

Virtual Program Schedule

2024 OA R2 Convention

(Zoom Links for The Virtual Events
will be Sent to all Virtual Registrants)

FRI JULY 12

4:00 – 4:30 pm	Virtual	Newcomer Meeting
5:00 – 6:00 pm	Virtual	Speaker Meeting - “For Today” 7/12
7:00 – 9:00 pm	HYBRID	GRAND OPENING

SAT JULY 13

8:00 – 8:30 am	Virtual	Newcomer Meeting
8:30 – 9:45 am	HYBRID	Panel - Keeping Spiritually Fit <i>“The Great Spiritual Principles as the Map”</i>
9:00 – 10:00 am	Virtual	Panel - Relationships & Traditions <i>“Walking Hand in Hand”</i>
10:00 – 11:15 am	HYBRID	Panel - Abstinence vs Plan of Eating <i>“The Path and the Map”</i>
10:30 – 11:30 am	Virtual	Panel- Recovery From Relapse <i>“Getting Up After a Fall”</i>
12:15 – 1:15 pm	Virtual	Panel - Taking Your Recovery to New Heights
12:45 – 2:00 pm	HYBRID	Panel – Longtimers <i>“Those Who Have Walked Before Us”</i>
1:45 – 2:45 pm	Virtual	Panel - Recovery and Health Challenges <i>“Navigating Through Obstacles”</i>
2:15- 3:30 pm	HYBRID	Panel - 100 Pound Emphasis Panel <i>“Emerging Into a New World”</i>
3:15 – 4:15 pm	Virtual	Panel - Sponsorship Panel <i>“Following in the Footsteps of Others”</i>
3:45 – 5:00 pm	HYBRID	Panel - Body Image and Sexuality <i>“The Path to Self Love”</i>

SUN JULY 14

8:30 – 9:30 am	Virtual	Speaker Meeting – “For Today” 7/14
10:00 am – 12:00 pm	HYBRID	CLOSING CEREMONY