



Our mission is to provide inspiring speaker meetings of depth and authenticity while supporting World Service through financial contributions.

Upcoming Speaker Topics:

JAN **3** "Body Image, Relationships and Sexuality"

JAN **17** "Not Work, Just Life"

FEB **7** "Surrender and Step One"

FEB **21** "Get a Sponsor and Follow Directions"

1-4 p.m. PDT

Overeaters Anonymous
Registered Meeting #88993

Meetings held regularly on the first & third Sundays of each month
Zoom ID: 947 2125 9974 Password: 810562