



OVEREATERS ANONYMOUS

Region 2 Convention

Burlingame, CA | July 8-10, 2022

Mid-Peninsula Intergroup - oamidpeninsula.org

OVERALL SCHEDULE

FRIDAY, JULY 8

WHEN	WHAT	WHERE
3:00PM - 6:30PM	Registration	Regency Foyer
3:00PM - 6:30PM	Hospitality	Closet Booth
3:00PM - 6:30PM	Opportunity Prizes	Harbour B
3:00PM - 6:00PM	Bedazzled Boutique	Regency Foyer
3:00PM - 6:00PM	Table Top Vendors	Regency Foyer
4:00PM - 6:00PM	Marathon Meetings	Harbour A
5:00PM - 6:00PM	Simple Moving Meditation	Conference 3052
7:00PM - 10:00PM	Grand Opening	Regency AB
10:00PM - 11:00PM	Marathon Meetings	Harbour A

SATURDAY, JULY 9

7:00AM - 7:50AM	Meditation	Regency A
7:00AM - 5:00PM	Registration	Regency Foyer
7:00AM - 11:00PM	Hospitality	Closet Booth
7:00AM - 9:00PM	Opportunity Prizes	Registration Area
8:30AM - 5:00PM	Workshops	See Page 4
8:00AM - 11:00PM	Marathon Meetings	Harbour A
9:00AM - 9:00PM	Bedazzled Boutique	Regency Foyer
12:00PM - 1:30PM	Lunch Break	On your own
3:00PM - 4:00PM	Simple Moving Meditation	Conference 3052
6:00PM - 8:30PM	Dinner/Speaker <i>*open to ticket holders only</i>	Poolside Pavilion
7:00PM - 8:30PM	OA Bingo	Harbour B
8:30PM - 10:30PM	Line Dancing	Regency C

**see map on page 7*

SUNDAY, JULY 10

WHEN	WHAT	WHERE
7:00AM - 10:00AM	Registration	Regency Foyer
7:00AM - 8:30AM	Meditation	Conference 3052
8:00AM - 10:00AM	Breakfast/Speaker* <i>*open to ticket holders only</i>	Poolside Pavilion
8:00AM - 10:00AM	Marathon Meetings	Harbour A
10:00AM - 12:00PM	Closing Ceremony / Opportunity Prizes	Regency AB
TBD	Bedazzled Boutique	Closet Booth

**schedule subject to change*

Marathon Meeting times on page 5



OPPORTUNITY PRIZES

****50/50****

****Quilt****

Many IG Donated Items

ITEMS FOR SALE

Souvenir OA Journals

OA Literature

SATURDAY WORKSHOPS

TIMES / LOCATIONS

TIME	CYPRESS A	HARBOUR B	SANDPEBBLE DE
8:30AM - 10:00AM	Sober Eating	Acceptance	Living in the Solution
10:30AM - 12:00PM	Sober Eating	Writing	100 Pounders
1:30PM - 3:00PM	Relapse Recovery	Self-care	Relationships
3:30PM - 5:00PM	Relapse Recovery	LGBTQ+	Sponsorship



OA's Unity with Diversity Policy respects our differences, yet unites us in the solution to our common problem. Whatever problem you may have with food, you are welcome at this meeting, regardless of race, creed, nationality, religion, gender identity, sexual orientation, or any other attribute.

MARATHON MEETINGS

All Marathon Meetings located in Harbour A

FRIDAY, JULY 8

4:00PM - 5:00PM	Fellowship
5:00PM - 6:00PM	Step Twelve
10:00PM - 11:00PM	Step Ten

SATURDAY, JULY 9

8:00AM - 9:00AM	Just For Today
9:00AM - 10:00AM	Step One
10:00AM - 11:00AM	100 Pounders
11:00AM - 12:00PM	Honesty
12:00PM - 1:00PM	Step Four
1:00PM - 2:00PM	Step Three
2:00PM - 3:00PM	Abstinence
3:00PM - 4:00PM	Willingness
4:00PM - 5:00PM	Happy, Joyous, & Free
5:00PM - 6:00PM	Step Eleven
6:00PM - 7:00PM	Spiritual Solution
7:00PM - 8:00PM	Sponsorship
8:00PM - 9:00PM	Step Nine
9:00PM - 10:00PM	Keep it Simple
10:00PM - 11:00PM	Acceptance

SUNDAY, JULY 10

8:00AM - 9:00AM	One Day At A Time
9:00AM - 10:00AM	Gratitude

SERENITY PRAYER

God grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference.

3RD STEP PRAYER*

God, I offer myself to Thee - to build with me and to do with me as Thou will. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bare witness to those I would help of Thy Power, Thy love and Thy way of life. May I do Thy will always!

7TH STEP PRAYER*

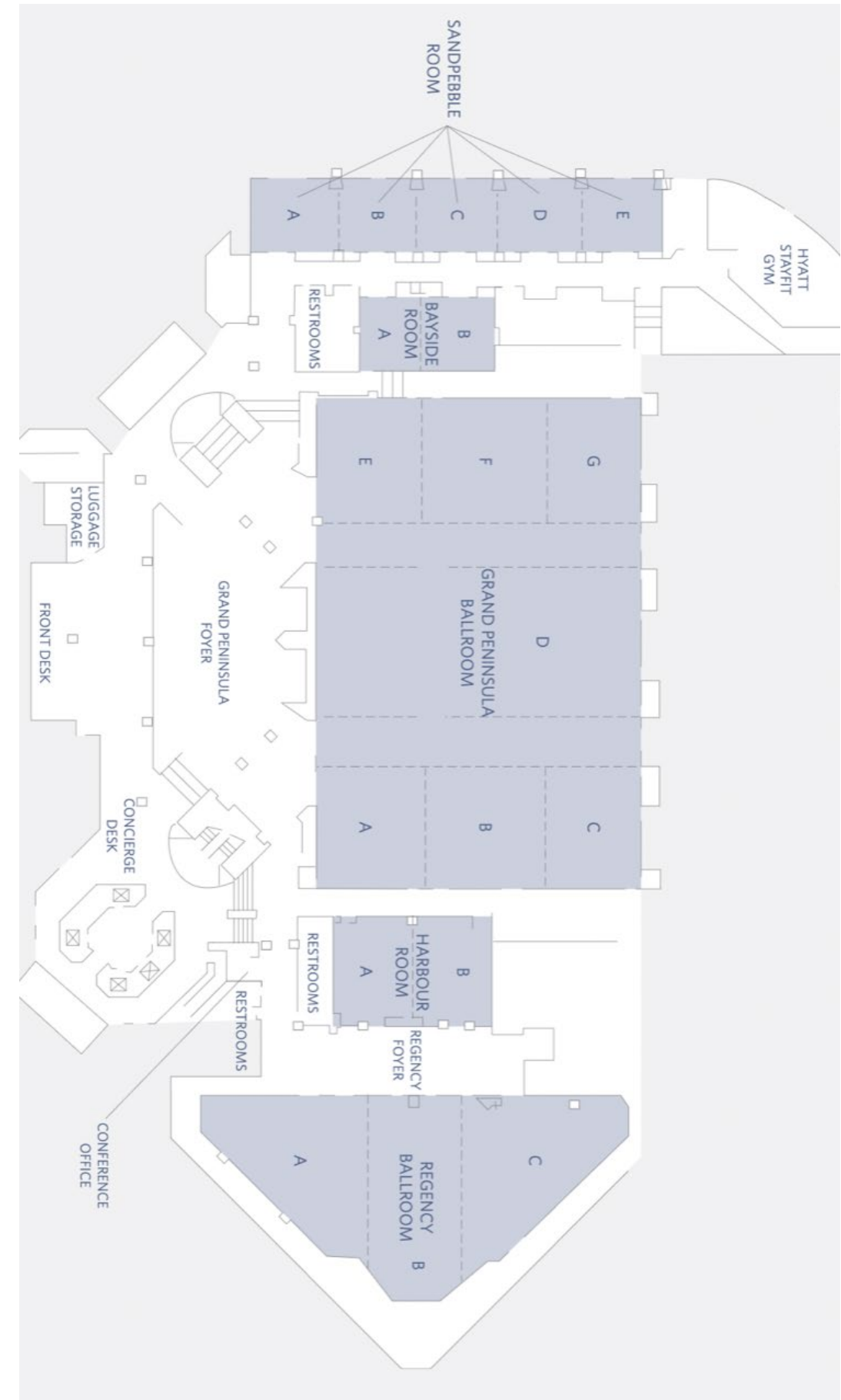
My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here to do Your bidding.

OA PROMISE**

I put my hand in yours and together we can do what we could never do alone. No longer is there a sense of hopelessness. No longer must we each depend upon our own unsteady willpower. We are all together now reaching out our hands for a power and strength, greater than ours. And, as we join hands we find love and understanding beyond our wildest dreams.

**from AA's Big Book*

***"I Put My Hand in Yours," copyright 1969 by Overeaters Anonymous Inc. Reprinted with permission*



CONVENTION EVALUATION: REGION 2 JULY 2022

Help Region 2 serve you better by completing this evaluation form. In the Comments section, please write in any observations about this Convention, or your ideas and suggestions for future Conventions. We appreciate your input and thank you for attending the Convention!

SCALE: A=Excellent, B=Good, C=Fair, D=Poor, N/A=not applicable

Registration	A	B	C	D	N/A
Journals	A	B	C	D	N/A
Grand Opening Entertainment	A	B	C	D	N/A
Marathon Topics	A	B	C	D	N/A
Workshop Topics	A	B	C	D	N/A
Dinner Menu	A	B	C	D	N/A
Breakfast Menu	A	B	C	D	N/A
Dance/Bingo	A	B	C	D	N/A
Hospitality Information	A	B	C	D	N/A
Signs/Decorations	A	B	C	D	N/A
Timing of the Events	A	B	C	D	N/A
Literature Table	A	B	C	D	N/A
Bedazzled Boutique	A	B	C	D	N/A
Opportunity Prizes	A	B	C	D	N/A
Convention Website	A	B	C	D	N/A

Did you receive an email publicizing the Convention? Yes No

Your Hometown: _____

Comments: _____
