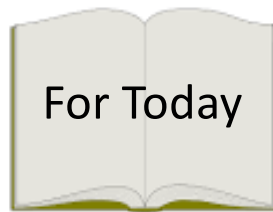


“For Today” Writing Workshop

A one-day OA workshop using
“For Today” Meditation Book
for short writing and sharing.

Saturday, November 16, 2019



When: 9 am – 3:00 pm Registration opens at 8:30
1 hour lunch, please brown bag (small kitchen available)

Where: The Continuum, 3700 Grant Dr., Reno, NV

What: Please bring a “For Today” (if you have it), notebook & pen.
Water, tea & coffee on hand.

Writing: Members will read a favorite page from the book, we will
do a short writing about that day, and share our
ESH (Experience, Strength, Hope) on it.

Suggested Donation: \$10.
No one turned away for lack of funds.

Contact: Les 775-813-4076

Debbie: 209-499-4330