

180th San Diego OA

Serenity Retreat

JULY 25-27, 2025

Mission San Luis Rey Oceanside, CA

The leader is an experienced keynote speaker and interactive retreat leader. She came to OA on January 19th, 1984, having hit rock bottom as a desperate and demoralized compulsive overeater. Since that time she has lost weight, but more important is the amazing life she now lives – thanks to the twelve steps and twelve traditions. She has a design for living that REALLY WORKS and she WORKS IT!

4:00pm Friday to 1:00pm Sunday

SATURDAY ONLY	3 DAYS 0 NIGHTS	3 DAYS 2 NIGHTS	3 DAYS 2 NIGHTS
NO ROOM	NO ROOM	SHARED DOUBLE ROOM	PRIVATE SINGLE ROOM
3 meals	6 meals	6 meals	6 meals
\$65	\$150	\$275	\$325

***Prices above do not include EventBrite Fees**

Online registration only:

www.tinyurl.com/OARetreat2025

**An agenda will be sent one week before the event.
Questions & Scholarships: Retreats@OASanDiego.org**