, IG Rep

Above group level

IG Newsletter Editor, IG Events Coordinator, IG Vice Chair, IG Chair, R2 Rep, R2 Alternate

I can bring the following business, professional or other experience to the Board

Marketing, Marketing Communications, Business Administration, Management, Events, Experience Managing Cross-Functional Teams, I enjoy mentoring others and have through the course of my career and in the fellowship cultivated the ability to get down to work while maintaining a cheery disposition.

I would like to be a member of the R2 Board of Directors for the following reasons

I have had the privilege of serving as acting Events Coordinator since December 2019. I would like to continue to serve at the R2 Board level to give back in a meaningful way to the fellowship that has given me a life beyond my wildest dreams. I love this program and interacting with the board these past months has been an amazing experience at a time when so much of my life (like others') has been turned upside down during these unprecedented times. I would like the opportunity to be "program of attraction" around service at the board level

Signature (typed name acts as signature)

Lynn M. Knott

Board Job Descriptions

Chair

1. Represent R2 in all matters involving outside enterprises.
2. Propose an agenda of business items for R2 Assemblies and R2 Board meetings.
3. Chair R2 Assemblies and R2 Board meetings in accordance with the R2 Bylaws.
4. Develop and present activity reports at R2 Assemblies and R2 Board meetings. (Note: R2 Assembly report must be written and delivered to the R2 Secretary before the R2 Assembly begins.)
5. Submit an interim report to the Publications Coordinator to be included in the Assembly Packet.
6. Schedule Parliamentarian for R2 Assemblies.
7. Act as liaison to the R2 Committees as assigned.
8. Function as a fiduciary in matters requiring allocation and disbursement of the funds provided for R2 business.
9. Attend R2-sponsored activities, as directed, to represent R2 interests and support the activity.
10. Draft all correspondence from R2 directed within the fellowship of Overeaters Anonymous on matters affecting R2 as a whole.
11. Draft all correspondence between R2 and outside enterprises.
12. Serve as R2 delegate to the World Service Business Conference and provide a written report to the R2 Board and R2 Assemblies, including updated changes in the policies and procedures and bylaws.
13. Develop with the R2 Board the annual schedule for R2 Assemblies and R2 Board meetings.
14. Appoint R2 Committee Chairs and the R2 Representative to the Worlds Service Business Conference Reference Committee.
15. Sign R2 Assembly and R2 Board-approved legal contracts between R2 and outside enterprises as required.
16. Co-sign financial documents as requested by the R2 Treasurer.
17. Investigate and report to R2 Assembly on any Intergroup-raised issue affecting R2 as a whole.
18. Interact with other Region Chairs to continually seek improvements in R2 service.
19. Provide a written report to each Board member at every Board meeting.
20. Attend three annual meetings as part of the Regional Chairs Committee as follows:
 - a) One meeting with World Service Board of Trustees (date to be determined each year).
 - b) One meeting the day prior to the World Service Business Conference.
 - c) One meeting at a Regional Service Event (location/date to be determined each year).
21. Facilitate Service, Traditions & Concepts Workshops as needed.
22. Coordinate entertainment for assemblies with the Hosting intergroup.
23. Other duties as may be required by the R2 Assembly.
24. Assist in maintaining Region 2 website, as specified in Appendix A of this manual.

Vice Chair

1. Attend all R2 Board meetings, R2 Assemblies and R2 Conventions.
2. Chair R2 Assemblies and R2 Board meetings in the absence of the Chair, in accordance with the R2 Bylaws.
3. Assume the position as Chair in an orderly manner in the event of an absence or vacancy.
4. Act as liaison to all R2 Intergroups.
5. Act as liaison to the R2 Committees as assigned.
6. Maintain a supply of R2 Board of Director applications.
7. Prepare and distribute newcomer packets for RR's at R2 Assemblies.
8. Update and distribute R2 speaker/leader list annually.
9. Coordinate Service, Traditions and Concepts Workshops.
10. Coordinate workshops and committee presentations at R2 Assemblies.
11. Facilitate R2 fund-raising efforts other than those under the responsibility of the Events Coordinator, i.e. Conventions and Special Events.
12. Co-sign financial documents as requested by the R2 Treasurer.
13. Provide a written report to each Board member at every Board meeting.
14. Provide a written report and present activity report at R2 Assemblies.
15. Submit an interim report to the Publications Coordinator to be included in the Assembly Packet.
16. Maintain Master Calendar for events held within R2.
17. Provide the R2 Master Calendar to the Newsletter Editor 60 days prior to the R2 Assembly.
18. Facilitate Service, Traditions and Concepts workshops as needed.
19. Assist in maintaining Region 2 website, as specified in Appendix A of this manual.
20. Other duties as may be required by the R2 Assembly or delegated by the R2 Chair.

Secretary

1. Attend all R2 Board meetings, R2 Assemblies and R2 Conventions.
2. Record and transcribe minutes of all R2 board meetings and R2 Assemblies.
3. Record roll call of R2 Assemblies.
4. Act as liaison to R2 Committees as assigned.
5. Provide Ask-it-Basket, Motion forms, committee rosters, and voting ballots at R2 Assemblies.
6. Maintain R2 Committee logs.
7. Prepare an interim report, as well as the minutes, agenda, motions, etc. and deliver it to the Publications Coordinator for inclusion in the Assembly Packet.
8. Distribute and solicit responses to the R2 Assembly Evaluation forms at each assembly. Compile information and inform R2 Board of opinions and suggestions included in responses. Include information in report to the next assembly.
9. Provide forms for the R2 Assembly and R2 Board, as needed.
10. Type and submit all correspondence to Intergroups and Committee Chairs.
11. Draft correspondence to any routine matters covered by existing policy and procedure.
12. Maintain a record of approved minutes of all assemblies and board meetings.
13. Act as liaison between legal counsel and the R2 Board.
14. Co-sign financial documents as required by R2 Treasurer.
15. Sign (with the Chair) R2 Assembly, R2 and R2 Board-approved legal contracts between R2 and outside enterprises as required.
16. Provide a written report to each Board member at every Board meeting.
17. Other duties may be required by the R2 Assembly or delegated by the R2 Chair.
18. Maintain and distribute name tags for all RR's, Alternates and Visitors at R2 Assemblies.
19. Send a welcome letter with enclosures to all new Intergroups.
20. Facilitate Service, Traditions and Concepts Workshops as needed.
21. Draft operating policies and procedures as directed by the R2 Assembly, the R2 Board, or as required by business operations.
22. Update the R2 Policy and Procedures manual and make it available as specified in the R2 Policy and Procedures Manual, Section VIII, K.
23. Assist in maintaining Region 2 website, as specified in Appendix A of this manual.

Publications Coordinator

1. Attend all R2 Board meetings, R2 Assemblies and R2 Conventions.
2. Develop and supervise communications to RRs and intergroups via website, mailing, emails, etc. Communications will convey information on assemblies, conventions, financial assistance, news and education about Region 2, and other information requested by the R2 Board.
3. Prepare content of two mailings prior to each assembly, including one pre registration mailing and the packet mailing (to include cover letter and other enclosures listed in administrative assistant guidelines).
4. For each assembly, develop Assembly Packet to include copies of minutes, agenda, board reports, motions to amend the Bylaws or P&P manual, etc. and supervise distribution to all Intergroups, RRs and Unaffiliated Groups no later than 45 days prior to assembly as mandated in the Bylaws and/or Policy and Procedures manual.
5. Email RRs assembly information prior to assemblies; with RR listings and other information, as needed, post-assembly.
6. Maintain current R2 and RR addresses and phone numbers.
7. Provide Board Members with the current listing of RR's and Alternates after each assembly.
8. Act as liaison to the webmaster to the Region 2 website, including overseeing updates to ensure effectiveness and consistency of content (See Appendix A of this manual for specifics).
9. Act as liaison to R2 Committees as assigned.
10. Co-sign financial documents as requested by R2 Treasurer.
11. Provide a written report to each Board member at every Board meeting.
12. Provide a written report and present activity report at R2 Assemblies.
13. Submit an interim report to be included in the Assembly Packet.
14. Other duties as may be required by the R2 Assembly or delegated by the R2 Chair.
15. Facilitate Service, Traditions and Concepts Workshops as needed.

Treasurer

1. Attend all R2 Board meetings, R2 Assemblies and R2 Conventions.
2. Supervise bookkeeper in maintaining all checking, savings and convention accounts established in the name of "Region 2 of Overeaters Anonymous, Inc" and using the online accounting system, Xero.
3. Supervise bookkeeper and act as guardian of all R2 expenditures, deposits, and donations
4. Funding Assistance: receive, evaluate and acquire board approval for various fund requests and applications. Examples: World Service Business Conference delegate assistance; Intergroup Funding Application Program (IFAP); Scholarships; Committee Chair; Health Fairs; Literature subsidy for New Meetings; and Mexico and Hawaii Intergroup Sponsorship which may include making travel arrangements.
5. Provide the Publications Coordinator in advance of each R2 Assembly: an interim report, along with a reporting of R2 funds. A Proposed Budget Report should be provided before the Fall Assembly. A Group Donation Summary report should be provided once yearly at the first assembly of the year with the information from the previous year. These will all be included in the Assembly Packet.
6. Co-sign documents for R2 expenditures, as specified in the R2 Bylaws.
7. Draft correspondence as needed for all financial matters including funding assistance, donations, invoices and requests for reimbursements.
8. Act as liaison with vendors, insurance companies, and the IRS.
9. Notify vendors of name/address of current Treasurer.
10. Create the annual Budget Subcommittee and chair the meeting.
11. The following applies to the two Convention accounts:
 - i. One account is for odd-numbered year conventions and the other one is for even-numbered year conventions.
 - ii. Each convention checking account will have \$1,000.00 'seed' money provided initially.
 - iii. An additional \$2,000.00 will be made available to the next convention 60 days before the current convention is held.
 - iv. Each account will be reduced to \$1,000.00 after its convention is completed.
12. Provide a written report and account of R2 funds to each Board member at every Board meeting regarding all contributions, disbursements and Board expenses.
13. Other duties may be required by the R2 Assembly or delegated by the R2 Chair.
14. Facilitate Service, Traditions and Concepts Workshops as needed.
15. Assist in maintaining Region 2 website, as specified in Appendix A of this manual.

Events Coordinator

1. Attend all R2 Board meetings, R2 Assemblies and R2 Conventions.
2. Attend all R2 sponsored activities or arrange for alternate Board representation.
3. Make all meetings room space arrangements for R2 events, including Board meetings, R2 Assemblies and Conventions.
4. Act as a liaison to R2 Events and Convention committees.
5. Act as hotel and on-site liaison for the Region.
6. Co-sign R2 Assembly and R2 Board-approved contracts with the facilities.
7. Prepare emails concerning matters that involve R2 Convention Committees or other matters delegated by the R2 Chair.
8. Organize suggested changes from Convention Chairs for the R2 Convention Policy and Procedure Manual and submit them to the post convention subcommittee including incoming and outgoing Convention Chairs and a Board member (usually Events Coordinator) to implement changes to the Convention P&P.
9. Co-sign financial documents as requested by the R2 Treasurer.
10. Provide a written report to each Board member at every Board meeting.
11. Provide a written report and present activity report at R2 Assemblies.
12. Submit an interim report to the Publications Coordinator to be included in the Assembly Packet.
13. At R2 Assemblies, be responsible for the following:
 - . Verify all meeting room space, set-up and materials.
 - a. Obtain additional items needed for R2 Assembly on site, as available. (Requests to be made in advance when possible.)
 - b. Coordinate with hotel staff and oversee all beverage/meal service ordered for meeting rooms as well as temperature of meeting room.
 - c. Oversee hotel (sleeping) rooms for Board members and reps from Mexico and Hawaii.
 - d. Review bill with R2 Treasurer at end of R2 Assemblies and Conventions to verify charges.
 - e. Work with hotel to expedite restaurant staffing/service and airport pick-up during R2 Assemblies and Conventions.
14. At R2 Conventions, oversee hotel sleeping rooms for Board members, retiring Board members, and the next R2 Convention Chair. Arrange for a Master Account with the hotel.
15. Other duties as may be requested by the R2 Assembly or delegated by the R2 Chair.
16. Facilitate Service, Traditions and Concepts Workshops as needed.
17. Assist in maintaining Region 2 website, as specified in Appendix A of this manual.

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FUN, FELLOWSHIP AND RECOVERY**



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JULY 9-11, 2021

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VALLEY SAN DIEGO, CA**

More details coming soon at oar2.org
convention@oar2.org