

South Bay Intergroup of OA presents...

Meditation Workshop

*This presenter, seen at the Region 2 Convention,
teaches an easy meditation technique.*

*Speaker will share
experience with
this meditation
practice.*

*Question/Answer
Session.*



*Having trouble
with the 11th Step?*

*This meditation
technique is
simple and
effective!*

**Saturday, January 23, 2021
1:00 – 2:30 PM PST**

Zoom ID: 883 1610 5862

Zoom Passcode: 018356

\$5 Donation Suggested

www.oasouthbay.org

No one turned away for lack of funds.

Questions? Contact Janice W., events.oasbig@gmail.com



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