



**“2021-New Frontiers”**  
**Green Dot Orientation**

**October 22, 2021 @ 7:30pm – 8:30pm**  
**Via: Zoom**

**The OA Responsibility Pledge**

Always to extend the hand and heart of OA to those who share my compulsion, for this I am responsible.

**R2 Mission Statement**

To support individuals in need of recovery from compulsive eating (e.g., overeating, bulimia, anorexia) through empowering all groups within the region.

**Please Have This Packet During the Orientation**

Overeaters Anonymous Region 2  
4733 Torrance Blvd, PMB #335, Torrance, CA 90503

[www.oar2.org](http://www.oar2.org)

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## Please Note

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- a) Review the business meeting times carefully and make your arrangements accordingly so that you are present for all business meetings.
- b) The “New Representative “**Green Dot**” Orientation” is 7:30-8:30 PM Friday October 22nd. **Green Dot Orientation is required for new reps. Please be prompt!**
- c) This is a business meeting so please dress appropriately as if it was face to face meeting.

## Welcoming Letter

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Welcome to our Region 2 Fall Assembly 2021

Thank you for accepting the opportunity to do service at the Region 2 Level  
Do not feel overwhelmed, we appreciate your commitment to service.

Region 2 serves intergroups and unaffiliated groups in California, Hawaii, Mexico, and part of Nevada.

This is a Region 2 Business Assembly --- We discuss the business of carrying the message of OA within our Region.

During Assembly, we follow 'Robert's Rules of Order'. (The adopted parliamentary authority that guides the format and procedures of the assembly)

Please verify Region 2 has your correct name, email, and Intergroup you are representing including the Intergroup number.

Attendance at each session is required. (You or alternates)  
Your vote is counted, it is important.

Take notes for your Intergroup (IG) report. If there is more than one rep from your IG, each can take notes from different parts of assembly.

You will be asked to participate in a Committee (Bylaws, Diversity, Public Information, Outreach, Young Persons, 12th Step Within)  
---inform your IG what was discussed in your Committee and what actions will be taken throughout the year to carry the message to the still suffering compulsive eater.

All of the above will be discussed further at the R2 New Rep Orientation meeting on Friday, October 22nd from 7:30-8:30 p.m.

Thank You for your service once again  
R2 Vice Chair  
Jeri  
God wants us to be happy, joyous, and free

## Agenda

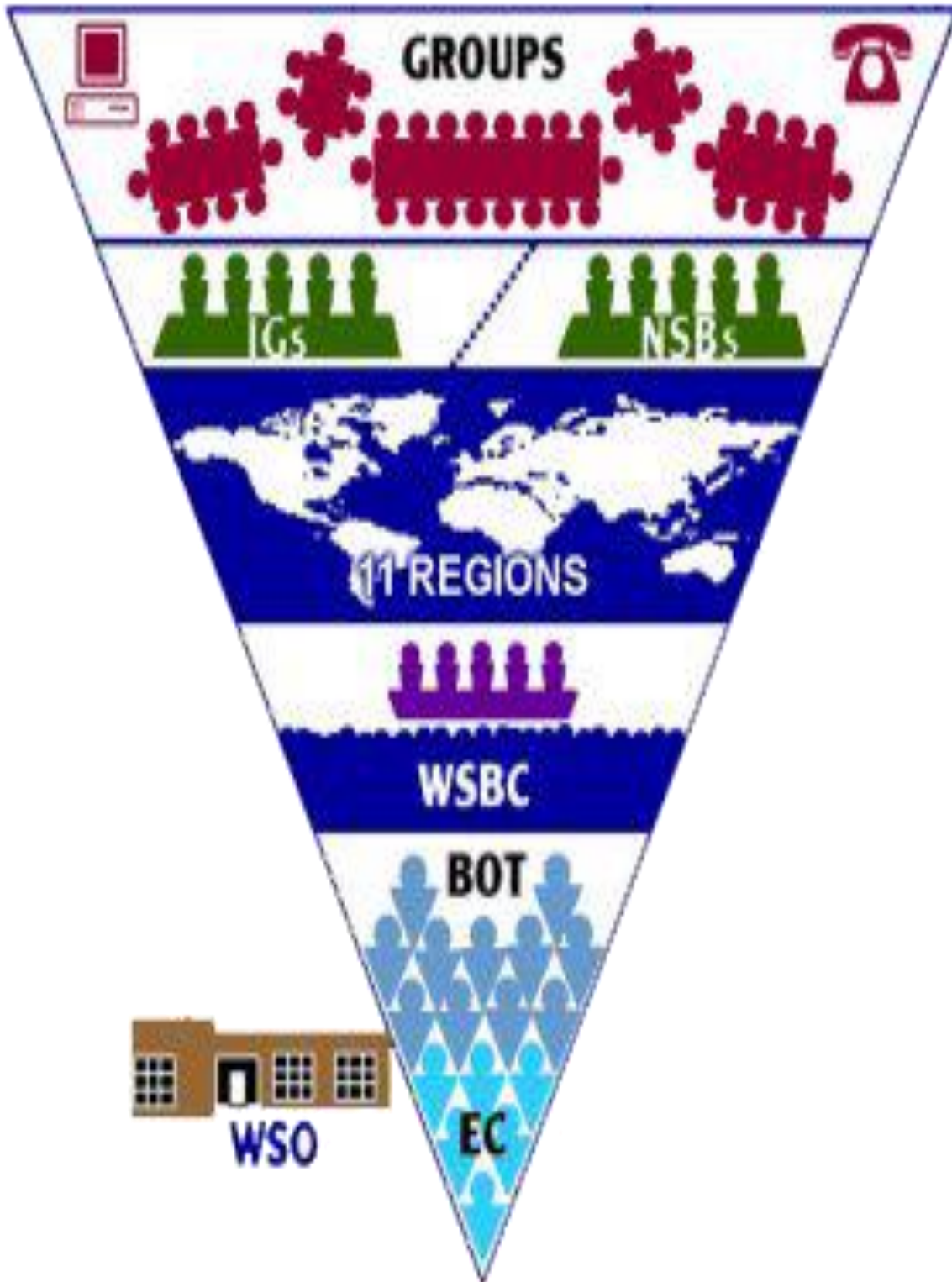
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- 1) Opening
  - a) Serenity Prayer – said quietly
  - b) Meditation – 2 minutes
  - c) Introduction with name and Intergroup
  - d) Tradition 9 - OA, as such, ought never be organized: but we may create service boards, or committees directly responsible to those they serve. (The Twelve Steps and Twelve Traditions OA pg. 145)
- 2) Goal of New Rep Orientation
  - a) Gain understanding of the service structure of Overeaters Anonymous
  - b) Know who the Board of Directors and how to communicate with them
  - c) Learn the responsibilities of Region Reps
  - d) Gain understanding of how the Assembly Business meetings are run (Robert's Rule of Order)
- 3) Service Structure
  - a) Upside down triangle
  - b) Importance of being present for voting
- 4) Board of Directors for Region 2
- 5) Region Representatives Responsibilities.
  - a) What is a Regional Representative?
  - b) Duties and responsibilities
- 6) Committee Descriptions
- 7) Roberts Rule of Order
  - a) According to Robert's Rules of Order, parliamentary procedure is based on the consideration of the rights: of the majority, of the minority (especially a large minority greater than one-third), of individual
- 8) Closing
  - a) Rozanne's Promise
- 9) Adjournment



## Service Structure

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## Board of Directors

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<b>Lynn k., Chair</b> <a href="mailto:chair@oar2.org">chair@oar2.org</a>	<b>Patti W., Treasurer</b> <a href="mailto:treasurer@oar2.org">treasurer@oar2.org</a>
<b>Jeri A., Vice Chair</b> <a href="mailto:vicechair@oar2.org">vicechair@oar2.org</a>	<b>Lynn H., Events Coordinator</b> <a href="mailto:events@oar2.org">events@oar2.org</a>
<b>Jeremiah A., Secretary</b> <a href="mailto:secretary@oar2.org">secretary@oar2.org</a>	<b>Luanne B, Publication Coordinator</b> <a href="mailto:publications@oar2.org">publications@oar2.org</a>

## Trusted Servants

<b>Anne O., R2 Trustee</b> <a href="mailto:trustee@oar2.org">trustee@oar2.org</a>	<b>Mary H., Webmaster</b> <a href="mailto:webmaster@oar2.org">webmaster@oar2.org</a>
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## Region Reps Responsibilities

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### What is a Regional Representative?

Regional Representatives are the link between the local group and the regional level. They bring concerns and issues to the region for discussion and bring back to their group's information from the region.

Each Intergroup is entitled to one Regional Representative (RR) for every ten (10) groups (or portion of) affiliated with its Intergroup. Each Unaffiliated Group is entitled to one RR. Travel expenses, meals and other accommodations for Region 2 Assemblies are the responsibility of the group or Intergroup represented.

Each group or Intergroup selects its RR in any manner it chooses as long as it stays within the framework of the Twelve Steps, the Twelve Traditions, and Twelve Concepts of OA Service.

### Duties and Responsibilities

1. Attend Regional Assemblies – you or your Alternate should be present during all business sessions.
2. Verify that the Region has the correct names and addresses for RR's from your Intergroup. Inform the Region of any changes of RR, Alternate or Intergroup mailing address, and phone number(s). Region 2 - P & P Manual Amended Oct. 26-27, 2013 Page 3 of 16
3. Notify the Publications Coordinator when you are no longer an RR (at least 60 days prior to an assembly) and pass on the R2 Assembly booklet of R2 Assembly minutes, agenda, donations, etc. to your Intergroup for the new RR.
4. Provide any R2 Board member with written information about upcoming events for inclusion in the R2 Master Calendar or by utilizing the "add an event" feature on the R2 website, which is preferable.
5. Provide the R2 publications Coordinator with Intergroup newsletters and flyers about upcoming events.
6. Share Intergroup newsletters and flyers with other RRs.
7. Keep your area informed of happenings in the Region and OA as a whole. Regional Assemblies are used as an interface between WSO and the Intergroup and Unaffiliated Groups. If the information stops at the R2 Assembly, the lines of communication are broken.
8. Serve on an R2 Committee and take an active part in the activities of the Regional Assemblies.



9. Voice the group conscience of the Intergroup you represent but know that you are responsible to the Region and OA as a whole. What works in one area may not be best for the Region as a whole.
10. Know and understand the Twelve Traditions and Twelve Concepts of OA Service. Help them to be implemented in your Intergroup area. Group problems with the Traditions and Concepts should be brought to the attention of the parties involved or to the Region 2 Trustee/Board if additional help is needed.

## Committee Liaisons

- Committees and Region Reps: Be sure you know who your committee Liaison's is, so you know who to communicate with.

Sub-Committee	Board Liaison
Intergroup Outreach	Anne <a href="mailto:trustee@oar2.org">trustee@oar2.org</a>
Young Persons	Jeremiah <a href="mailto:secretary@oar2.org">secretary@oar2.org</a>
Public Information	Luanne <a href="mailto:publication@oar2.org">publication@oar2.org</a>
Bylaws	Patti <a href="mailto:treasurer@oar2.org">treasurer@oar2.org</a>
12 Step Within	Jeri <a href="mailto:vicechair@oar2.org">vicechair@oar2.org</a>
Unity with Diversity	Lynn K <a href="mailto:chair@oar2.org">chair@oar2.org</a>
2021 Convention Committee	Lynn H <a href="mailto:events@oar2.org">events@oar2.org</a>

## Committee Descriptions

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### SECTION VII of the Region 2 P&P

#### D. DESCRIPTION OF CURRENT R2 COMMITTEES AND THEIR PURPOSE

##### 1. Bylaws Committee

The purpose of the Bylaws Committee is to review and initiate bylaw amendments, changes to policies and procedures, and provide recommendations for same to the R2 Assembly.

##### 2. Convention Committee

The convention committee shall organize and publicize the annual R2 Convention whose purpose is: To encourage unity within Region 2, as well as throughout Overeaters Anonymous, and to raise funds for carrying the message of recovery throughout Region 2.

##### 3. Diversity Community

Recognizing the significance that acceptance of diversity plays in our ability to effectively carry the message of recovery, this committee's purpose is to encourage awareness within and outside the Fellowship of the importance of unity while honoring and respecting diversity. (Adapted from the WSBC Unity With Diversity Committee's statement of purpose).

##### 4. Intergroup Outreach Committee

The purpose of the Intergroup Outreach Committee is:

- a) to reach out to struggling Intergroups.
- b) to encourage unaffiliated groups in one geographic locale to form an Intergroup or join an existing one.
- c) to assist groups in forming an Intergroup; and
- d) to encourage Intergroups to participate in Region 2.

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##### 5. Public Information Committee

The purpose of the R2 Public Information Committee is to carry the message to the compulsive overeater who still suffers by encouraging, supporting and developing public information efforts in the Region 2 Intergroups.

## 6. Twelfth Step Within Committee

Our 12th Step in Overeaters Anonymous tells us to “carry the message to compulsive overeaters....” The primary purpose of the Twelfth Step Within, therefore, is to carry that same message to those who still suffer within the OA fellowship. Thus, the Twelfth Step Within Committee deals largely with relapse and issues of membership retention – the message, of course, is hope.

## 7. Young Persons Committee

The R2 Young Persons Committee assists Intergroups interested in formalizing a Young Persons program. The Committee also helps organize or sponsor Young Persons events such as retreats, conventions, etc.

## Robert's Rule of Order

According to [\*Robert's Rules of Order\*](#), parliamentary procedure is based on the consideration of the rights: of the majority, of the minority (especially a large minority greater than one-third), of individual members, of absentee members, of all of these groups taken together.

## Roberts Rule of Order Cheat Sheet

Action	What to Say	Can interrupt speaker?	Need a Second?	Can be Debated?	Can be Amended?	Votes Needed
Introduce main motion	"I move to..."	No	Yes	Yes	Yes	Majority
Amend a motion	"I move to amend the motion by...." (add or strike words or both)	No	Yes	Yes	Yes	Majority
Move item to committee	"I move that we refer the matter to committee."	No	Yes	Yes	No	Majority
Postpone item	"I move to postpone the matter until..."	No	Yes	Yes	No	Majority
End debate	"I move the previous question."	No	Yes	Yes	No	Majority
Object to procedure	"Point of order."	Yes	No	No	No	Chair decision
Recess the meeting	"I move that we recess until..."	No	Yes	No	No	Majority
Adjourn the meeting	"I move to adjourn the meeting."	No	Yes	No	No	Majority
Request information	"Point of information."	Yes	No	No	No	No vote
Overrule the chair's ruling	"I move to overrule the chair's ruling."	Yes	Yes	Yes	No	Majority
Extend the allotted time	"I move to extend the time by ____ minutes."	No	Yes	No	Yes	2/3
Enforce the rules or point out incorrect procedure	"Point of order."	Yes	No	No	No	No vote
Table a Motion	"I move to table..."	No	Yes	No	No	Majority

## OA (Rozanne's) Promise

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I put my hand in yours, and together we can do what we could never do alone. No longer is there a sense of hopelessness, no longer must we each depend upon our own unsteady willpower. We are all together now, reaching out our hands for power and strength greater than ours, and as we join hands, we find love and understanding beyond our wildest dreams.



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